

Essex Cross Country League (1)

Sponsored by Runners Edge

Braintree

19/10/2013

Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	SW	Lauren Deadman	Havering M	22: 00	71	SW	Lauren Buckl	Springfield S	51
2	SW	Gemma Kersey	Basildon	28	72	V35	Maureen Lear	Havering M	53
3	SW	Kerry Holland	Southend	23: 06	73	V35	L Maidment	Orion H	53
4	V45	Margaret Deasey	Colchester & T	24: 20	74	V45	Sue Crompton	Southend	56
5	V35	Debbie Appleton	Havering M	33	75	V35	Sarah Norton	Benfleet	57
6	SW	Nicola Rogers	Colchester H	44	76	V45	Elaine Tubley	Springfield S	58
7	SW	Claire Thurgood	Orion H	54	77	V45	Annette Johnson	Benfleet	33: 05
8	SW	Kirsty Tydeman	Basildon	25: 02	78	V35	Leanne Drake	Southend	10
9	SW	Gemma Phillips	Havering M	09	79	V55	Dianne Woolar	Colchester & T	17
10	SW	Claire Somerton	Cambridge & C	18	80	V55	Jean Hobbs	Loughton	27
11	SW	Rebecca Rowley	Chelmsford	25	81	V35	Sarah Hammond	Springfield S	28
12	SW	Laura Shoebridge	Colchester H	38	82	SW	Kayleigh Beedon	Braintree	36
13	SW	Claire Cornwel	Southend	52	83	V45	Mandy Cooper	Benfleet	44
14	SW	Carys Sutton	Chelmsford	26: 02	84	V45	Tracy O'Neill	Havering M	48
15	V35	Wendy King	Chelmsford	10	85	V35	L Thorn	Orion H	56
16	V35	Denise Morley	Colchester H	17	86	V35	Simone Collins	E Essex Tri	34: 12
17	SW	Dominique Ballard	Benfleet	22	87	SW	Lisa Martin	Southend	26
18	SW	Rebecca Luxton	Chelmsford	34	88	V45	Thersa Permain	Southend	41
19	V35	Amanda Henry	Colchester H	36	89	V35	Claire Rudgeley	Havering M	55
20	V45	Joanna Smith	Chelmsford	37	90	V45	Jo Whiffen	Loughton	35: 03
21	V35	Jacqui Watson	Benfleet	27: 06	91	SW	Melissa Timpson	Orion H	04
22	SW	Tracey Ranson	Springfield S	10	92	SW	Roma Sands	Phoenix	20
23	SW	Natalie Griffiths	Cambridge & C	14	93	V45	Anne Adamson	Mid Essex Cas	25
24	SW	Hayley Hawes	E Essex Tri	21	94	V35	Sophie Pooler	Springfield S	36: 06
25	SW	Rebecca Cooke	Colchester H	39	95	?	?	?	14
26	SW	Andrea James	Colchester H	46	96	?	?	?	14
27	SW	Louise Douglas	Basildon	50	97	V45	Debra Pumfrett	Phoenix	18
28	SW	Emily Ballard	Basildon	54	98	V45	Sally Newman Russell	Southend	23
29	V35	Sian Gifford	Colchester & T	28: 00	99	SW	Claire Pulfer	Mid Essex Cas	35
30	V35	Jo Sullivan	Havering M	22	100	V45	Caz Wallis	Pitsea	43
31	SW	Anne Jenkinson	Southend	30	101	V45	Nicola Maslen	Phoenix	37: 08
32	V45	Christine Inch	Orion H	46	102	V45	Nicola Hawkins	Phoenix	16
33	V35	Poly Bridgeman	Springfield S	56	103	SW	Julie Peacock	Mid Essex Cas	22
34	V45	Jodie Farrell	Thurrock H	59	104	V35	Lavina Knight	Phoenix	23
35	V35	H Rogerson	Orion H	29: 03	105	V45	Sarah Goodwin	Springfield S	38: 56
36	V45	Mel Jones	Ilford	08	106	V75	Pam Jones	Ilford	39: 02
37	SW	Ella Neale	Colchester H	16	107	V45	Michaela Davies	Loughton	04
38	V55	Bree Nordin	Ilford	23	108	V55	Susan Vine	Phoenix	24
39	V35	Samantha Tuck	Thurrock H	31	109	SW	Micky Gordon	Phoenix	38
40	V45	Lorna Gaffney	Loughton	32	110	V35	Debbie Harrison	Braintree	40: 04
41	V35	Kesia Kostyrka	Southend	36	111	SW	Sophie Doyle	University of Esse	10
42	SW	Helen Bloomfield	Colchester H	38	112	V45	Irena Petersen	Loughton	15
43	V35	Angie Thompson	Havering M	41	113	V45	Adele Moggan	Phoenix	28
44	V35	Vic Curen	Springfield S	45	114	V45	Sarah Martin	Pitsea	42
45	V35	Amy Trenchard	Thurrock H	30: 00	115	V45	K Halford	Orion H	43: 00
46	V45	Paula Patel	Mid Essex Cas	16	116	SW	Sarah Knowles	Springfield S	45: 14
47	SW	Ellie Cumner	Colchester & T	19	117	SW	Meredith Floate	Ilford	47: 05
48	V35	Nichola Hands	Springfield S	23	118	SW	Kalli Isborne	Phoenix	48: 25
49	V45	Dianne Crisp	Ilford	25					
50	SW	Jenny Sheehan	Ilford	26					
51	V35	L Gosling	Orion H	38					
52	SW	Libby Watson	Springfield S	41					
53	V35	Victoria Peacock	Thurrock H	46					
54	SW	Katie Wilkinson	Benfleet	47					
55	V35	Claire Gordon	Braintree	55					
56	V35	S Maidment	Orion H	31: 06					
57	V35	Debbie Hallam	Southend	14					
58	V45	Laura Pettifer	Mid Essex Cas	17					
59	V45	Melanie Moore	Colchester H	18					
60	SW	Jennie Page	Benfleet	22					
61	V45	Lindsey Rolerkite	Braintree	26					
62	V35	Hayley Barron	Orion H	32					
63	SW	Nicola Martell-Smith	Colchester H	35					
64	SW	Juliett Ward	Havering M	45					
65	SW	Katheryn Sunderland	Chelmsford	48					
66	SW	Iselin Kuinnsnad Hidi	University of Esse	53					
67	V45	Jane Hallam	Havering M	32: 18					
68	V45	Gaye Shillaker	Loughton	25					
69	V45	Nicola Hopkinson	Ilford	34					
70	V35	Sharon Bannister	Springfield S	40					

Teams

1	Havering M	45
2	Colchester H	53
3	Chelmsford	58
4	Basildon	65
5	Southend	88
6	Orion H	125
7	Springfield S	147
8	Benfleet	152
9	Colchester & T	159
10	Thurrock H	171
11	Ilford	173
12	Loughton	278
13	Mid Essex Cas	296
14	Braintree	308
15	Phoenix	392
16	Cambridge & C	33 (2)
17	E Essex Tri	110 (2)
18	University of Essex	177 (2)
19	Pitsea	214 (2)