

Essex Cross Country League (1)

Sponsored by Runners Edge

<u>Braintree</u>				<u>19-Oct-13</u>	<u>Senior Men</u>		
Pos	Age Gp	Name	Team	Time	Teams		
1	SM	Adam Hickey	Southend	25 49	1	Southend	89
2	SM	Grant Twist	Chelmsford	27 09	2	Havering M	117
3	SM	David Gibbon	Southend	15	3	Chelmsford	177
4	SM	David Fewell	Chelmsford	27	4	Colchester H	178
5	SM	Rob Warner	Havering M	35	5	Orion H	230
6	JM	Ross Tennant	Ipswich H	42	6	Springfield S	292
7	SM	Mark Sanford	Chelmsford	43	7	Basildon	335
8	JM	Bradley Wattleworth	Ipswich H	57	8	Cambridge & C	372
9	SM	Chris Sellens	Colchester H	59	9	Thurrock H	374
10	U20	Jamie Buckley-Stanton	Havering M	28 03	10	Ilford	444
11	SM	Tom Cammack	Springfield S	08	11	Benfleet	519
12	U20	Hosaam Gikungu	Havering M	32	12	Billericay S	592
13	SM	Rhys Gillard	Southend	37	13	Mid Essex C	868
14	SM	John Fryer	Colchester H	40	14	Braintree	878
15	SM	Brian Jenkins	Orion H	44	15	Phoenix S	1068
16	SM	Gavin Allen	Springfield S	46	16	Colchester & T	239 (4)
17	SM	Oliver Park	Cambridge & C	48	17	Ipswich H	52 (3)
18	SM	Paddy Walsh	Southend	51	18	Thrift Green T	216 (3)
19	SM	Lee Pickering	Chelmsford	58	19	Univ Essex	192 (2)
20	SM	Sam Clayton	Colchester & T	29 02	20	East Essex T	48 (1)
21	SM	Grant Webb	Basildon	04	21	Essex Police	174 (1)
22	SM	Sebastian Cirillo	Basildon	09			
23	SM	Alex Houghton	Thurrock H	13			
24	U20	Darren Blackwell	Chelmsford	18			
25	U20	Rob Frith	Southend	19			
26	V40	Steve Rand	Havering M	21			
27	V40	Allen Smalls	Colchester H	48			
28	SM	Kurtis Swan	Billericay S	50			
29	U20	Ashley Capel	Southend	57			
30	U20	Steve Hancock	Southend	30 02			
31	SM	Ian Anthony	Havering M	07			
32	V40	Craig Dyce	Cambridge & C	08			
33	V40	Matt Bland	Havering M	09			
34	V40	Scott Rice	Thurrock H	12			
35	U20	Tom Richardson	Basildon	16			
36	SM	Ian Clark	Orion H	17			
37	SM	Mike Briggs	Benfleet	20			
38	JM	Connor Whiting	Ipswich H	21			
39	V40	Paul Spowage	Colchester H	24			
40	SM	Auberon Hall	Orion H	24			
41	V60	Dave Butler	Billericay S	27			
42	SM	Kyle Cunningham	Colchester H	29			
43	SM	R Ashton	Orion H	32			
44	SM	Mark Newton	Springfield S	37			
45	V40	John Fergusson	Cambridge & C	38			
46	V40	Barney Foot	Orion H	45			
47	V50	Colin Ridley	Colchester H	47			
48	SM	Paul Hart	East Essex T	55			
49	V40	Simon Hart	Havering M	56			
50	V40	Neil Swift	Orion H	57			
51	U20	James Thompson	Colchester & T	57			
52	SM	Tom Ballard	Colchester H	58			
53	V50	Paul Berrett	Havering M	59			
54	SM	Lee Taylor	Southend	31 05			
55	SM	Kevin Newell	Ilford	06			
56	V40	Steve Philcox	Ilford	14			
57	V40	Kevin Wotton	Ilford	19			
58	SM	Nelson Wandasiewicz	Thrift Green T	20			
59	SM	Dennis Cross	Basildon	22			
60	SM	Martin Chester	Havering M	22			
61	V40	Lee Martin	Springfield S	23			
62	SM	Graham Kennedy	Cambridge & C	23			
63	V40	S Laver	Orion H	26			
64	SM	Iain Wood	Cambridge & C	28			
65	U20	Adam Bateman	Braintree	29			
66	V40	Giles Hopkinson	Orion H	38			
67	SM	Andy Coleman	Billericay S	39			
68	SM	Stuart Raven	Springfield S	40			
69	SM	Neil McGown	Orion H	45			
70	SM	Marc Harrod	Colchester H	52			
71	U20	Dean Frost	Colchester & T	55			
72	U20	Andrew Holland	Havering M	57			
73	SM	David Johnson	Thurrock H	32 01			
74	U20	James Hall	Benfleet	13			
75	V40	John Green	Thurrock H	15			
76	V40	Alec Kyriakides	Southend	17			
77	V40	Ian O'Neill	Thrift Green T	26			
78	SM	Sam Rahman	Ilford	30			
79	SM	Rob Smith	Colchester H	33			
80	V50	Neil Crisp	Ilford	36			
81	V40	John Barker	Thrift Green T	39			
82	U20	Nick Shade	Havering M	40			
83	SM	Simon Wilson	Southend	41			
84	V50	Eamon Shelley	Thurrock H	46			

