

Essex Cross Country League (2)

Sponsored by Runners Edge

Basildon

16/11/2013

Senior Women

Pos	Age Gp	Name	Team	Time	Team	
1	SW	Kerry Holland	Southend	29: 30	1 Colchester H	40
2	SW	Poppy Blake	Chelmsford	30: 03	2 Chelmsford	48
3	V45	Margaret Deasey	Colchester & T	: 12	3 Havering M	64
4	SW	Nicola Rogers	Colchester H	: 23	4 Southend	71
5	V35	Debbie Appleton	Havering M	: 33	5 Orion H	107
6	V35	June Allen	Springfield S	31: 00	6 Basildon	129
7	SW	Claire Thurgood	Orion H	: 10	7 Cambridge & C	138
8	SW	Sarah Ivory	Colchester H	: 27	8 Springfield S	151
9	V35	Denise Morley	Colchester H	: 31	9 Benfleet	156
10	SW	Vicky Smith	Havering M	: 41	10 Ilford	159
11	SW	Rebecca Rowley	Chelmsford	: 50	11 Braintree	262
12	SW	Carys Sutton	Chelmsford	: 58	12 Loughton	305
13	SW	Natalie Griffiths	Cambridge & C	32: 09	13 Phoenix	307
14	V35	Nicky Brockbank	Springfield S	: 13	14 Thurrock H	151
15	SW	Claire Somerton	Cambridge & C	: 14	15 Tiptree	238
16	SW	Claire Cornwel	Southend	: 21	16 Colchester & T	36 (2)
17	V35	Catherine Stunt	Benfleet	: 28	17 Thrift Green T	137 (2)
18	SW	Robyn Matson	Havering M	: 29	18 Mid Essex Cas	53 (2)
19	V35	Ellie Mayne	Colchester H	: 35	19 Pitsea	99 (2)
20	SW	Crystle Balogun	Ilford	: 44		
21	SW	Karen Whitmarsh	Basildon	: 54		
22	SW	Heidi Steele	Colchester H	33: 23		
23	V35	Wendy King	Chelmsford	: 26		
24	V35	Jacqui Watson	Benfleet	: 33		
25	SW	Hollie Cornwell	Southend	: 42		
26	V35	Amanda Henry	Colchester H	: 45		
27	SW	Nikki Barnett	Orion H	34: 14		
28	SW	Carrie Bedingfield	Cambridge & C	: 25		
29	SW	Anne Jenkinson	Southend	: 53		
30	SW	Louise Douglas	Basildon	35: 00		
31	V35	Jo Sullivan	Havering M	: 02		
32	SW	Andrea James	Colchester H	: 03		
33	V35	Sian Gifford	Colchester & T	: 04		
34	V45	Jodie Farrell	Thurrock H	: 22		
35	SW	Kirsty Tydeman	Basildon	: 29		
36	V45	Christine Inch	Orion H	: 39		
37	V35	Hayley Rogerson	Orion H	: 42		
38	SW	Tracey Alexander	Orion H	: 45		
39	SW	Ella Neale	Colchester H	: 57		
40	V35	Natasha Lagden	Southend	36: 03		
41	V55	Bree Nordin	Ilford	: 12		
42	V35	Angie Thompson	Havering M	: 18		
43	SW	Emily Ballard	Basildon	: 29		
44	V45	Lorna Gaffney	Loughton	37: 06		
45	SW	K Ireland	Colchester H	: 12		
46	V45	Mel Jones	Ilford	: 18		
47	V35	Samantha Tuck	Thurrock H	: 35		
48	SW	Mary Armitage	Orion H	: 38		
49	V35	Kasia Kostyrka	Southend	: 44		
50	V35	Lorraine Gosling	Orion H	: 57		
51	SW	Laura Stott-Allworthy	Colchester H	38: 27		
52	V45	Dianne Crisp	Ilford	: 31		
53	V45	Laura Pettifer	Mid Essex Cas	: 41		
54	SW	Katie Wilkinson	Benfleet	: 46		
55	V45	Lindsey Rolerkite	Braintree	: 55		
56	V45	Josie Sheffield	Braintree	39: 03		
57	V45	Pippa Dowswell	Orion H	: 38		
58	SW	Angie Flight	Orion H	: 39		
59	V45	Jane Hallam	Havering M	: 49		
60	SW	Kayleigh Beedon	Braintree	40: 13		

61	V45	Annette Johnson	Benfleet	:	14
62	V45	Alison Gillan	Springfield S	:	15
63	SW	Laura Brooks	Thrift Green T	:	31
64	V35	Maureen Lear	Havering M	:	40
65	V45	Sue Crompton	Southend	:	49
66	V45	Tracy O'Neill	Havering M	:	52
67	V35	Tina Clarke	Tiptree	41:	17
68	V35	Debbie Hallam	Southend	:	25
69	V35	Kirsty Williams	Springfield S	:	28
70	SW	Sarah Eves	Thurrock H	:	46
71	SW	Katheryn Sunderland	Chelmsford	42:	09
72	V55	Jean Hobbs	Loughton	:	18
73	V45	Debbie Smith	Phoenix	:	31
74	SW	Daisy Martin	Thrift Green T	:	36
75	V45	Beryl De Smedt	Phoenix	43:	02
76	SW	Simone Lindsey	Phoenix	:	09
77	V35	Rebecca McVelia	Tiptree	:	31
78	V35	Sharon Bannister	Springfield S	:	37
79	V45	Thersa Permain	Southend	:	47
80	SW	Kerry Marsh	Springfield S	:	52
81	SW	Sally Baker	Southend	44:	00
82	V45	Liona Downie	Cambridge & C	:	07
83	SW	Roma Sands	Phoenix	:	18
84	SW	Melissa Timpson	Orion H	:	28
85	V45	Nicola Maslen	Phoenix	:	47
86	V35	Clare Rudgley	Havering M	45:	06
87	V45	Debra Pumfrett	Phoenix	:	14
88	SW	Claire Fraser	Phoenix	46:	59
89	SW	Helen Gregory	Loughton	47:	08
90	V45	Anne Pettican	Phoenix	:	21
91	V35	Alpa Day	Braintree	:	27
92	V35	Lavina Knight	Phoenix	:	50
93	SW	Michelle Hope	Phoenix	48:	06
94	V35	Valerie Rees	Tiptree	:	16
95	V75	Pam Jones	Ilford	:	52
96	V55	Susan Vine	Phoenix	49:	03
97	SW	Nicky Gordon	Phoenix	50:	00
98	V45	Adele Moggan	Phoenix	:	15
99	V55	Teresa Flannigan	Pitsea	:	50
100	V45	Michaela Davis	Loughton	53:	13
101	V45	Gwen Harwood	Loughton	54:	46
102	SW	Kalli Isborne	Phoenix	58:	45