

15/02/2012
20:22:05

Essex & Eastern Indoor Championships 2012

Lee Valley
11th and 12th February 2012

Results

Event 1 Senior Men - 60M

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Harry McQueen	EX - Chelmsford A C	7.06	1
2	Omololu Abiodun	EX - W G w E L	7.07	2
3	Mark Collins	Eastern Vets A C	7.16	
4	Jahmal Germain	EX - Newham & Essex Beagles	7.24	3
4	Kem Chiagorom	EX - Newham & Essex Beagles	7.24	4
6	Jerome Fronton	EX - Colchester & Tendring A C	7.42	5

Event 2 Senior Men - 200M

Final (T5)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Rashid Kakoza	EX - Newham & Essex Beagles	22.46 CBP	1 CBP
2	Harry McQueen	EX - Chelmsford A C	22.48	2
3	Daniel Yellop	Ryston Runners A C	23.62	
4	Kem Chiagorom	EX - Newham & Essex Beagles	23.89	3
5	Liam O'Dell	Luton A C	27.69	
6	Paul Munyard	EX - Castle View School	28.08	4

Event 3 Senior Men - 400M

Final (T24)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Isaac Ogunlade	EX - Havering Mayesbrook A C	51.18	1
2	Paul Owen	EX - Chelmsford A C	51.59	2
3	Daniel Yellop	Ryston Runners A C	53.54	
4	Daniel Yaxley	EX - W G w E L	55.29	3
5	John McCabe	EX - Loughton A C	56.27	4

Event 4 Senior Men - 800M

Final (T68)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Paul Owen	EX - Chelmsford A C	1:55.55 CBP	1 CBP
2	Paul Adair	EX - Havering Mayesbrook A C	1:56.99	2
3	Daniel Yaxley	EX - W G w E L	1:59.17	3
4	Tommy Bower	EX - Newham & Essex Beagles	2:01.87	4
5	Kyle Aldridge	EX - Southend A C	2:13.96	5

6 Scott Thrush EX - Southend A C 2:15.22 6

Event 5 Senior Men - 1500M

Event 5 Senior Men - 1500M

Final (T36)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Micahel Briggs	EX - Benfleet R C	4:33.32	1

Event 6 Senior Men - 60M Hurdles

Final (T57)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Bradley Reed	EX - Chelmsford A C	8.61	1
2	Jahmal Germain	EX - Newham & Essex Beagles	8.94	2
3	Connor Winter	S N H A C	9.18	
4	Luke Allen	West Suffolk A C	9.22	3

Event 7 Senior Men - High Jump

Final (F33)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Jahmal Germain	EX - Newham & Essex Beagles	1.85	1

Event 8 Senior Men - Pole Vault

Final (F35)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Connor Winter	S N H A C	3.85
2	Simon Eastwood	Bedford & County A C	3.40

Event 9 Senior Men - Long Jump

Final (F21)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Mitchell Jarvis	EX - W G w E L	6.83	1
2	Connor Winter	S N H A C	6.43	
3	Eusebia Da Silva	Unattached	5.98	

Event 10 Senior Men - Triple Jump

Final (F44)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Kevin Brown	EX - Southend A C	13.54	1

Event 11 Senior Men - Shot Putt

Final (F30)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
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Flight 1

1	Emmanuel Quarshie	EX - Havering Mayesbrook A C	13.11	1
2	Stuart Thurgood	EX - Luton A C	13.10	2
3	Laurence Goodacre	EX - Havering Mayesbrook A C	13.05	3
4	Raymond McKenna	Watford Harriers	11.48	
5	Jonathan Edwards	Hunts A C	11.35	
6	Luke Allen	West Suffolk A C	11.04	
7	Lee Thorne	EX - Castle View School	10.39	4

Event 12 Senior Men - 1 Mile Walk**Final (T72)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Steve Allen	Barnet & Dist A C	8:00.47	
2	Steven Uttley	EX - Ilford A C	8:01.37	1
3	Gary Smith	Enfield & Haringey A C	9:24.69	
4	Peter Cassidy	EX - Loughton A C	11:00.37	2
5	David Ainsworth	EX - Ilford A C	11:55.5	3

Event 13 U20 Men - 60M**Final (T82)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Jake King	EX - Southend A C	7.05	1
2	Ryan O'Sullivan	EX - Chelmsford A C	7.13	2
3	David Ajayi	EX - Newham & Essex Beagles	7.26	3
4	Joel Grenfell	Peterborough A C	7.27	
5	Paris Pilgrim	EX - Newham & Essex Beagles	7.29	4
6	Richard Holland	EX - Havering Mayesbrook A C	7.43	5

Event 14 U20 Men - 200M**Final (T7)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Jake King	EX - Southend A C	22.49	1
2	Billy Vernon-Hamilton	S N H A C	23.57	
3	Thomas Nind	EX - Colchester Harriers	31.93	2

Event 15 U20 Men - 400M**Final (T43)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Ben Argent	EX - Colchester Harriers	51.77	1
2	Dany Wilson	EX - Havering Mayesbrook A C	52.00	2
3	Michael Porter	EX - Colchester & Tendring A C	53.36	3

Event 16 U20 Men - 800M**Final (T70)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	Essex
Heat 1				
1	Tom Gifford	EX - Colchester & Tendring A C	1:58.40	1
2	Massi Dendani	EX - Havering Mayesbrook A C	1:59.80	2
3	Jonathan Kerridge	EX - Southend A C	2:00.52	3
4	Joe Robinson	EX - Newham & Essex Beagles	2:02.69	4
5	Michael Porter	EX - Colchester & Tendring A C	2:03.36	5
6	Josh Connors	EX - Havering Mayesbrook A C	2:03.92	6
7	Stephen Strange	EX - Basildon A C	2:12.43	7
---	Luke Foster	EX - Castle View School	DNS	

Event 17 U20 Men - 1500M

Final (T37)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1	No athlete reported for event		

Event 18 U20 Men - 60M Hurdles

Final (T56)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Jack Edgar-Hill	EX - Havering Mayesbrook A C	8.48	1
2	Joshua Olawore	EX - Havering Mayesbrook A C	8.61	2
3	David Chen	EX - Cecil Jones College	10.44	3

Event 19 U20 Men - High Jump

Final (F32)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Paul Spicer	S N H A C	1.70

Event 20 U20 Men - Pole Vault

Final (F34)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	Essex
Flight 1				
1	Daniel Gardner	S N H A C	5.01	CBP
2	Robert Wood	EX - Chelmsford A C	4.40	1 CBP
3	Jake Devereux	Bedford & County A C	4.30	
4	Liam Yarwood	EX - Chelmsford A C	3.85	2
5	Billy Vernon-Hamilton	S N H A C	2.60	
---	Samuel Frith	Bedford & County A C	NH	

Event 21 U20 Men - Long Jump

Final (F20)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Joshua Olawore	EX - Havering Mayesbrook A C	6.75	1 CBP
2	Joel Grenfell	Peterborough A C	6.64	
3	Richard Holland	EX - Havering Mayesbrook A C	6.29	2

4	Nkem Ofoegdo	EX - Newham & Essex Beagles	5.84	3
---	Ivan Pashov	Unattached	NM	

Event 22 U20 Men - Triple Jump

Final (F43)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Peter Akinhnibosun	EX - W G w E L	13.17	1

Event 23 U20 Men - Shot Putt

Final (F29)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	Essex
Flight 1				
1	Tariq Martin	EX - Basildon A C	12.87	1
2	Jake Allen	West Suffolk A C	11.03	
3	Steve Smith	West Suffolk A C	10.89	
4	Ashley Kavanagh-King	Watford Harriers	8.41	

Event 25 U17 Men - 60M

Prelims (T31)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Joseph Dewar	EX - W G w E L	7.17 Q
2	Matthew Bailey	West Norfolk A C	7.69 Q
3	Akinbola Moronkeji	EX - Thurrock Harriers	7.77 q
4	Alex Holdsworth	Cambridge & Coleridge A C	7.98
5	Jake Simpson	EX - Cecil Jones College	8.08
6	Matthew Jhureea	EX - Cecil Jones College	8.11

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Sam Malpass	EX - Ilford A C	7.59 Q
2	Faiz Bapikee	EX - Orion Harriers	7.63 Q
3	Jack Swann	EX - Castle View School	7.77 q
4	James Millard	EX - Chelmsford A C	7.78
---	Jordan Jones	EX - Cecil Jones College	DNS