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Pos	Age Gp	Name	Team	Time	Teams
85	V40	Don Lawless	Thurrock H	52	
86	U20	Joshua Fullard	Univ Essex	55	
87	V50	Mark Gowers	Billericay S	56	
88	SM	Anthony Tobin	Thurrock H	33 02	
89	V50	Nick Rankin	Benfleet	06	
90	V50	Kevin Julian	Orion H	16	
91	SM	Billy Parker- Brown	Basildon	19	
92	V50	Chris Purse	Springfield S	20	
93	V40	Richard Jones	Benfleet	21	
94	SM	D Wilson	Orion H	29	
95	SM	Sam Jackson	Havering M	33	
96	V40	John Russell	Thurrock H	36	
97	V40	Gary Riches	Colchester & T	39	
98	SM	Z Fodder	Orion H	42	
99	V40	Glen Gosling	Orion H	43	
100	V40	Nick Trencher	Thurrock H	46	
101	V40	James Heskey-Jones	Tiptree	48	
102	SM	Chris Mamby	Colchester H	49	
103	V50	John Metcalf	Thurrock H	52	
104	V40	John Byford	Springfield S	58	
105	SM	Dan Augustin	Mid Essex C	34 01	
106	U20	Benjamin Abbott	Univ Essex	2	
107	V40	Mbarck Aitmarri	Basildon	10	
108	V40	Darren Capel	Southend	11	
109	SM	David Harrell	Benfleet	12	
110	SM	Craig Horsburgh	Orion H	17	
111	V40	Peter Chipp	Springfield S	20	
112	V40	A Smith	Orion H	23	
113	SM	Luke Jackson	Havering M	24	
114	V50	D Brockington	Orion H	30	
115	SM	B Parr	Orion H	32	
116	SM	Darren MCGill	Colchester H	37	
117	V40	Dave Spain	Benfleet	39	
118	V60	Andy Catton	Ilford	40	
119	V40	Jason Syrett	Thurrock H	42	
120	V40	A Bauer	Orion H	44	
121	V50	Peter Tullett	Chelmsford	47	
122	V40	Simon Smith	Colchester H	49	
123	V40	Martyn Mack	Thurrock H	50	
124	SM	Mark Driscoll	Colchester H	55	
125	V40	Greg Wisken	Mid Essex C	35 3	
126	SM	B Shore	Orion H	4	
127	V40	Bradley Brown	Ilford	7	
128	V40	Al Monty	Southend	10	
129	V60	Mike Bumstead	Thurrock H	12	
130	V50	Ross Boyer	Braintree	13	
131	V40	Darren Priestly	Havering M	25	
132	V60	Peter Binns	Southend	26	
133	V40	Richard Amery	Thurrock H	27	
134	V40	Phillip Watts	Springfield S	30	
135	V40	Stuart Robinson	Chelmsford	32	
136	SM	Adam Gordon	Phoenix S	33	
137	SM	Michael Cerny	Benfleet	47	
138	SM	Stuart Colly	Orion H	52	
139	SM	James Williams	Chelmsford	53	
140	SM	Jeff Bolton	Southend	55	
141	V40	Roy Read	Mid Essex C	57	
142	V50	Mike Bond	Colchester H	36 0	
143	SM	Kevin Bates	Basildon	16	
144	V40	Mike Judd	Chelmsford	20	
145	V50	Craig Veall	Loughton	21	
146	V40	Jim Dawson	Orion H	23	
147	V40	Barry Ward	Havering M	24	
148	SM	Davis Findlay	Basildon	28	
149	SM	Tony Collins	Havering M	33	
150	U20	Alex Chrisostomou	Orion H	37	
151	V40	Gary Cahill	Thurrock H	40	
152	V50	Charlie Ritchie	Cambridge & C	44	
153	V40	Myles Coulson	Braintree	47	
154	SM	B Guy	Orion H	48	
155	SM	Anthony Marsh	Springfield S	53	
156	V40	Andy Kennedy	Mid Essex C	57	
157	V50	James Hart	Orion H	37 0	
158	V40	Duncan Rayney	Loughton	5	
159	V40	Nigel Instance	Thurrock H	17	
160	V40	Kevin Frost	Mid Essex C	22	
161	V40	Andrew Dodd	Orion H	29	
162	SM	Gary Cullen	Phoenix S	30	
163	U20	Roman Burroughs	Benfleet	36	
164	V40	Adam Fuller	Pitsea	41	
165	V40	G Irwin	Orion H	49	
166	V40	Lee Cousins	Braintree	38 1	
167	V40	Rich Flutter	Colchester H	8	
168	V40	Ian Glover	Southend	10	

