

# Essex Cross Country League (5)

Sponsored by Runners Edge

<u>Orion</u>				<u>08/02/2014</u>	<u>Senior Men</u>	
Pos	Age Gp	Name	Team	Time	Teams	
1	SM	Adam Hickey	Southend	25: 22	1 Chelmsford	77
2	SM	David Fewell	Chelmsford	26: 13	2 Southend	97
3	SM	Sullivan Smith	Guest - C & C	: 17	3 Orion H	147
4	SM	Grant Twist	Chelmsford	: 24	4 Cambridge & C	200
5	SM	Chris Warburton	Guest	: 39	5 Havering M	207
6	SM	Mark Woodley	Chelmsford	: 55	6 Colchester H	233
7	U20	Macauley Delo	W. Suffolk	27: 03	7 Thurrock H	289
8	SM	David Gibbon	Southend	: 06	8 Phoenix S	643
9	U20	Ross Tennant	Ipswich H	: 28	9 Mid Essex C	644
10	SM	Grant Webb	Basildon	: 34	10 Benfleet	314 (5)
11	U20	Bradley Wattleworth	Ipswich H	: 36	11 Ilford	380 (5)
12	SM	Ben Hall	Orion H	28: 15	12 Loughton	451 (4)
13	SM	Peter Hawkins	Chelmsford	: 22	13 Basildon	217 (3)
14	SM	Rob Warner	Havering M	: 23	14 Pitsea	289 (3)
15	U20	Darren Blackwell	Chelmsford	: 31	15 Ipswich H	20 (2)
16	SM	Chris Sellens	Colchester H	: 39	16 Springfield S	129 (2)
17	SM	Brian Jenkins	Orion H	: 43	17 Harlow	242 (2)
18	U20	Ashley Capel	Southend	: 50	18 W. Suffolk	7 (1)
19	V40	Allen Smalls	Colchester H	: 51	19 Thrift Green T	57 (1)
20	U20	Rhys Gillard	Southend	: 52	20 East Essex T	58 (1)
21	SM	Oliver Park	Cambridge & C	: 56		
22	SM	Patrick Walsh	Southend	: 59		
23	SM	Ian Clark	Orion H	29: 01		
24	SM	Alex Houghton	Thurrock H	: 15		
25	SM	Alex Eggeman	Cambridge & C	: 22		
26	SM	Jason Lendon	Havering M	: 36		
27	V40	Barney Foot	Orion H	: 43		
28	SM	Lee Taylor	Southend	: 44		
29	SM	Ian Anthony	Havering M	: 46		
30	SM	Tim Ballard	Colchester H	30: 01		
31	V40	Matt Bland	Havering M	: 06		
32	SM	Richard Park	Cambridge & C	: 11		
33	V40	Neil Swift	Orion H	: 15		
34	V40	Craig Dyce	Cambridge & C	: 22		
35	V40	Giles Hopkinson	Orion H	: 31		
36	SM	Iain Wood	Cambridge & C	: 39		
37	SM	James Williams	Chelmsford	: 40		
38	SM	Neil McGown	Orion H	: 41		
39	V40	Steve Philcox	Ilford	: 43		
40	SM	Jonathan Nears	Colchester H	: 50		
41	U20	James Hall	Benfleet	: 57		
42	V40	George Banbury	Orion H	: 59		
43	SM	Mark Harrod	Colchester H	31: 04		
44	V40	Scott Rice	Thurrock H	: 11		
45	V40	John Green	Thurrock H	: 29		
46	V40	Martin Chester	Havering M	: 43		
47	V40	Alec Kyriakides	Southend	: 59		
48	V40	Adrian Smith	Orion H	32: 13		
49	V40	Don Lawless	Thurrock H	: 18		
50	SM	S Le Mare	Southend	: 27		
51	V40	David Wilson	Orion H	: 31		
52	SM	Lee Whitehead	Cambridge & C	: 34		
53	SM	Paul Ruffy	Benfleet	: 38		
54	V50	Chris Purse	Springfield S	: 41		
55	V40	Alan Clark	Benfleet	: 47		
56	V40	Tim Wright	Orion H	: 55		
57	V40	John Barker	Thrift Green T	33: 30		
58	SM	Paul Hart	East Essex T	: 31		
59	V40	Glen Gosling	Orion H	: 31		
60	V50	John Metcalf	Thurrock H	: 34		

