

Essex Cross Country Championships

Ashton Playing Fields

01/12/2012

Men V50

Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	96	Iain Campbell	V50 Met Police AC	29: 18	61	103	Paul Williams	V50 Orion Harriers	54
2	11	Dave Butler	V50 Billericay Striders	51	62	57	Martin McColgan	V50 Harlow Running Club	40: 07
3	18	Mick Bridgeland	V50 Chelmsford AC	30: 02	63	116	Keith Jackson	V60 Pitsea Running Club	19
4	98	Kevin Julian	V50 Orion Harriers	57	64	140	Steve Kemp	V50 Thurrock	24
5	97	Eric Paul	V50 Orion Harriers	31: 10	65	133	Glen Taylor	V50 Southend AC	41: 14
6	164	Dave Cox	V50 Woodford Green AC	16	66	145	Robert Hadgraft	V50 Tiptree Road Runners	19
7	120	Paul Jeggo	V50 Springfield Striders	31	67	79	Martin Clarke	V60 Ilford AC	33
8	155	Tony Pamphilon	V50 Woodford Green AC	48	68	25	Roger Cole	V60 Colchester Harriers	45
9	143	John Metcalfe	V50 Thurrock	32: 18	69	135	George Smith	V60 Thrift Green Trotters	47
10	72	Terry Knightley	V50 Ilford AC	25	70	80	Graham Williams	V70 Ilford AC	42: 06
11	99	Dave Brock	V50 Orion Harriers	40	71	74	Steve Cheal	V50 Ilford AC	12
12	142	Eamonn Shelley	V50 Thurrock	33: 00	72	32	Ramesh Pala	V50 East London Runners	33
13	1	Nick Rankin	V50 Benfleet RC	03	73	42	Patrick Robinson	V50 Eton Manor AC	34
14	157	Alun Evans	V50 Woodford Green AC	28	74	17	Charlie Ross	V70 Chelmsford AC	41
15	13	Mark Gowers	V50 Billericay Striders	30	75	21	Steven Williams	V50 Chelmsford AC	52
16	49	Roger Alexander	V50 Great Bentley RC	33	76	88	Simon Childs	V50 Loughton AC	43: 09
17	77	Andy Catton	V50 Ilford AC	40	77	38	John Few	V60 Eton Manor AC	16
18	46	Quamil Isufaj	V50 Eton Manor AC	44	78	31	Frank Brownlie	V60 East London Runners	45
19	100	Gerry Shaw	V50 Orion Harriers	58	79	50	Eric Shaw	V60 Great Bentley RC	52
20	131	Peter Binns	V60 Southend AC	34: 00	80	43	John Wilks	V60 Eton Manor AC	44: 15
21	81	Frank McGowan	V50 Ilford AC	03	81	22	Gerry Daniel	V60 Chelmsford AC	22
22	160	Alistair Holford	V50 Woodford Green AC	08	82	130	Ronald Dawson	V70 Southend AC	45: 00
23	19	Peter Tullett	V50 Chelmsford AC	18	83	15	Ernie Easterby	V70 Billericay Striders	46: 10
24	144	Rob Russell	V50 Thurrock	20	84	71	Len Parrott	V70 Havering Mayesbrook	42
25	12	Gerry O'Doherty	V50 Billericay Striders	23	85	30	Patrick Cassidy	V50 East Essex Tri	43
26	4	Colin Rothwell	V50 Benfleet RC	33	86	91	David Hobbs	V60 Loughton AC	58
27	9	Eamon Brown	V50 Billericay Striders	51	87	162	Charlie Crump	V70 Woodford Green AC w	47: 51
28	45	Dave Daugirda	V50 Eton Manor AC	52	88	37	Robert Maggio	V50 Eton Manor AC	52
29	101	Phil Hernon	V50 Orion Harriers	58	89	113	Peter Bates	V60 Pitsea Running Club	49: 40
30	122	Tim Brockington	V50 Springfield Striders	35: 04	90	6	Richard Dyson	V50 Benfleet RC	49: 36
31	39	Adrian Frost	V50 Eton Manor AC	39	91	67	Derick Earney	V50 Havering Mayesbrook	50: 34
32	134	Melvyn Cooper	V50 Thrift Green Trotters	42	92	111	Pete Deadman	V60 Orion Harriers	51: 34
33	163	Steve Herington	V60 Woodford Green AC	44					
34	26	William Haining	V50 Colchester Harriers	46					
35	94	Craig Veall	V50 Loughton AC	49					
36	24	Paul Bryan	V60 Colchester Harriers	36: 03					
37	138	Phil Oatham	V50 Thurrock	04					
38	59	John Tennant	V60 Harlow Running Clut	17					
39	102	Bill Bennett	V50 Orion Harriers	27					
40	141	John Arthur	V50 Thurrock	36					
41	35	Michael Wilson	V50 East London Runner	36					
42	52	Des Bishop	V50 Great Bentley RC	40					
43	159	Steve Murray	V50 Woodford Green AC	40					
44	121	Richard Taylor	V50 Springfield Striders	44					
45	139	Bernie Johnson	V50 Thurrock	47					
46	48	Paul Carlisle	V50 Great Bentley RC	48					
47	146	Edward Skinner	V50 Tiptree Road Runne	37: 32					
48	158	Tom Spanyol	V50 Woodford Green AC	48					
49	117	Don Sinclair	V50 Pitsea Running Club	52					
50	76	Stephen Parker	V50 Ilford AC	38: 15					
51	75	John Platt	V50 Ilford AC	16					
52	51	Graham Semple	V50 Great Bentley RC	36					
53	124	Robert Rodie	V50 Springfield Striders	49					
54	14	Keith Walker	V60 Billericay Striders	58					
55	104	Grant Corton	V50 Orion Harriers	39: 04					
56	87	Rob Sargent	V50 Ilford AC	16					
57	56	Alan Harman	V50 Harlow Running Clut	21					
58	154	Stuart Phillips	V50 Woodford Green AC	22					
59	105	Gary Bartlett	V50 Orion Harriers	24					
60	53	Kevin James	V50 Great Bentley RC	26					

Team Result

1	Orion Harriers	39
2	Woodford Green AC w	50
3	Billericay Striders	69
4	Thurrock	82
5	Ilford AC	98
6	Springfield Striders	134
7	Eton Manor AC	150
8	Great Bentley RC	156
9	Chelmsford AC	175
10	Woodford Green AC w	182
11	Orion Harriers 'B'	182
12	Ilford AC 'B'	244