

Essex Cross Country League (5)

Sponsored by Runners Edge

Chingford

14/01/2012

Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time	<u>Final Individual Standings</u>				
1	SW	Joel, Alexa	Havering M	22: 25	61	V35	Williams, Kirsty	Springfield S	49	1	Judd, Jessica	Chelmsford	U17	4
2	U20	Blake, Poppy	Chelmsford	23: 41	62	V55	Jarvis, Margaret	Chelmsford	52	2	Joel, Alexa	Havering M	SW	8
3	SW	Whitfield, Anna	Basildon	24: 59	63	SW	Ackroyd, Jenny	Dagenham 88	34: 05	3	Thurgood, Claire	Orion H	SW	25
4	SW	Ballard, Dominique	Benfleet	25: 03	64	SW	Buckler, Roma	Phoenix	20	4	Smith, Vicky	Havering M	SW	28
5	SW	Peppiatt, Charlotte	Benfleet	14	65	V55	Hobbs, Jean	Loughton	26	5	Sutton, Carys	Chelmsford	SW	37
6	SW	Smith, Vicky	Havering M	21	66	V45	Gilham, Sally	Ilford	49	6	Jeffery, Sarah	Southend	SW	39
7	V45	Sollars, Loretta	East Essex Tri G	31	67	V45	MacQueen, Andrea	Orion H	53	7	Morley, Denise	Colchester H	V35	41
8	SW	Jeffery, Sarah	Southend	26: 16	68	SW	De Sousa, Francesca	Pitsea	35: 03	8	Mhlanga, Sally	Chelmsford	V35	52
9	V35	Morley, Denise	Colchester H	18	69	SW	Whisken, Hayley	Southend	05	9	Stunt, Catherine	Benfleet	V35	58
10	SW	Bredin, Nicola	Basildon	34	70	SW	Knowles, Sarah	Springfield S	12	10	Lagden, Natasha	Southend	V35	61
11	V35	Flannigan, Rachel	Pitsea	36	71	V35	Roberts, Ruth	Phoenix	26	11	Flannigan, Rachel	Pitsea	V35	67
12	V35	Mhlanga, Sally	Chelmsford	45	72	V45	Smith, Debbie	Phoenix	41	12	Latham, Louisa	Benfleet	SW	68
13	SW	Sutton, Carys	Chelmsford	48	73	V55	Vine, Susan	Phoenix	55	13	Real, Helen	Loughton	SW	82
14	V35	Stunt, Catherine	Benfleet	27: 21	74	V35	Bough, Parmay	Orion H	59	14	Thompson, Angela	Havering M	V35	85
15	V35	Watson, Jacqui	Benfleet	36	75	V35	Maslen, Nicola	Phoenix	36: 10	15	Francis, Debra	Benfleet	SW	99
16	SW	Latham, Louisa	Benfleet	28: 03	76	V35	Ackland, Sacha	Orion H	14	16	Gaffney, Lorna	Loughton	V35	101
17	V35	Clifford, Liza	Orion H	11	77	U20	Timpson, Melissa	Orion H	21	17	Pyle, Nicola	Springfield S	V45	115
18	SW	Real, Helen	Loughton	28	78	V55	Flannigan, Teresa	Pitsea	37	18	Crisp, Dianne	Ilford	V45	125
19	V35	Thompson, Angela	Havering M	46	79	SW	Westwood, Bobby	Havering M	39	19	Tanner, Lynn	Springfield S	V55	133
20	V35	Alexandrou, Tracey	Springfield S	49	80	V65	Jones, Pam	Ilford	46	20	Gifford, Sian	CATS	V35	135
21	SW	Knapman, Mary	Loughton	52	81	V45	Bradbury, Rachel	Orion H	37: 25	21	Perrin, Julie	Southend	V35	139
22	V45	Inch, Christine	Orion H	29: 04	82	V45	Missen, Elspeth	Chelmsford	32	22	Mathers, Vanessa	Southend	V35	140
23	SW	Francis, Debra	Benfleet	09	83	V45	Petersen, Irena	Loughton	43	23	Shillaker, Gaye	Loughton	V45	145
24	SW	Patel, Paula	Mid Essex Cas	21	84	V45	Goodwin, Sarah	Springfield S	38: 26	24	Moore, Melanie	Colchester H	V45	157