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61	V50	Paul Berrett	Havering M	: 46	
62	SM	Andy Doig	Pitsea	: 50	
63	SM	Ronnie O'Sullivan	Orion H	: 53	
64	V50	Andy Morris	Benfleet	34: 18	
65	SM	Dan Augustin	Mid Essex C	: 26	
66	SM	Kevin Newell	Ilford	: 31	
67	V60	Mike Bumstead	Thurrock H	: 34	
68	V50	Dave Brock	Orion H	: 40	
69	V40	Barry Ward	Havering M	: 43	
70	V40	Mark Dillon	Orion H	: 48	
71	V40	Greg Wisken	Mid Essex C	: 49	
72	V50	Phillip Hearnan	Orion H	: 52	
73	V40	Bradley Brown	Ilford	35: 04	
74	V40	John Whitehouse	Loughton	: 07	
75	V40	Jon Byford	Springfield S	: 13	
76	V50	Peter Tullett	Chelmsford	: 21	
77	V40	Alan Monte	Southend	: 28	
78	SM	Carl Easton	Phoenix S	: 31	
79	SM	Ben Chamberlain	Cambridge & C	: 33	
80	SM	Adam Gordon	Phoenix S	: 42	
81	V50	Chris Togwell	Ilford	: 46	
82	V40	Glen Irwin	Orion H	: 51	
83	V60	Peter Binns	Southend	: 56	
84	V50	Bill Bennett	Orion H	: 58	
85	V40	Simon Smith	Colchester H	36: 00	
86	V40	Gary Cahill	Thurrock H	: 01	
87	V50	James Hart	Orion H	: 10	
88	V40	David Findlay	Basildon	: 13	
89	SM	Chris Footer	Phoenix S	: 54	
90	V40	Myles Coulson	Braintree	: 55	
91	V40	Kevin Kirby	Chelmsford	: 58	
92	V40	Julian Davies	Havering M	37: 00	
93	SM	A Jones	Southend	: 06	
94	V50	Charlie Ritchie	Cambridge & C	: 12	
95	V50	Graham Hall	Orion H	: 17	
96	V50	Alan Huckle	Cambridge & C	: 45	
97	V50	Bernard Johnson	Thurrock H	: 55	
98	V50	Ted Skinner	Tiptree	38: 06	
99	V50	Grant Corton	Orion H	: 17	
100	SM	Charlie Scott	Southend	: 18	
101	SM	Michael Cerny	Benfleet	: 38	
102	V40	Jim Dawson	Orion H	: 48	
103	V60	Chris Reed	Pitsea	: 50	
104	V40	Ian Glover	Southend	: 56	
105	V40	Dan Green	Orion H	: 57	
106	V60	Glyn Smith	Cambridge & C	: 58	
107	V50	Bryan Newman	Orion H	39: 0	
108	V50	Gary Bartlett	Orion H	: 2	
109	V40	Matt Gillard	Southend	: 8	
110	V40	Jeff Bolton	Southend	: 12	
111	V50	Gary Howard	Havering M	: 14	
112	V40	Gary Hooper	Loughton	: 20	
113	SM	Unknown	Unknown	: 22	
114	V40	Steve Adams	Orion H	: 27	
115	SM	Gary Cullen	Phoenix S	: 31	
116	V50	Paul Williams	Orion H	: 58	
117	V40	Brett Savidge	Harlow	40: 2	
118	SM	Tony Collins	Havering M	: 12	
119	SM	Ricky Bullis	Basildon	: 20	
120	V40	Paul Skerritt	Orion H	: 23	

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121	V50	Steve Cheal	Ilford	: 49	
122	V40	Nick Vincent	Southend	41: 0	
123	V50	Paul Tawn	Mid Essex C	: 2	
124	V50	Richard Goad	Pitsea	: 22	
125	V40	Paul Bailey	Harlow	: 26	
126	SM	Leighton Williams	Mid Essex C	: 50	
127	V60	Brian Butcher	Mid Essex C	42: 1	
128	V40	Neil Hallam	Southend	: 3	
129	U20	Rob Frith	Southend	: 37	
130	V40	John Perkins	Orion H	44: 7	
131	V60	John Hart	Loughton	: 50	
132	V60	David Game	Mid Essex C	45: 9	
133	V60	Ray Vautier	Mid Essex C	: 30	
134	V60	David Hobbs	Loughton	: 49	
135	V50	Peter Bulaitis	Orion H	46: 16	
136	V60	Paul Robinson	Orion H	47: 7	
137	V60	Trevor Milne	Orion H	49: 10	
138	V60	Roger Green	Orion H	: 14	
139	V50	Colin Wiggins	Havering M	: 56	
140	V50	Eddie Mills	Phoenix S	50: 12	
141	V50	Tony Davis	Phoenix S	51: 38	
142	V50	Steve Williams	Chelmsford	52: 9	