Top 2 places + 2 next fastest times advance to next round

Final (T51)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		<u>Essex</u>
Heat 1					
1	Joseph Dewar	EX - W G w E L	6.97	CBP	1 CBP
2	Sam Malpass	EX - Ilford A C	7.61		2
3	Faiz Bapikee	EX - Orion Harriers	7.64		3
4	Akinbola Moronkeji	EX - Thurrock Harriers	7.73		4
5	Matthew Bailey	West Norfolk A C	7.75		
6	Jack Swann	EX - Castle View School	7.82		5

Event 26 U17 Men - 200M

Final (T67)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Faiz Bapikee	EX - Orion Harriers	24.26	1
2	Jack Reed	EX - Harlow A C	24.29	2
3	Robbie Clarricoats	EX - Havering Mayesbrook A C	24.38	3

Event 27 U17 Men - 400M

Prelims (T4)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Benjamin Snaith	Cambridge & Coleridge A C	51.44 Q
2	Sam Malpass	EX - Ilford A C	52.82 Q
3	Robert Clarke	EX - Colchester Harriers	55.61 q
4	Amazigh Laoudi	EX - Unattached	58.82

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Jermaine Hamilton	EX - Orion Harriers	53.01 Q
2	George Hadler	EX - Havering Mayesbrook A C	53.90 Q
3	Thomas Burgess	Great Yarmouth & Dist A C	54.02 q
4	Connor Price	EX - Colchester Harriers	56.15
5	Laurence Thorne	EX - Castle View School	56.39

Top 2 places + 2 next fastest times advance to next round

Final (T16)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		<u>Essex</u>
Heat 1					
1	Jermaine Hamilton	EX - Orion Harriers	50.77	CBP	1 CBP
2	Benjamin Snaith	Cambridge & Coleridge A C	50.98		
3	Sam Malpass	EX - Ilford A C	52.08		2
4	George Hadler	EX - Havering Mayesbrook A C	52.27		3
5	Thomas Burgess	Great Yarmouth & Dist A C	55.53		
6	Robert Clarke	EX - Colchester Harriers	55.96		4

Event 28 U17 Men - 800M

Final (T61)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Robert Clarke	EX - Colchester Harriers	2:08.09	1
2	Connor Price	EX - Colchester Harriers	2:09.28	2
3	Jim Fodder	EX - Newham & Essex Beagles	2:10.36	3

Event 29 U17 Men - 1500m

Final (T38)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Jonathan Rocha	EX - Newham & Essex Beagles	4:35.79	1
2	Bradley Camm	EX - Castle View School	4:52.88	2
3	Stephen Davies	EX - Basildon A C	4:57.18	3

Event 30 U17 Men - 60M Hurdles**Prelims (T55)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Khai Riley-LaBorde	EX - Enfield & Haringey A C	8.34 Q
2	George Hadler	EX - Havering Mayesbrook A C	8.46 Q
3	Matthew Scott	EX - Basildon A C	8.62 q
4	Karl Tucker	EX - Havering Mayesbrook A C	8.96
5	Matthew Bailey	West Norfolk A C	9.03
6	Thomas Cunningham-Fahie	EX - Colchester & Tendring A C	10.09
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

Heat 2			
1	Robbie Clarricoats	EX - Havering Mayesbrook A C	8.50 Q
2	Alex Law	EX - Havering Mayesbrook A C	8.68 Q
3	Oliver Garner	EX - Chelmsford A C	8.81 q
4	James Weaver	EX - Enfield & Haringey A C	8.85
5	Max Schopp	S N H A C	9.24
6	David Spicer	S N H A C	9.25

Top 2 places + 2 next fastest times advance to next round

Final (T80)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
Event 30 U17 Men - 60M Hurdles				
1	Khai Riley-LaBorde	EX - Enfield & Haringey A C	8.18	1
2	Robbie Clarricoats	EX - Havering Mayesbrook A C	8.39	2
3	Matthew Scott	EX - Basildon A C	8.63	3
4	Oliver Garner	EX - Chelmsford A C	8.85	4
5	George Hadler	EX - Havering Mayesbrook A C	9.18	5
---	Alex Law	EX - Havering Mayesbrook A C	DNF	

Event 31 U17 Men - High Jump**Final (F31)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Khai Riley-LaBorde	EX - Enfield & Haringey A C	1.85	1
2	Akinbola Moronkeji	EX - Thurrock Harriers	1.80	2
3	Terry Lucas	EX - Chelmsford A C	1.75	3
4	Max Schopp	S N H A C	1.65	
5	Zacharie Wrihr	EX - Cecil Jones College	1.60	4
6	Alom Hussain	EX - Cecil Jones College	1.60	5

Event 32 U17 Men - Pole Vault**Final (F23)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Edward Borrmann	Ryston Runners A C	3.20	
2	Ben Lawrence	EX - Enfield & Haringey A C	3.20	1

3	David Spicer	S N H A C	3.10	
4	Damon Nugent	EX - Castle View School	2.40	2

Event 33 U17 Men - Long Jump

Final (F40)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Joseph Dewar	EX - W G w E L	6.59 CBP	1 CBP
2	Alex Law	EX - Havering Mayesbrook A C	6.50	2
3	Terry Lucas	EX - Chelmsford A C	6.11	3
4	Jamie Kensey	EX - Thurrock Harriers	6.11	4
5	Ross McLachlan	City of Norwich A C	5.89	
6	Jack Swann	EX - Castle View School	5.70	5
7	Akinbola Moronkeji	EX - Thurrock Harriers	5.34	6

Event 34 U17 Men - Triple Jump

Final (F25)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				

Event 34 U17 Men - Triple Jump

1	Christman Ihuoma	EX - W G w E L	12.69	1
2	Jack Swann	EX - Castle View School	11.52	2

Event 35 U17 Men - Shot Putt

Final (F36)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Hugh Williams	Unattached	13.31	
2	Archie Leeming	EX - Castle View School	11.01	1
3	Jordan Nottage	EX - Castle View School	10.55	2
4	Jamie Kensey	EX - Thurrock Harriers	9.09	3

Event 37 U15 Boys - 60M

Prelims (T29)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Max Price	S N H A C	7.75 Q
2	Ashley Cooper	City of Norwich A C	7.79 q
3	David Rufai	EX - William Edwards School	8.32 q
4	Joshua Boreham	EX - Cecil Jones College	8.34
5	Matthew Owers	EX - Havering Mayesbrook A C	8.89
6	Tom Wood	EX - Chelmsford A C	9.20

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Alexander Hewitt	EX - Havering Mayesbrook A C	8.05 Q
2	Elliot Holland	West Norfolk A C	8.06 q
3	Reece Dunn	EX - William Edwards School	8.32 q
4	Callum Petitt	EX - Colchester Harriers	8.46

5 Moyin Ohadapo Unattached 8.55

Name Affiliation Time

Heat 3

1 Yinka Sodipo EX - Thurrock Harriers 8.06 Q
2 Joe Stedman EX - Chelmsford A C 8.38
3 Callum Dickson-Earle Biggleswade A C 8.42
4 James Greenhalgh West Norfolk A C 8.70
5 Jack Noble Peterborough A C 9.02

Top 1 places + 4 next fastest times advance to next round

Final (T41)

Name Affiliation Time Essex

Heat 1

1 Max Price S N H A C 7.65
2 Ashley Cooper City of Norwich A C 7.74
3 Alexander Hewitt EX - Havering Mayesbrook A C 8.04 1
4 Elliot Holland West Norfolk A C 8.11
5 Yinka Sodipo EX - Thurrock Harriers 8.21 2
6 Reece Dunn EX - William Edwards School 8.31 3
7 David Rufai EX - William Edwards School 8.41 4

Event 38 U15 Boys - 200M

Final (T65)

Name Affiliation Time Essex

Heat 1

1 Jack Chilvers EX - Castle View School 27.17 1
2 Joshua Boreham EX - Cecil Jones College 27.50 2
3 Callum Pettit EX - Colchester Harriers 27.63 3
4 Jordan Bailey EX - Orion Harriers 28.03 4
5 Moyin Ohadapo Unattached 28.05

Event 39 U15 Boys - 400M

Prelims (T3)

Name Affiliation Time

Heat 1

1 Elliot Holland West Norfolk A C 57.12 Q CBP
2 Thomas Pitkin EX - Havering Mayesbrook A C 59.32 Q
3 Matthew Ashley EX - Basildon A C 1:05.16 q
4 Danny Dodge EX - William Edwards School 1:07.85

