

Essex Cross Country Championships

Ashton Playing Fields

30/11/2013

Veteran Women

Pos	No	Name	Club	Time
1	426	June Allen	W35 Springfield Striders	31: 19
2	367	Debbie Appleton	W35 Havering Mayesbrook	44
3	309	Emma Prideaux	W35 Billericay Striders	33: 05
4	320	Denise Morley	W35 Colchester Harriers	26
5	347	Sarah Flanagan	W35 Eton Manor AC	34: 01
6	315	Wendy King	W35 Chelmsford AC	05
7	329	Amanda Henry	W35 Colchester Harriers	38
8	417	Fiona Halls	W35 Saffron Striders	35: 00
9	399	Nikkii Barnett	W35 Orion Harriers	15
10	450	Bernadine Pritchett	W45 Woodford Green AC	26
11	418	Anne Jenkinson	W35 Southend AC	46
12	368	Joanne Sullivan	W35 Havering Mayesbrook	47
13	345	Zoe Woodward	W45 Eton Manor AC	48
14	316	Joanne Smith	W45 Chelmsford AC	36: 03
15	421	Natasha Lagden	W35 Southend AC	41
16	434	Jenny Chewter	W35 Springfield Striders	56
17	439	Jodie Farrell	W45 Thurrock Harriers	37: 21
18	331	Annette Oakman	W35 Colchester Harriers	30
19	391	Christine Inch	W45 Orion Harriers	46
20	397	Hayley Rogerson	W35 Orion Harriers	55
21	381	Lorna Gaffney	W45 Loughton AC	59
22	451	Jenny Thomas	W45 Woodford Green AC	38: 10
23	375	Breege Nordin	W55 Ilford AC	13
24	433	Polly Bridgman	W35 Springfield Striders	20
25	435	Nichola Hands	W35 Springfield Striders	41
26	440	Amy Trencher	W35 Thurrock Harriers	39: 04
27	378	Mel Jones	W45 Ilford AC	15
28	436	Sam Tuck	W35 Thurrock Harriers	22
29	337	Sarah Burns	W35 East London Runners	39
30	444	Brigid Wallen	W45 Witham Running Clu	41
31	392	Mary Armitage	W45 Orion Harriers	47
32	374	Dianne Crisp	W45 Ilford AC	40: 03
33	371	Tina Quinlan	W35 Havering Mayesbrook	04
34	401	Lorraine Gosling	W35 Orion Harriers	06
35	445	Donna Morris	W45 Witham Running Clu	14
36	398	Liz Maidment	W35 Orion Harriers	18
37	387	Sharon Skidmore	W35 Mid Essex Casuals	23

Pos	No	Name	Club	Time
61	422	Debbie Lyn Hallam	W35 Southend AC	57
62	394	Janet Bunce	W55 Orion Harriers	58
63	424	Lianne Drake	W35 Southend AC	44: 00
64	364	Sally Gillam	W45 Harwich Runners	07
65	409	Francesca De Souza	W45 Pitsea RC	21
66	419	Teresa Pearmain	W45 Southend AC	57
67	447	Sally King	W45 Witham Running Club	45: 00
68	428	Karen Chapman	W35 Springfield Striders	20
69	420	Sally Newman-Russell	W45 Southend AC	31
70	402	Beryl De Smedt	W45 Phoenix Striders	33
71	389	Anne Adamson	W45 Mid Essex Casuals	54
72	313	Joanne Ling	W35 Billericay Striders	57
73	404	Debra Pumfrett	W45 Phoenix Striders	46: 33
74	342	Rachel Brittle	W45 Eton Manor AC	35
75	403	Nicola Maslen	W45 Phoenix Striders	45
76	336	Sheila Kennedy	W45 East London Runners	52
77	366	Ann Piercy	W55 Harwich Runners	54
78	383	Anne Heeks	W45 Loughton AC	47: 41
79	408	Caroline Wallis	W45 Pitsea RC	54
80	365	Louise Papworth	W35 Harwich Runners	57
81	352	Jane Stitchbury	W45 Eton Manor AC	49: 46
82	425	Sarah Goodwin	W45 Springfield Striders	54
83	446	Tracey Denby	W45 Witham Running Club	51: 06
84	406	Teresa Flannigan	W55 Pitsea RC	24
85	380	Michaela Davis	W45 Loughton AC	52: 37
86	386	Gay Shillaker	W45 Loughton AC	57: 30

Team Result

1	Springfield Striders	66
2	Orion Harriers	79
3	Havering Mayesbrook	96
4	Ilford AC	125
5	Billericay Striders	129
6	Southend AC	141
7	Eton Manor AC	173
8	Orion Harriers 'B'	176
9	RG Active	197

38	363	Elsbeth Knott	W55	Harwich Runners	35	10	Mid Essex Casuals	208
39	310	Wendy Read	W55	Billericay Striders	39	11	East London Runners	212
40	390	Lorna Perrifer	W45	Mid Essex Casuals	42	12	Witham Running Club	215
41	413	Caroline Coles	W35	RG Active	49	13	Loughton AC	242
42	311	Jane Edgar	W45	Billericay Striders	41: 20	14	Springfield Striders 'B'	249
43	377	Nicola Hopkinson	W45	Ilford AC	26	15	Harwich Runners	259
44	430	Allison Gillan	W45	Springfield Striders	58	16	Phoenix Striders	271
45	312	Toni Saunders	W45	Billericay Striders	42: 05			
46	448	Alex Wardle	W45	Woodford Green AC	06			
47	410	Claire Bloom	W45	RG Active	26			
48	335	Maud Hodson	W35	East London Runners	28			
49	370	Mo Lear	W35	Havering Mayesbrook	37			
50	393	Sarah Maidment	W35	Orion Harriers	47			
51	373	Tracy O'Neill	W45	Havering Mayesbrook	48			
52	412	Karen Cole	W55	RG Active	55			
53	405	Debbie Smith	W45	Phoenix Striders	43: 00			
54	423	Sue Crompton	W45	Southend AC	03			
55	431	Lynn Tanner	W55	Springfield Striders	15			
56	396	Lisa Thorn	W35	Orion Harriers	29			
57	411	Michelle Donnelly	W35	RG Active	38			
58	384	Jean Hobbs	W55	Loughton AC	50			
59	338	Fiona Day	W55	East London Runners	50			
60	388	Kath Rehal	W45	Mid Essex Casuals	55			

