

# Essex Cross Country League (4)

Sponsored by Runners Edge

## Basildon

15/12/2012

## Senior Women

Pos	Cat	Name	Team	Time	Pos	Cat	Name	Team	Time
1	V35	Appleton, Debbie	Havering M	31: 26	61	V55	Flannigan, Teresa	Pitsea	55
2	V35	Allen, June	Springfield S	35	62	V35	Maslen, Nicola	Phoenix	51: 26
3	SW	Rogers, Nicola	Colchester H	32: 00	63	V45	Hawkins, Nicola	Phoenix	52: 15
4	SW	Gill, Vicky	Orion H	14	64	V45	Miller, Ann	Springfield S	53
5	SW	Whitmarsh, Karen	Basildon	44	65	V45	Davis, Michaela	Loughton	54: 23
6	SW	Ivory, Sarah	Colchester H	56	66	V45	Harwood, Gwen	Loughton	55: 12
7	SW	Peppiatt, Charlotte	Benfleet	59	67	V45	Moggan, Adele	Phoenix	51
8	SW	Thurgood, Claire	Orion H	33: 10	68	V45	Burston, Nicola	Phoenix	54
9	V35	Malanga, Sally	Chelmsford	53	69	SW	Gordon, Nicky	Pitsea	56: 17
10	SW	Evans, Megan	Chelmsford	34: 29					
11	V35	King, Wendy	Chelmsford	32					
12	SW	Brockbank, Nikki	Springfield S	38					
13	V35	Morley, Denise	Colchester H	35: 00					
14	V35	Wright, Lisa	Ilford (Guest)	20					
15	SW	Whitfield, Anna	Basildon	23					
16	SW	Jeffery, Sarah	Southend	31					
17	V45	Baker, Jo	Southend	35					
18	V35	Sullivan, Jo	Havering M	41					
19	V35	Watson, Jacqui	Benfleet	46					
20	V45	Anthony, Christine	West Suffolk	49					
21	SW	Bent, Kate	Colchester H	49					
22	V45	Grant, Helen	Cambridge & C	58					
23	V35	Jenkinson, Anne	Southend	36: 01					
24	V45	Smith, Jo	Chelmsford	37					
25	SW	Sterling, Charmaine	Benfleet	49					
26	V45	Inch, Christine	Orion H	37: 24					
27	SW	Tonek Bonnett, Hannah	Chelmsford	48					
28	V35	Gifford, Sian	CATS	38: 09					
29	SW	Cooke, Rebecca	Colchester H	14					
30	V35	Gaffney, Lorna	Loughton	20					
31	V45	Mathers, Vanessa	Southend	25					
32	V35	Garvey, Clare	Cambridge & C	47					
33	SW	Grabowski, Sarah	Benfleet	39: 26					
34	V45	Pyle, Nicola	Springfield S	40					
35	V45	Wilson, Alison	Cambridge & C	44					
36	SW	Usherwood, Louisa	Benfleet	49					
37	SW	Kostyirka, K	Southend	54					
38	V35	Tuck, Sam	Thurrock H	40: 09					
39	V45	Shillaker, Gaye	Loughton	26					
40	SW	Ward, Teresa	Basildon	32					
41	V45	Cole, Sue	Colchester H	39					
42	V45	Hallam, Jane	Havering M	50					
43	V35	Hallam, Debbie	Southend	55					
44	V55	Tanner, Lynn	Springfield S	58					
45	V45	Ward, Juliet	Havering M	41: 35					
46	V45	Ling, Mel	Southend	48					
47	V45	Crompton, Sue	Southend	43: 01					
48	SW	Page, Jennie	Benfleet	27					
49	V35	Williams, Kirsty	Springfield S	30					
50	V45	Dowswell, Pippa	Orion H	44					
51	V35	Lear, Maureen	Havering M	49					
52	V35	Westwood, Bobby	Havering M	44: 37					
53	SW	Knowles, Sarah	Springfield S	46: 00					
54	SW	Sunderland, Katheryn	Chelmsford	04					
55	V45	Goodwin, Sarah	Springfield S	06					
56	V55	Hobbs, Jean	Loughton	18					
57	V45	De Smedt, Beryl	Phoenix	28					
58	V45	Pumfrett, Debra	Phoenix	47: 02					
59	V45	Smith, Debbie	Phoenix	42					
60	SW	Timpson, Melissa	Orion H	49: 24					

  

Team Result	
1 Colchester H	43
2 Chelmsford	54
3 Benfleet	84
4 Southend	87
5 Orion H	88
6 Springfield S	92
7 Havering M	106
8 Loughton	190
9 Phoenix	236
10 Basildon	60 (3)
11 Cambridge & C	89 (3)
12 Pitsea	130 (2)
13 West Suffolk	20 (1)
14 CATS	28 (1)
15 Thurrock H	38 (1)