Name Affiliation Time

Heat 2

1 Jack Chilvers EX - Castle View School 1:01.60 Q
2 Michael Oku-Ampofo EX - Newham & Essex Beagles 1:02.44 Q
3 Joseph Winn EX - William Edwards School 1:04.42 q
4 Christopher Jones Ipswich Harriers 1:06.43
--- Daniel Ashley EX - Basildon A C DNS

Top 2 places + 2 next fastest times advance to next round

Final (T15)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1			(Hand Time)	
1	Elliot Holland	West Norfolk A C	57.2	
2	Thomas Pitkin	EX - Havering Mayesbrook A C	1:00.3	1
3	Jack Chilvers	EX - Castle View School	1:01.3	2
4	Michael Oku-Ampofo	EX - Newham & Essex Beagles	1:02.3	3
5	Joseph Winn	EX - William Edwards School	1:05.6	4
6	Matthew Ashley	EX - Basildon A C	1:07.1	5

Event 40 U15 Boys - 800M

Final (T59)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Daniel Ashley	EX - Basildon A C	2:17.38	1
2	Max Jones	EX - Basildon A C	2:17.43	2
3	Fraser Gibbs	EX - Castle View School	2:24.41	3
4	George Wood	EX - Castle View School	2:31.88	4
5	Matthew Ashley	EX - Basildon A C	2:35.72	5

Event 41 U15 Boys - 60M Hurdles

Prelims (T12)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	James Pearson	EX - Thurrock Harriers	9.66 Q
2	Lewis Beard	EX - William Edwards School	10.31 q
3	Fluke Choichuadee	EX - Castle View School	11.12
4	Tom Wood	EX - Chelmsford A C	11.35

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Joseph Ellis	EX - Chelmsford A C	9.56 Q
2	Callum Dickson-Earle	Biggleswade A C	9.76 q
3	Morgan Thompson	EX - Braintree & District A C	12.65

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Jake Bailey	EX - William Edwards School	9.83 Q
2	Thomas Pitkin	EX - Havering Mayesbrook A C	10.13 q
3	James Greenhalgh	West Norfolk A C	10.52
4	Matthew Owers	EX - Havering Mayesbrook A C	11.37

Top 1 places + 3 next fastest times advance to next round

Final (T21)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Joseph Ellis	EX - Chelmsford A C	9.18	CBP 1
2	James Pearson	EX - Thurrock Harriers	9.55	2
3	Callum Dickson-Earle	Biggleswade A C	9.60	
4	Jake Bailey	EX - William Edwards School	9.67	3
5	Thomas Pitkin	EX - Havering Mayesbrook A C	9.87	4
6	Lewis Beard	EX - William Edwards School	10.42	5

Event 42 U15 Boys - High Jump**Final (F5)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	Essex
Flight 1				
1	Jake Bailey	EX - William Edwards School	1.75	1 CBP=
2	Max Price	S N H A C	1.70	
3	Joseph Winn	EX - William Edwards School	1.55	2
4	William Scott	EX - Castle View School	1.45	3
5	David Rufai	EX - William Edwards School	1.45	4
6	Christopher Jones	Ipswich Harriers	1.45	
7	Morgan Thompson	EX - Braintree & District A C	1.40	5
8	Danny Dodge	EX - William Edwards School	1.30	6

Event 43 U15 Boys - Pole Vault**Final (F22)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	Essex
Flight 1				
1	Nathan Gardner	S N H A C	3.20 CBP	
2	Alfie MacDonald	EX - Castle View School	2.00	1
3	Alexander Gale	EX - Castle View School	1.70	2

Event 44 U15 Boys - Long Jump**Final (F9)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Ashley Cooper	City of Norwich A C	5.27	
2	Reece Dunn	EX - William Edwards School	5.14	1
3	James Pearson	EX - Thurrock Harriers	4.98	2
4	James Greenhalgh	West Norfolk A C	4.79	
5	Lewis Beard	EX - William Edwards School	4.76	3
6	Fluke Choichuadee	EX - Castle View School	4.57	4
7	Lewis Thorn	EX - Braintree & District A C	4.50	5
8	Joshua Opoosun	EX - William Edwards School	4.40	6
9	Yinka Sodipo	EX - Thurrock Harriers	4.26	7
10	Morgan Thompson	EX - Braintree & District A C	4.19	8
11	David Rufai	EX - William Edwards School	4.07	9
12	Danny Dodge	EX - William Edwards School	4.06	10
13	Joshua Boreham	EX - Cecil Jones College	3.42	11

Event 45 U15 Boys - Shot Putt**Final (F19)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	Essex
Flight 1				
1	Max Price	S N H A C	12.23	
2	James Pearson	EX - Thurrock Harriers	11.25	1
3	Arthur Power	EX - Colchester & Tendring A C	10.02	2
4	Ben Betts	EX - Castle View School	8.50	3

5	Joshua Boreham	EX - Cecil Jones College	8.47	4
6	George Tidy	EX - Castle View School	8.31	5

Event 47 U13 Boys - 60M

Prelims (T27)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Mayowa Osunsami	EX - Newham & Essex Beagles	8.31 Q
2	Jack Teager-Neale	EX - Basildon A C	8.78 Q
3	Charlie Teager-Neale	EX - Basildon A C	8.98 q
4	Emmanuel Lateef	EX - William Edwards School	9.37
5	Lewis Cogan	Biggleswade A C	9.49

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Christopher Agyeman	EX - W G w E L	8.84 Q
2	Muyima Osonowo	EX - William Edwards School	8.93 Q
3	Nedum Okonya	EX - William Edwards School	9.27 q
4	Finnlay Hartman	EX - Eastwood School	9.31
5	Harvey Lake	City of Norwich A C	10.00

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Jordan Fester	EX - Colchester Harriers	8.62 Q
2	Dexter Goward	EX - Eastwood School	9.16 Q
3	Ethan Evison	EX - Eastwood School	9.41
4	Jaquan Moore	City of Norwich A C	9.46
5	Atlehang Tsalong	EX - William Edwards School	10.72

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 4			
1	Rotimi Osunsami	EX - Newham & Essex Beagles	8.74 Q
2	Charlie Splarn	EX - William Edwards School	8.79 Q
3	Nick James	EX - William Edwards School	9.10 q
4	Jack Shepherd	EX - Colchester Harriers	9.10 q
5	Lewis Jeffery	EX - Eastwood School	9.64

Top 2 places + 4 next fastest times advance to next round

Semis (T40)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Mayowa Osunsami	EX - Newham & Essex Beagles	8.41 Q
2	Christopher Agyeman	EX - W G w E L	8.82 Q
3	Jack Teager-Neale	EX - Basildon A C	8.87 Q
4	Charlie Teager-Neale	EX - Basildon A C	9.06
5	Dexter Goward	EX - Eastwood School	9.19
6	Nedum Okonya	EX - William Edwards School	9.53

Event 47 U13 Boys - 60M

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Jordan Fester	EX - Colchester Harriers	8.60 Q

2	Rotimi Osunsami	EX - Newham & Essex Beagles	8.76 Q
3	Charlie Splarn	EX - William Edwards School	8.83 Q
4	Muyima Osonowo	EX - William Edwards School	8.94
5	Jack Shepherd	EX - Colchester Harriers	9.29
6	Nick James	EX - William Edwards School	9.38

Top 3 places + 0 next fastest times advance to next round

Final (T46)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Mayowa Osunsami	EX - Newham & Essex Beagles	8.39	1
2	Jordan Fester	EX - Colchester Harriers	8.55	2
3	Christopher Agyeman	EX - W G w E L	8.59	3
4	Rotimi Osunsami	EX - Newham & Essex Beagles	8.66	4
5	Jack Teager-Neale	EX - Basildon A C	8.89	5
6	Charlie Splarn	EX - William Edwards School	9.17	6

Event 48 U13 Boys - 200M

Final (T63)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Mayowa Osunsami	EX - Newham & Essex Beagles	27.21	CBP 1 CBP
2	Jordan Fester	EX - Colchester Harriers	29.18	2
3	Jake Young	EX - Colchester Harriers	29.26	3