25	V45	Crisp, Dianne	Ilford	32	85	V45	St John Coleman, Clare	Chelmsford	41	25	Panting, Mel	Southend	V55	164
26	SW	Legg, Angie	Orion H	48	86	V45	Harwood, Gwen	Loughton	43	26	Heeks, Anne	Loughton	V45	169
27	V45	Pyle, Nicola	Springfield S	52	87	V45	Stanton, Sandra	Springfield S	45	27	Rolerkite, Lindsey	Braintree	V35	171
28	SW	Waugh, Caire	Orion H	54	88	V45	Frewin, Jackie	Dagenham 88	56	28	Stannard, Annette	Southend	V35	189
29	V35	Bateman, Helen	Springfield S	55	89	V45	Hawkins, Nicola	Phoenix	39: 47	29	Hallam, Jane	Havering M	V35	196
30	V45	Ling, Melanie	Southend	57	90	V45	Davis, Michaela	Loughton	40: 10	30	Jarvis, Margaret	Chelmsford	V55	215
31	SW	Smith, Madeline	Braintree	57	91	SW	Espeute, Heather	Orion H	41: 21	31	Williams, Kirsty	Springfield S	V35	226
32	SW	Hall, Liz	Orion H	58	92	V45	Holford, Kay	Orion H	51	32	Minton, Tracey	Chelmsford	V45	228
33	V35	Gaffney, Lorna	Loughton	30: 00	93	V45	Burston, Nicola	Phoenix	42: 09	33	Buckler, Roma	Phoenix	SW	238
34	V35	Perrin, Julie	Southend	16	94	SW	Isborne, Kalli	Phoenix	62: 00	34	Smith, Debbie	Phoenix	V45	254
35	V35	Mathers, Vanessa	Southend	17						35	Vine, Susan	Phoenix	V55	264
36	V35	Driver, Sarah	Thurrock H	24						36	Maslen, Nicola	Phoenix	V35	272
37	V45	Shillaker, Gaye	Loughton	27						37	Timpson, Melissa	Orion H	U20	273
38	V55	Tanner, Lynn	Springfield S	31						38	Petersen, Irena	Loughton	V45	282
39	V45	Moore, Melanie	Colchester H	35						39	Stanton, Sandra	Springfield S	V45	288
40	V35	Rolerkite, Lindsey	Braintree	39		1	Benfleet		38	40	Goodwin, Sarah	Springfield S	V45	289
41	V55	Panting, Mel	Southend	41		2	Havering M		70	41	Harwood, Gwen	Loughton	V45	301
42	V45	Heeks, Anne	Loughton	43		3	Chelmsford		86	42	Davis, Michaela	Loughton	V45	305
43	SW	Sheehan, Jenny	Ilford	44		4	Orion H		93	43	Burston, Nicola	Phoenix	V45	313
44	SW	Foley, M	Havering M	46		5	Southend		107	44	Hawkins, Nicola	Phoenix	V45	314
45	SW	Wenman, Sarah	Springfield S	48		6	Loughton		109					
46	V45	Sheffield, Josie	Braintree	49		7	Springfield S		114					
47	SW	Armitage, Mary	Orion H	31: 02		8	Ilford		214					
48	SW	Ward, Juliett	Havering M	13		9	Phoenix		280					
49	V35	Baker, Amanda	Southend	23		10	Colchester H		105 (3)					
50	V45	Webster, Fran	Benfleet	46		11	Braintree		117 (3)					
51	V55	Read, Wendy	Billericay S	32: 00		12	Pitsea		157 (3)					
52	V45	Robinson, Julie	Orion H	04		13	Basildon		13 (2)					
53	SW	Page, Jennie	Benfleet	09		14	Dagenham 88		151 (2)					
54	V55	Wooller, Diane	CATS	14		15	Mid Essex Cas		24 (1)					
55	V35	Wetherall, Aleta	Orion H	17		16	Thurrock H		36 (1)					
56	SW	Taylor, Alison	Orion H	19		17	Billericay S		51 (1)					
57	V45	Wilson, Tonie	Colchester H	46		18	CATS		54 (1)					
58	V35	Cook, Alison	Springfield S	57										
59	SW	Jarvis, Lizzie	Chelmsford	33: 03										
60	V45	Crompton, Sue	Southend	12										

Team Result