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169	V40	Gary Floate	Ilford	16	
170	V40	Kevin Hopper	Springfield S	34	
171	V50	Bernard Johnson	Thurrock H	36	
172	SM	Ricky Bullis	Basildon	39	
173	SM	Stephen Harris	Phoenix S	44	
174	SM	Ian Burgess	Essex Police	48	
175	V50	Jim Whiffen	Loughton	50	
176	V50	Gerry O'Doherty	Billericay S	55	
177	V40	Andy Smith	Braintree	39 0	
178	V50	Gary Bartlett	Orion H	2	
179	V40	Dan Cogan	Ilford	4	
180	V40	Simon Morgan	Tiptree	6	
181	V40	Andy Tawn	Mid Essex C	11	
182	SM	Charlie Scott	Southend	24	
183	V50	Ted Skinner	Tiptree	25	
184	V40	G McCarthy	Orion H	28	
185	V40	Matt Gillard	Southend	29	
186	V40	Paul Wheeldon	Springfield S	29	
187	V40	Mark Jackson	Braintree	33	
188	V50	Colin Scollard	Braintree	42	
189	V50	Paul Williams	Orion H	45	
190	V50	Gerard Meah	Cambridge & C	47	
191	V50	Dave Lane	Phoenix S	40 5	
192	V40	Chris Hurcomb	Cambridge & C	7	
193	V60	Keith Walker	Billericay S	28	
194	V50	Bob Jousiffe	Orion H	29	
195	V50	Graham Hall	Orion H	29	
196	V60	Brian Butcher	Mid Essex C	32	
197	SM	Steve Middleton	Southend	34	
198	V40	Darren Abbott	Benfleet	54	
199	SM	Robert Frost	Phoenix S	41 6	
200	V40	Darren Hull	Springfield S	12	
201	V60	Keith Jackson	Pitsea	14	
202	V50	Jim Russell	Pitsea	21	
203	V60	John Hart	Loughton	28	
204	SM	Danny Summers	Springfield S	50	
205	V40	Mick Vincent	Southend	58	
206	V50	George Georgiou	Loughton	42 11	
207	V40	Simon Jordan	Phoenix S	18	
208	V50	Eddie Mills	Phoenix S	19	
209	V50	Ian Foskew	Mid Essex C	21	
210	SM	Jeremy Watson	Havering M	28	
211	SM	Leighton Williams	Mid Essex C	29	
212	V70	Charlie Ross	Chelmsford	45	
213	V50	Steve Cheal	Ilford	43 50	
214	V40	P Skeritt	Orion H	44 5	
215	SM	Chris Footer	Phoenix S	28	
216	V50	Martin Kresner	Cambridge & C	32	
217	V50	Dave Turk	Springfield S	45 13	
218	V60	Pat Knowles	Springfield S	53	
219	V50	Steve Timpson	Orion H	59	
220	V40	Gian Luca savini	Cambridge & C	46 1	
221	V60	Ian Linton	Tiptree	25	
222	V40	Colin Wiggins	Havering M	29	
223	V70	Ron Dawson	Southend	43	
224	V50	Peter Bulaitus	Orion H	47 3	
225	V40	Mohammed Allali	Thurrock H	32	
226	V60	David Hobbs	Loughton	50	
227	V50	Steve Williams	Chelmsford	50	
228	V60	David Game	Mid Essex C	48 38	
229	SM	Daniel Pulfer	Mid Essex C	50	
230	V60	Peter Bates	Pitsea	50 0	
231	V50	Steve Perry	Springfield S	28	