Event 50 U13 Boys - 800M

Prelims (T26)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Jack Shepherd	EX - Colchester Harriers	2:32.08 Q
2	Mitchell Cox	EX - Basildon A C	2:32.57 q
3	Gus Withers	EX - Eastwood School	2:33.38 q
4	Rhys Gillings	EX - Eastwood School	2:38.01 q
5	Jez Willis	EX - Eastwood School	2:44.30
6	Elliot Breen	Herts Phoenix A C	2:46.25
7	Colin Daumen	EX - Eastwood School	2:46.55
8	James Inch	EX - Orion Harriers	2:50.50
9	Oliver Pocklington	Hunts A C	2:52.35

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Jake Young	EX - Colchester Harriers	2:24.20 Q
2	Alexander Bevan	Peterborough A C	2:28.13 q
3	Thomas Hewes	EX - Colchester & Tendring A C	2:43.69
4	Ryan Clarke	EX - Castle View School	2:43.92
5	Nick James	EX - William Edwards School	2:46.60
6	Charlie Leveridge	EX - Eastwood School	2:51.24
7	Alex Godley	EX - Colchester Harriers	2:58.87
8	Harvey Lake	City of Norwich A C	3:08.65

Top 1 places + 4 next fastest times advance to next round

Final (T47)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Jake Young	EX - Colchester Harriers	2:24.13	1
2	Alexander Bevan	Peterborough A C	2:26.50	
3	Mitchell Cox	EX - Basildon A C	2:31.27	2
4	Gus Withers	EX - Eastwood School	2:36.81	3
5	Jack Shepherd	EX - Colchester Harriers	2:42.15	4
6	Rhys Gillings	EX - Eastwood School	2:57.71	5

Event 51 U13 Boys - 60M Hurdles**Prelims (T10)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Callum Newton	EX - William Edwards School	11.68 Q
2	Liam Barnard	EX - William Edwards School	11.96 Q
3	Emmanuel Lateef	EX - William Edwards School	12.31 q
4	Toby Walker	EX - Castle View School	12.62 q
---	Jack Broadbent	EX - Castle View School	DNS

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2			
1	Alex Godley	EX - Colchester Harriers	12.08 Q
2	Charlie Splarn	EX - William Edwards School	12.58 Q
3	Mathew Spicer	S N H A C	12.96
4	Atlehang Tsalong	EX - William Edwards School	16.68

Top 2 places + 2 next fastest times advance to next round

Final (T19)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Callum Newton	EX - William Edwards School	11.54	1
2	Liam Barnard	EX - William Edwards School	11.72	2
3	Alex Godley	EX - Colchester Harriers	11.84	3
4	Charlie Splarn	EX - William Edwards School	12.40	4
5	Emmanuel Lateef	EX - William Edwards School	12.67	5
6	Toby Walker	EX - Castle View School	12.95	6

Event 53 U13 Boys - High Jump**Final (F4)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Thomas Hewes	EX - Colchester & Tendring A C	1.40	1 CBP=
2	Codey Williams	EX - Castle View School	1.35	2
3	Kane Edwards	EX - William Edwards School	1.30	3
4	James Inch	EX - Orion Harriers	1.30	4
5	Emmanuel Lateef	EX - William Edwards School	1.25	5
6	Nedum Okonya	EX - William Edwards School	1.20	6
7	Mathew Spicer	S N H A C	1.20	

7	Lewis Jeffery	EX - Eastwood School	1.20	7
9	Liam Barnard	EX - William Edwards School	1.20	8
10	Jack Broadbent	EX - Castle View School	1.15	9

Event 54 U13 Boys - Long Jump

Final (F14)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Codey Williams	EX - Castle View School	4.15	1
2	Jordan Fester	EX - Colchester Harriers	4.15	2
3	Ryan Morgan	EX - Braintree & District A C	4.07	3
4	Charlie Splarn	EX - William Edwards School	4.07	4
5	Alex Godley	EX - Colchester Harriers	4.03	5
6	Callum Newton	EX - William Edwards School	3.74	6
7	Christopher Agyeman	EX - W G w E L	3.68	7
8	Ethan Evison	EX - Eastwood School	3.67	8
9	Liam Barnard	EX - William Edwards School	3.65	9
10	Jack Teager-Neale	EX - Basildon A C	3.52	10
11	Harvey Lake	City of Norwich A C	3.50	
12	Nick James	EX - William Edwards School	3.47	11
13	Nedum Okonya	EX - William Edwards School	3.40	12
14	Muyima Osonowo	EX - William Edwards School	3.37	13
15	Jaquan Moore	City of Norwich A C	3.36	
16	Jez Willis	EX - Eastwood School	3.31	14
17	Gus Withers	EX - Eastwood School	3.29	15
18	Charlie Teager-Neale	EX - Basildon A C	3.23	16
19	Lewis Cogan	Biggleswade A C	3.12	
20	Rhys Gillings	EX - Eastwood School	3.09	17
21	Finnlay Hartman	EX - Eastwood School	3.07	18
22	Charlie Leveridge	EX - Eastwood School	2.88	19
23	Oliver Pocklington	Hunts A C	2.85	
24	Colin Daumen	EX - Eastwood School	2.65	20

Event 55 U13 Boys - Shot Putt

Final (F18)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Victor Adebisi	EX - Castle View School	10.91	CBI 1 CBP
2	Sonny Wylde	EX - William Edwards School	9.00	2
3	Muyima Osonowo	EX - William Edwards School	7.54	3
4	Jaquan Moore	City of Norwich A C	7.10	

Event 60 Senior Women - 60M

Final (T83)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Elise Walker	EX - Chelmsford A C	7.98	1
2	Heidi Nicholas	EX - Basildon A C	8.22	2

3	Jade Morgan	EX - Colchester Harriers	8.28	3
4	Nichole Leggett	EX - Colchester Harriers	8.77	4

Event 61 Senior Women - 200M

Final (T8)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Elise Walker	EX - Chelmsford A C	26.40	1
2	Natalie Lebeau	EX - Thurrock Harriers	27.81	2
3	Nicola Gibson	Peterborough A C	27.92	
4	Rachel Kerr	EX - Havering Mayesbrook A C	29.55	3
---	Amy McDonald	EX - Southend A C	DNS	

Event 62 Senior Women - 400M

Prelims (T23)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Caroline Hill	EX - Chelmsford A C	1:01.54 Q
2	Nicola Gibson	Peterborough A C	1:02.94 Q
3	Claire Brennan	EX - Havering Mayesbrook A C	1:03.90 q
---	Amy McDonald	EX - Southend A C	DNS

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Louise Douglas	EX - Basildon A C	1:01.44 Q
2	Kathrine Foy	EX - W G w E L	1:01.49 Q
3	Emily Craven	Peterborough A C	1:04.04 q
4	Nina Brennan	EX - Havering Mayesbrook A C	1:07.93

Top 2 places + 2 next fastest times advance to next round

Final (T44)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Caroline Hill	EX - Chelmsford A C	1:00.19	CBP 1
2	Louise Douglas	EX - Basildon A C	1:01.04	2
3	Kathrine Foy	EX - W G w E L	1:01.24	3
4	Nicola Gibson	Peterborough A C	1:03.32	
5	Claire Brennan	EX - Havering Mayesbrook A C	1:04.70	4
---	Emily Craven	Peterborough A C	DNF	

Event 63 Senior Women - 800M

Final (T69)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Kathrine Foy	EX - W G w E L	2:18.44	CBP 1
2	Victoria Smith	EX - Havering Mayesbrook A C	2:20.90	2
3	Louise Douglas	EX - Basildon A C	2:25.07	3
4	Bernadine Pritchett	EX - W G w E L	2:27.20	4

Event 64 Senior Women - 1500M

Final (T33)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Victoria Smith	EX - Havering Mayesbrook A C	4:54.22	1
2	Hayley Pegg	EX - Chelmsford A C	5:16.94	2

Event 65 Senior Women - 60M Hurdles**Final (T54)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Chloe Van Wulven	EX - Havering Mayesbrook A C	9.53	1
2	Heidi Nicholas	EX - Basildon A C	9.62	2
3	Nicola Gaisford	EX - Colchester Harriers	9.64	3

Event 66 Senior Women - High Jump**Final (F38)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Bethan Siddons	EX - Havering Mayesbrook A C	1.60	1
2	Natalie Lebeau	EX - Thurrock Harriers	1.55	2
2	Heidi Nicholas	EX - Basildon A C	1.55	3
2	Lucy Howes	EX - Thurrock Harriers	1.55	4
5	Nicola Gaisford	EX - Colchester Harriers	1.55	5

Event 67 Senior Women - Pole Vault**Final (F8)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Kate Cowley	EX - Havering Mayesbrook A C	3.80 CBP=	1 CBP
2	Kara Gibbs	Bedford & County A C	3.12	

Event 68 Senior Women - Long Jump**Final (F28)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Esex</u>
Flight 1				
1	Kirsty Smith	EX - Newham & Essex Beagles	5.09	1
2	Heidi Nicholas	EX - Basildon A C	5.01	2
3	Zoe Young	EX - Havering Mayesbrook A C	4.93	3
4	Natalie Lebeau	EX - Thurrock Harriers	4.81	4
5	Lana Gillard	EX - Braintree & District A C	4.81	5
6	Hannah Connor	EX - Havering Mayesbrook A C	4.62	6
7	Clare StJohn-Coleman	EX - Chelmsford A C	3.75	7

Event 69 Senior Women - Triple Jump**Final (F42)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Jade Morgan	EX - Colchester Harriers	12.07 CBP	1 CBP

2	Polly Woods	EX - Herts Phoenix A C	10.40	2
3	Clare StJohn-Coleman	EX - Chelmsford A C	7.65	3

Event 70 Senior Women - Shot Putt

Final (F24)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	Essex
Flight 1				
1	Sue Lawrence	EX - Thurrock Harriers	10.90	1

Event 71 Senior Women - 1 Mile Walk

Final (T74)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Helen Middleton	Enfield & Haringey A C	8:53.24 CBP

Event 72 U20 Women - 60M

Final (T84)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Hayley McLean	EX - Chelmsford A C	7.97	1
2	Rianne Ashitey-Dennis	EX - Newham & Essex Beagles	8.00	2
3	Roseanne Ampofo	EX - Orion Harriers	8.10	3
4	Mubarakai Akinshipo	EX - Newham & Essex Beagles	8.12	4
5	Jessica Fox	Cambridge & Coleridge A C	8.67	
6	Evie Castle	Chelmsford A C	8.83	

Event 73 U20 Women - 200M

Final (T6)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		
Heat 1					
1	Hayley McLean	EX - Chelmsford A C	25.87	CBP	1 CBP
2	Georgia Green-Muid	EX - Chelmsford A C	26.88		2
3	Bethanie Moore	EX - Colchester Harriers	26.94		3

Event 74 U20 Women - 400M

Prelims (T22)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		
Heat 1					
1	Alex Hill	EX - Herts Phoenix A C	1:00.34	Q	
2	Mubarakai Akinshipo	EX - Newham & Essex Beagles	1:00.71	Q	
3	Georgina Ivens	Nene Valley Harriers	1:00.81	q	
4	Jessica Quick	EX - Basildon A C	1:01.85	q	
5	Bianca Ashbrook	EX - Chelmsford A C	1:05.05		
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		
Heat 2					
1	Hayley McLean	EX - Chelmsford A C	58.89	Q CBP	CBI
2	Georgia Green-Muid	EX - Chelmsford A C	1:02.74	Q	
3	Chelsea Shurland	Unattached	1:03.13		

4	Neha Dabhi	EX - Newham & Essex Beagles	1:05.84
---	Adefunke Oyewole	EX - Newham & Essex Beagles	DNS

Top 2 places + 2 next fastest times advance to next round

Final (T42)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Hayley McLean	EX - Chelmsford A C	57.45 CBP	1 CBI
2	Mubarakai Akinshipo	EX - Newham & Essex Beagles	59.74	2
3	Georgina Ivens	Nene Valley Harriers	59.86	
4	Alex Hill	EX - Herts Phoenix A C	59.94	3
5	Georgia Green-Muid	EX - Chelmsford A C	1:03.56	4
---	Jessica Quick	EX - Basildon A C	DNS	

Event 75 U20 Women - 800M

Final (T71)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Kimberly Johansen	EX - Chelmsford A C	2:16.65 CBP	1 CBP
2	Emily Ballard	EX - Basildon A C	2:27.29	2
3	Lisa Crowhurst	EX - Colchester & Tendring A C	2:29.71	3
4	Sarah Driver	Enfield & Haringey A C	2:31.12	

Event 76 U20 Women - 1500M

Final (T34)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Jordan Lacey	EX - Basildon A C	5:24.41	1

Event 77 U20 Women - 60M Hurdles

Prelims (T53)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Hayley McLean	EX - Chelmsford A C	9.09 Q
2	Claire Ward	S N H A C	9.28 Q
3	Csepi Asztalos	Cambridge & Coleridge A C	9.56 q
4	Georgia Green-Muid	EX - Chelmsford A C	9.96
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Holly Thomas	EX - Newham & Essex Beagles	9.05 Q
2	Holly Pattie-Belleli	EX - W G w E L	9.31 Q
3	Evie Castle	Chelmsford A C	9.92 q
4	Emily Moore	EX - Colchester Harriers	9.96

Top 2 places + 2 next fastest times advance to next round

Final (T79)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Hayley McLean	EX - Chelmsford A C	8.74 CBP	1 CBP
2	Holly Thomas	EX - Newham & Essex Beagles	8.92	2

3	Claire Ward	S N H A C	9.24	
4	Holly Pattie-Belleli	EX - W G w E L	9.54	3
5	Csepi Asztalos	Cambridge & Coleridge A C	9.64	
6	Evie Castle	Chelmsford A C	10.01	

Event 78 U20 Women - High Jump

Final (F37)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Stephanie Ugbo	EX - Newham & Essex Beagles	1.63	CBI 1
2	Gemma Amorgie	EX - Herts Phoenix A C	1.60	2
3	Charlotte Malton	EX - Chelmsford A C	1.50	3

Event 79 U20 Women - Pole Vault

Final (F7)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Nancy Epsly	EX - Chelmsford A C	3.50	CBP 1

Event 80 U20 Women - Long Jump

Final (F27)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Jessica Fox	Cambridge & Coleridge A C	4.83	
2	Claire Ward	S N H A C	4.58	

Event 81 U20 Women - Triple Jump

Final (F41)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Jessica Fox	Cambridge & Coleridge A C	10.31	C
2	Rebecca Connelly	EX - Thurrock Harriers	9.70	1
3	Evie Castle	Chelmsford A C	9.63	

Event 82 U20 Women - Shot Putt

Final (F26)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Evie Castle	Chelmsford A C	11.14

Event 84 U17 Women - 60M

Prelims (T32)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Moesha Howard	EX - Chelmsford A C	8.22 Q
2	Catriona Marriott	Cambridge & Coleridge A C	8.41 q
3	Kirsty Ronald	EX - Braintree & District A C	8.46
4	Georgia Ibbotson	EX - Colchester & Tendring A C	8.50

5 Abigail Frith EX - Chelmsford A C 8.60

Event 84 U17 Women - 60M

Name Affiliation Time

Heat 2

1 Tamara Chambers EX - Ilford A C 8.30 Q
2 Ebony Bobb-Semple EX - W G w E L 8.42 q
3 Toyin Olufemi EX - Thurrock Harriers 8.55
4 Hannah Maher City of Norwich A C 8.89

Name Affiliation Time

Heat 3

1 Phoebe Smithdale EX - Chelmsford A C 8.34 Q
2 Tomi Akingbade EX - Havering Mayesbrook A C 8.42 q
3 Kerry McCrory EX - Southend A C 8.61
4 Bethany Ibbotson EX - Colchester & Tendring A C 8.65

Top 1 places + 3 next fastest times advance to next round

Final (T48)

Name Affiliation Time Essex

Heat 1

1 Moesha Howard EX - Chelmsford A C 8.23 1
2 Tamara Chambers EX - Ilford A C 8.26 2
3 Catriona Marriott Cambridge & Coleridge A C 8.31
4 Phoebe Smithdale EX - Chelmsford A C 8.31 3
5 Tomi Akingbade EX - Havering Mayesbrook A C 8.35 4
6 Ebony Bobb-Semple EX - W G w E L 8.54 5

Event 85 U17 Women - 200M

Prelims (T66)

Name Affiliation Time

Heat 1

1 Nicole McKechnie EX - Chelmsford A C 26.64 Q
2 Hannah Maher City of Norwich A C 30.24 Q
3 Charlotte Bott S N H A C 30.73 q

Name Affiliation Time

Heat 2

1 Kerry McCrory EX - Southend A C 28.71 Q
2 Catriona Marriott Cambridge & Coleridge A C 28.80 Q
3 Toyin Olufemi EX - Thurrock Harriers 29.46 q
4 April Castle Chelmsford A C 31.01

Top 2 places + 2 next fastest times advance to next round

Final (T75)

Name Affiliation Time Essex

Heat 1

1 Nicole McKechnie EX - Chelmsford A C 26.21 1
2 Catriona Marriott Cambridge & Coleridge A C 27.76
3 Kerry McCrory EX - Southend A C 28.12 2
4 Toyin Olufemi EX - Thurrock Harriers 28.70 3
5 Hannah Maher City of Norwich A C 30.47

Event 86 U17 Women - 300M**Prelims (T2)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Nicole McKechnie	EX - Chelmsford A C	42.57 Q
2	Bethany Ibbotson	EX - Colchester & Tendring A C	44.18 q
3	Catriona Marriott	Cambridge & Coleridge A C	46.34
4	Hayley Lamkin	EX - Southend A C	47.56

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Chloe Young	EX - Colchester Harriers	44.78 Q
2	Megan Moore	EX - Colchester Harriers	44.97 q
3	Georgia Ibbotson	EX - Colchester & Tendring A C	45.08
4	Gbem Odunaike	EX - Newham & Essex Beagles	49.17

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Suzanne Bentley	Watford Harriers	44.04 Q
2	Jade Harding	EX - Chelmsford A C	44.63 q
3	Hannah Adelegun	Unattached	46.05
4	Tomi Akingbade	EX - Havering Mayesbrook A C	46.29
5	Jessica Swain	EX - Chelmsford A C	48.16

Top 1 places + 3 next fastest times advance to next round

Final (T14)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Nicole McKechnie	EX - Chelmsford A C	41.55	1
2	Bethany Ibbotson	EX - Colchester & Tendring A C	42.60	2
3	Suzanne Bentley	Watford Harriers	43.65	
4	Chloe Young	EX - Colchester Harriers	44.75	3
5	Jade Harding	EX - Chelmsford A C	44.78	4
6	Megan Moore	EX - Colchester Harriers	44.85	5

Event 87 U17 Women - 800M**Final (T60)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Hollie Parker	Cambridge & Coleridge A C	2:18.43	
2	Kelly Mavididi	EX - Ilford A C	2:25.70	1
3	Anna Clark	EX - Loughton A C	2:29.87	2
4	Jessica Swain	EX - Chelmsford A C	2:35.94	3
5	Isabella Woods	EX - Havering Mayesbrook A C	2:45.11	4

Event 88 U17 Women -1500m**Final (T35)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 89 U17 Women - 60M Hurdles

Prelims (T52)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Alicia Tymon-McEwan	St Albans A C	9.03 Q
2	Emma Nwofor	EX -St Angela Ursuline	9.38 Q
3	Amelia Sumun	EX - Thurrock Harriers	9.81 q
4	April Castle	Chelmsford A C	10.67
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

Heat 2			
1	Georgia Green	EX - Enfield & Haringey A C	9.07 Q
2	Moesha Howard	EX - Chelmsford A C	9.39 Q
3	Chay Clark	EX - Thurrock Harriers	9.82 q
4	Abigail Frith	EX - Chelmsford A C	10.25
5	Charlotte Bott	S N H A C	12.27

Top 2 places + 2 next fastest times advance to next round

Final (T78)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Alicia Tymon-McEwan	St Albans A C	8.88	
2	Georgia Green	EX - Enfield & Haringey A C	9.07	1
3	Moesha Howard	EX - Chelmsford A C	9.25	2
4	Emma Nwofor	EX -St Angela Ursuline	9.31	3
5	Amelia Sumun	EX - Thurrock Harriers	9.82	4
6	Chay Clark	EX - Thurrock Harriers	9.84	5

Event 90 U17 Women - High Jump

Final (F13)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Poppy Lake	EX - Chelmsford A C	1.69 CBP	1 CBP
2	Sarah Prescott-Smith	Unattached	1.63	
3	Lizzie Peattie	EX - Orion Harriers	1.60	2
4	Georgia Green	EX - Enfield & Haringey A C	1.55	3
4	Emma Nwofor	EX -St Angela Ursuline	1.55	4
6	Chay Clark	EX - Thurrock Harriers	1.55	5
7	Jade Harding	EX - Chelmsford A C	1.50	6
8	Kate Wright	S N H A C	1.50	
9	Georgia Mills	EX - William Edwards School	1.45	7
10	Amelia Sumun	EX - Thurrock Harriers	1.40	8
11	Shannon Connolly	EX - Castle View School	1.30	9
---	Suzanne Bentley	Watford Harriers	DQ	
---	Hannah Adelegun	Unattached	DQ	

Event 91 U17 Women - Pole Vault

Final (F3)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Mercy Gutteridge	EX - Havering Mayesbrook A C	2.80	1
2	Amy Clark	EX - Chelmsford A C	2.70	2
3	Anya Rodriguez	Shaftsbury Barnet Harriers	2.70	
4	Emily Bulleid	EX - Enfield & Haringey A C	2.60	3
5	Courtney Evans	Bedford & County A C	2.60	
6	Lizzie Simon	EX - Colchester Harriers	2.00	4

Event 92 U17 Women - Long Jump

Final (F6)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Sarah Prescott-Smith	Unattached	5.20	
2	Clarice Parrott	EX - Braintree & District A C	5.17	1
3	Kirsty Ronald	EX - Braintree & District A C	5.12	2
4	Jade Harding	EX - Chelmsford A C	5.09	3
5	Georgia Green	EX - Enfield & Haringey A C	5.02	4
6	Abigail Frith	EX - Chelmsford A C	4.87	5
7	Chloe Rixon	Watford Harriers	4.84	
8	Ebony Bobb-Semple	EX - W G w E L	4.66	6
9	Bethany Chambers	EX - Havering Mayesbrook A C	4.64	7
10	Kerry McCrory	EX - Southend A C	4.43	8
11	Chay Clark	EX - Thurrock Harriers	4.19	9
12	Kate Wright	S N H A C	3.87	

Event 93 U17 Women - Triple Jump

Final (F17)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Chelsea Wade	West Suffolk A C	10.68	
2	Amelia Sumun	EX - Thurrock Harriers	9.85	1
3	Chloe Rixon	Watford Harriers	9.65	
4	Georgia Mills	EX - William Edwards School	9.44	2
5	Hope Hawkins	EX - Harlow A C	8.74	3
---	Bethany Chambers	EX - Havering Mayesbrook A C	DQ	

Event 94 U17 Women - Shot Putt

Final (F39)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Rachel Forder	EX - Havering Mayesbrook A C	9.69	1
2	Emma Nwofor	EX -St Angela Ursuline	9.29	2
3	Amy Smith	EX - Basildon A C	9.00	3
4	Keeley Boissinot	EX - Cecil Jones College	8.27	4
5	Hannah Maher	City of Norwich A C	7.86	

Event 96 U15 Girls - 60M

Prelims (T28)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Ellie Savva	EX - Braintree & District A C	8.54 Q
2	Susan Omope	EX - Orion Harriers	8.56 q
3	Alao Faith	EX - Colchester Harriers	8.87
4	Rhiannon Howard	EX - Braintree & District A C	8.96
5	Maisie Cassidy	Cambridge & Coleridge A C	9.25
6	Erica Aworo	EX - William Edwards School	9.61

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Chloe McCarthy	Unattached	8.26 Q
2	Tolu Akingbade	EX - Havering Mayesbrook A C	8.81
3	Megan Roberts	Biggleswade A C	9.06
4	Natasha Bird	EX - Chelmsford A C	9.11
5	Jaid Robinson	EX - Orion Harriers	9.31
6	Courtney Bland	EX - Colchester & Tendring A C	9.43

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Shannon McNeil	EX - Chelmsford A C	8.29 Q
2	Doyin Ogunkeyede	EX -St Angela Ursuline	8.34 q
3	Michelle Manyewe	EX - Cecil Jones College	8.57 q
4	Isabel Duah	EX - Colchester & Tendring A C	8.65 q
5	Amy Coleman	EX - Braintree & District A C	9.38
6	Jenny Lawrence	EX - Chelmsford A C	10.31

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 4			
1	Hillary Adams	EX - Newham & Essex Beagles	8.26 Q
2	Zoe Barracks	EX - Orion Harriers	8.53 q
3	Beth James	EX - Thurrock Harriers	8.88
4	Isabel Sawyer	EX - Colchester Harriers	9.00
5	Alexandria Leslie	EX - Colchester & Tendring A C	9.28

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 5			
1	Katie Ellis	EX - Chelmsford A C	8.30 Q
2	Lucy Shaw	EX - Southend A C	8.35 q
3	Finlay Marriott	Cambridge & Coleridge A C	8.63 q
4	Adele Stacey	EX - Southend A C	8.87
5	Amy Shildrake	EX - Chelmsford A C	9.19
6	Rebecca Millard	EX - Chelmsford A C	9.50

Top 1 places + 7 next fastest times advance to next round

Semis (T39)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Chloe McCarthy	Unattached	8.19 Q
2	Katie Ellis	EX - Chelmsford A C	8.28 Q
3	Ellie Savva	EX - Braintree & District A C	8.43 Q

4	Susan Omope	EX - Orion Harriers	8.43
5	Zoe Barracks	EX - Orion Harriers	8.47
6	Isabel Duah	EX - Colchester & Tendring A C	8.68

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2

1	Hillary Adams	EX - Newham & Essex Beagles	8.19 Q
2	Shannon McNeil	EX - Chelmsford A C	8.27 Q
3	Doyin Ogunkeyede	EX -St Angela Ursuline	8.30 Q
4	Lucy Shaw	EX - Southend A C	8.41
5	Michelle Manyewe	EX - Cecil Jones College	8.60
6	Finlay Marriott	Cambridge & Coleridge A C	8.61

Top 3 places + 0 next fastest times advance to next round

Final (T50)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
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Heat 1

1	Shannon McNeil	EX - Chelmsford A C	8.19	1
2	Hillary Adams	EX - Newham & Essex Beagles	8.21	2
3	Chloe McCarthy	Unattached	8.23	
4	Doyin Ogunkeyede	EX -St Angela Ursuline	8.32	3
5	Katie Ellis	EX - Chelmsford A C	8.39	4
6	Susan Omope	EX - Orion Harriers	8.45	5

Event 97 U15 Girls - 200M

Prelims (T64)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

1	Chloe McCarthy	Unattached	27.8
2	Abigail Aderibigbe	EX -St Angela Ursuline	29.0
3	Bethany Harley	S N H A C	29.7
4	Natasha Bird	EX - Chelmsford A C	30.1
5	Isabel Sawyer	EX - Colchester Harriers	30.2

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2

1	Shannon McNeil	EX - Chelmsford A C	27.7
2	Susan Omope	EX - Orion Harriers	28.7
3	Michelle Manyewe	EX - Cecil Jones College	29.2
4	Ella Nicholson	EX - Orion Harriers	29.4
5	Amy Shildrake	EX - Chelmsford A C	30.9

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 3

1	Philippa Davenall	EX - Colchester Harriers	29.3
2	Zoe Barracks	EX - Orion Harriers	29.4
3	Adele Stacey	EX - Southend A C	30.1
4	Nicole Massey	EX - Thurrock Harriers	30.8

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 4

1	Lucy Shaw	EX - Southend A C	27.6
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2	Ellie Savva	EX - Braintree & District A C	28.3
3	Gabriella Pearson	EX - Southend A C	29.3
4	Shannon Jameson	EX - Thurrock Harriers	30.0
5	Alao Faith	EX - Colchester Harriers	30.1

Semis (T76)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Lucy Shaw	EX - Southend A C	28.57
2	Zoe Barracks	EX - Orion Harriers	28.84
3	Michelle Manyewe	EX - Cecil Jones College	29.05
4	Bethany Harley	S N H A C	29.16
5	Philippa Davenall	EX - Colchester Harriers	29.78
---	Ellie Savva	EX - Braintree & District A C	SCR

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Shannon McNeil	EX - Chelmsford A C	27.18
2	Chloe McCarthy	Unattached	27.46
3	Susan Omope	EX - Orion Harriers	28.52
4	Ella Nicholson	EX - Orion Harriers	29.04
5	Gabriella Pearson	EX - Southend A C	29.06
6	Abigail Aderibigbe	EX -St Angela Ursuline	29.09

Final (T90)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Chloe McCarthy	Unattached	26.96	
2	Shannon McNeil	EX - Chelmsford A C	27.47	1
3	Lucy Shaw	EX - Southend A C	27.95	2
4	Susan Omope	EX - Orion Harriers	28.64	3
5	Zoe Barracks	EX - Orion Harriers	29.77	4
---	Michelle Manyewe	EX - Cecil Jones College	DNS	

Event 98 U15 Girls - 300M

Final (T1) - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
1	Lucy Shaw	EX - Southend A C	45.16	1
2	Jade Ajagun-Brauns	EX - Colchester Harriers	47.29	2
3	Holly Moore	EX - William Edwards School	47.70	3
4	Philippa Davenall	EX - Colchester Harriers	48.66	4
5	Paris Missons	EX - William Edwards School	52.08	5

Event 99 U15 Girls - 800M

Prelims (T58)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Rosa Prideaux	EX - Chelmsford A C	2:39.63 Q
2	Georgina Sturgeon	EX - Colchester & Tendring A C	2:43.29
3	Sian Hicks	EX - Colchester & Tendring A C	2:53.45

4	Briony Findlay	EX - Basildon A C	2:56.92
5	Kate McRoy	S N H A C	2:58.18
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

Heat 2

1	Jodie Judd	EX - Castle View School	2:27.53 Q
2	Lucy Kidwell	EX - Southend A C	2:32.15 q
3	Katie Inch	EX - Orion Harriers	2:40.26 q
4	Gabriella Pearson	EX - Southend A C	2:49.03
5	Amy Shildrake	EX - Chelmsford A C	2:58.62
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

Heat 3

1	Katherine-Jayne Watts	EX - Colchester Harriers	2:30.80 Q
2	Amy Bagge	EX - Havering Mayesbrook A C	2:41.64 q
3	Daisy Pointing	EX - Basildon A C	2:42.27
4	Erin Breen	Herts Phoenix A C	2:42.69
5	Regan Doyle	EX - Cecil Jones College	3:04.90
6	Sipho Nkomo	EX - Cecil Jones College	4:09.18

Top 1 places + 3 next fastest times advance to next round

Final (T85)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Rosa Prideaux	EX - Chelmsford A C	2:18.37	CBP 1 CBP
2	Jodie Judd	EX - Castle View School	2:20.38	2
3	Lucy Kidwell	EX - Southend A C	2:26.28	3
4	Katherine-Jayne Watts	EX - Colchester Harriers	2:26.66	4
5	Amy Bagge	EX - Havering Mayesbrook A C	2:39.50	5
6	Katie Inch	EX - Orion Harriers	2:48.80	6

Event 100 U15 Girls - 60M Hurdles

Prelims (T11)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Katie Ellis	EX - Chelmsford A C	9.82 Q
2	Isabel Duah	EX - Colchester & Tendring A C	9.97 q
3	Shannon Jameson	EX - Thurrock Harriers	10.14 q
4	Michelle Manyewe	EX - Cecil Jones College	10.34 q
5	Ella Nicholson	EX - Orion Harriers	11.06
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Laura Armorgie	EX - Herts Phoenix A C	10.04 Q
2	Katie Reynolds	Cambridge & Coleridge A C	10.77
3	Holly Moore	EX - William Edwards School	11.34
4	Kate McRoy	S N H A C	11.76
5	Sophie Pyle	S N H A C	11.91
6	Alexandria Leslie	EX - Colchester & Tendring A C	12.07
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

Heat 3

1	Rebecca Pickard	S N H A C	10.45 Q
2	Alyssa Sumun	EX - Thurrock Harriers	11.27
3	Sophia Gibbs	EX - Castle View School	11.35
4	Katie Inch	EX - Orion Harriers	11.58
5	Rebecca Beddall	S N H A C	11.74
---	Coco Day	Dacorum & Tring A C	DNS

Top 1 places + 3 next fastest times advance to next round

Final (T20)

Event 100 U15 Girls - 60M Hurdles

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Katie Ellis	EX - Chelmsford A C	9.63	1
2	Laura Armorgie	EX - Herts Phoenix A C	9.74	2
3	Shannon Jameson	EX - Thurrock Harriers	9.95	3
4	Isabel Duah	EX - Colchester & Tendring A C	10.07	4
5	Rebecca Pickard	S N H A C	10.28	
6	Michelle Manyewe	EX - Cecil Jones College	11.98	5

Event 101 U15 Girls - High Jump

Final (F11)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Laura Armorgie	EX - Herts Phoenix A C	1.56 CBP	1
2	Naomi Harryman	EX - Harlow A C	1.50	2
3	Coco Day	Dacorum & Tring A C	1.45	
4	Rebecca Pickard	S N H A C	1.40	
5	Martha Huggins	S N H A C	1.40	
5	Bethany Harley	S N H A C	1.40	
7	Rebecca Beddall	S N H A C	1.35	
8	Michelle Manyewe	EX - Cecil Jones College	1.35	3
9	Adele Stacey	EX - Southend A C	1.35	4
10	Katie Reynolds	Cambridge & Coleridge A C	1.30	
11	Melissa Cleary	EX - Orion Harriers	1.25	5
11	Rebecca Millard	EX - Chelmsford A C	1.25	6
13	Katie Inch	EX - Orion Harriers	1.20	7

Event 102 U15 Girls - Pole Vault

Final (F2)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Martha Huggins	S N H A C	2.40

Event 103 U15 Girls - Long Jump

Final (F1)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Ellie Savva	EX - Braintree & District A C	5.02	1
2	Coco Day	Dacorum & Tring A C	4.80	

3	Rhiannon Howard	EX - Braintree & District A C	4.49	2
4	Beth James	EX - Thurrock Harriers	4.25	3
5	Megan Roberts	Biggleswade A C	4.23	
6	Ella Nicholson	EX - Orion Harriers	4.18	4
7	Holly Moore	EX - William Edwards School	4.08	5
8	Amy Coleman	EX - Braintree & District A C	4.07	6
9	Natasha Bird	EX - Chelmsford A C	4.07	7
10	Gabriella Pearson	EX - Southend A C	3.96	8
11	Alyssa Sumun	EX - Thurrock Harriers	3.86	9
12	Abigail Aderibigbe	EX -St Angela Ursuline	3.77	10
13	Rebecca Beddall	S N H A C	3.62	
14	Sophia Gibbs	EX - Castle View School	3.60	11
15	Courtney Bland	EX - Colchester & Tendring A C	3.46	12
16	Jenny Lawrence	EX - Chelmsford A C	2.47	13

Event 104 U15 Girls - Shot Putt

Final (F16)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Essex</u>
Flight 1				
1	Katie Reynolds	Cambridge & Coleridge A C	9.00	
2	Coco Day	Dacorum & Tring A C	8.95	
3	Georgia Wright	EX - Castle View School	8.51	1
4	Kate McRoy	S N H A C	8.30	
5	Rhiannon Howard	EX - Braintree & District A C	8.18	2
6	Holly Adeniji	EX - William Edwards School	8.10	3
7	Olivia Bullis	EX - Basildon A C	7.76	4
8	Philippa Davenall	EX - Colchester Harriers	7.21	5
9	Tolu Akingbade	EX - Havering Mayesbrook A C	6.95	6
10	Beth James	EX - Thurrock Harriers	6.82	7
11	Bethany Harley	S N H A C	6.71	
12	Maisie Cassidy	Cambridge & Coleridge A C	6.13	
13	Ayi Spark	EX - William Edwards School	6.06	8
14	Shelley Oubonna	EX - Cecil Jones College	6.04	9
15	Courtney Bland	EX - Colchester & Tendring A C	4.81	10

Event 105 U15 Girls - 1 Mile Walk

Final (T73)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Time</u>	<u>Essex</u>
Heat 1					
Wind: NW1					
1	Lauren Kemp	Cornelius Vermuyden	12:55.6	CBI	1 CBP

Event 106 U13 Girls - 60M

Prelims (T30)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Madison Stubbs	City of Norwich A C	8.81 Q
2	Jesscia Down	EX - Chelmsford A C	8.85 Q
3	Precious Cole	EX - William Edwards School	9.29 q

4	Hannah Greenhalgh	West Norfolk A C	10.29
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

Heat 2

1	Caitlin O'Reilly	EX - Colchester & Tendring A C	8.88 Q
2	Emily Russell	Harrow A C	9.00 Q
3	Dominica Seri	EX - Cecil Jones College	9.05 q
4	Shirley Acquah-Davis	EX - Basildon A C	9.82

Top 2 places + 2 next fastest times advance to next round

Final (T49)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Madison Stubbs	City of Norwich A C	8.76	
2	Caitlin O'Reilly	EX - Colchester & Tendring A C	8.87	1
3	Emily Russell	Harrow A C	8.88	
4	Jesscia Down	EX - Chelmsford A C	8.96	2
5	Dominica Seri	EX - Cecil Jones College	9.00	3
6	Precious Cole	EX - William Edwards School	9.21	4

Event 107 U13 Girls - 200M

Final (T62)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Amber Hornbuckle	EX - Enfield & Haringey A C	28.38	1
2	Sian Richefond	EX - Orion Harriers	28.56	2
3	Caitlin O'Reilly	EX - Colchester & Tendring A C	30.21	3
4	Shirley Acquah-Davis	EX - Basildon A C	32.70	4
5	Rhianna Buaku	EX - Orion Harriers	34.33	5

Event 108 U13 Girls - 800M

Final (T25)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Essex</u>
Heat 1				
1	Isabella Hoy	EX - Orion Harriers	2:36.99	1
2	Nancy Callagher	EX - Orion Harriers	2:45.03	2
3	Rebecca Brown	EX - Havering Mayesbrook A C	2:45.52	3
4	Ellie Mapp	EX - Orion Harriers	2:54.52	4
5	Lucy Brown	EX - Basildon A C	2:55.51	5
6	Sydney Johnson	EX - William Edwards School	3:10.81	6
7	Daisy Partridge	EX - Braintree & District A C	3:14.82	7
8	Chloe Townsend	EX - William Edwards School	3:22.75	8

Event 109 U13 Girls - 60M Hurdles

Prelims (T9)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Amber Hornbuckle	EX - Enfield & Haringey A C	9.83
2	Jesscia Down	EX - Chelmsford A C	10.59

3 Lucy Dodd EX - Orion Harriers 12.28

4 Chloe Townsend EX - William Edwards School 14.79

Name Affiliation Time

Heat 2

1 Emily Russell Harrow A C 10.23

2 Alisha Levy S N H A C 10.81

3 Caitlin O'Reilly EX - Colchester & Tendring A C 11.05

4 Hannah Greenhalgh West Norfolk A C 12.61

Final

Name Affiliation Time Essex

Heat 1

1 Amber Hornbuckle EX - Enfield & Haringey A C 9.83 CBP 1 CBP

2 Emily Russell Harrow A C 10.05

3 Jesscia Down EX - Chelmsford A C 10.67 2

4 Alisha Levy S N H A C 10.85

5 Caitlin O'Reilly EX - Colchester & Tendring A C 11.66 3

6 Lucy Dodd EX - Orion Harriers 12.26 4

Event 110 U13 Girls - High Jump

Final (F10)

Name Affiliation Mark Essex

Flight 1

1 Harriett Bruce Hunts A C 1.20

2 Alisha Levy S N H A C 1.15

3 Oluwabukola Okesade EX -St Angela Ursuline 1.10 1

--- Dominica Seri EX - Cecil Jones College NH

Event 111 U13 Girls - Long Jump

Final (F12)

Name Affiliation Mark Essex

Flight 1

1 Caitlin O'Reilly EX - Colchester & Tendring A C 4.29 1

2 Jesscia Down EX - Chelmsford A C 4.26 2

3 Madison Stubbs City of Norwich A C 3.88

4 Dominica Seri EX - Cecil Jones College 3.78 3

5 Hannah Greenhalgh West Norfolk A C 3.67

6 Lucy Dodd EX - Orion Harriers 3.39 4

7 Precious Cole EX - William Edwards School 3.24 5

8 Sydney Johnson EX - William Edwards School 3.02 6

Event 114 U13 Girls - Shot Putt

Final (F15)

Name Affiliation Mark Essex

Flight 1

1 Alisha Levy S N H A C 9.09 CBP

2 Katie Head EX - William Edwards School 8.31 1

3 Madison Stubbs City of Norwich A C 6.75

4	Temi Fernandez	EX - William Edwards School	6.43	2
5	Oluwabukola Okesade	EX -St Angela Ursuline	6.35	3
6	Nancie Steele	EX - William Edwards School	5.44	4
7	Daisy Partridge	EX - Braintee & District A C	5.12	5

