

Essex Cross Country League (4)

Sponsored by Runners Edge

Colchester

17/12/2011

Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time	<u>Individual Standings after 4 races</u>				
1	U17	Judd, Jessica	Chelmsford	22: 14	51	SW	Whisken, Hayley	Southend	22	1	Judd, Jessica	Chelmsford	U17	3
2	SW	Whitmarsh, Karen	Basildon	24: 04	52	V55	Hobbs, Jean	Loughton	43	2	Joel, Alexa	Havering M	SW	7
3	SW	Thurgood, Claire	Orion H	15	53	V45	De Smedt, Beryl	Phoenix	34: 04	3	Appleton, Debbie	Havering M	V35	11
4	V35	Allen, June	Springfield S	21	54	V45	MacQueen, Andrea	Orion H	08	4	Thurgood, Claire	Orion H	SW	15
5	SW	DeVilliers, Natalie	Chelmsford	23	55	SW	Knowles, Sarah	Springfield S	40	5	Smith, Vicky	Havering M	SW	22
6	SW	Smith, Vicky	Havering M	27	56	U20	Timpson, Melissa	Orion H	43	6	DeVilliers, Natalie	Chelmsford	SW	23
7	V35	Oakman, Annette	Colchester H	28	57	V55	Flannigan, Teresa	Pitsea	35: 02	7	Sutton, Carys	Chelmsford	SW	26
8	SW	Ballard, Dominique	Benfleet	52	58	V35	Callaghan, Nicole	Springfield S	31	8	Jeffery, Sarah	Southend	SW	31
9	SW	Sutton, Carys	Chelmsford	25: 15	59	V45	Petersen, Irena	Loughton	57	9	Morley, Denise	Colchester H	V35	32
10	V35	Morley, Denise	Colchester H	25	60	V45	Goodwin, Sarah	Springfield S	36: 12	10	Mhlanga, Sally	Chelmsford	V35	40
11	SW	Nunn, Ruth	Billericay S	33	61	V45	Stanton, Sandra	Springfield S	52	11	Lagden, Natasha	Southend	V35	44
12	V35	Mhlanga, Sally	Chelmsford	45	62	V45	Harwood, Gwen	Loughton	57	12	Stunt, Catherine	Benfleet	V35	44
13	SW	Bredin, Nicola	Basildon	47	63	V45	St John Coleman, Clare	Chelmsford	37: 56	13	Latham, Louisa	Benfleet	SW	52
14	V45	Higgs, Lynn	Colchester H	50	64	V45	Burston, Nicola	Phoenix	38: 42	14	Flannigan, Rachel	Pitsea	V35	56
15	V45	Anthony, Christine	West Suffolk	59	65	SW	Espeute, Heather	Orion H	39: 30	15	Real, Helen	Loughton	SW	64
16	SW	Hodgkiss, Kate	Harwich Gst	26: 13	66	V45	Davis, Michaela	Loughton	40: 18	16	Thompson, Angela	Havering M	V35	66
17	V35	Lagden, Natasha	Southend	18	67	V45	Bannock, Sue	Phoenix	42: 25	17	Cumner, Ellie	CATS	SW	71
18	SW	Hayes, Vicky	Chelmsford	21	68	SW	Isborne, Kalli	Phoenix	50: 06	18	Gaffney, Lorna	Loughton	V35	73
19	V35	Stunt, Catherine	Benfleet	29						19	Francis, Debra	Benfleet	SW	76
20	V35	Flannigan, Rachel	Pitsea	30						20	Pyle, Nicola	Springfield S	V45	88
21	SW	Daly, Samantha	Southend	44						21	Gifford, Sian	CATS	V35	91
22	SW	Shrewbrige, Laura	Tiptree	49						22	Tanner, Lynn	Springfield S	V55	95
23	SW	Latham, Louisa	Benfleet	55						23	Crisp, Dianne	Ilford	V45	100
24	V35	Smith, Jo	Chelmsford	27: 03						24	Perrin, Julie	Southend	V35	105
25	V35	Thompson, Angela	Havering M	31						25	Mathers, Vanessa	Southend	V35	105
26	SW	Francis, Debra	Benfleet	45						26	Shillaker, Gaye	Loughton	V45	108
27	V45	Inch, Christine	Orion H	57						27	Moore, Melanie	Colchester H	V45	118
28	V35	Gaffney, Lorna	Loughton	28: 05						28	Tonek-Bonnet, Hana	Chelmsford	SW	121
29	SW	Patel, Paula	Mid Essex Cas	07						29	Panting, Mel	Southend	V55	123
30	V45	Crisp, Dianne	Ilford	11						30	Heeks, Anne	Loughton	V45	127
31	SW	Hammond, Sarah	Springfield S	24						31	Rolerkite, Lindsey	Braintree	V35	131
32	V35	Perrin, Julie	Southend	26						32	Stannard, Annette	Southend	V35	137
33	V35	Mathers, Vanessa	Southend	39						33	Hallam, Jane	Havering M	V35	143
34	V55	Panting, Mel	Southend	48						34	Jarvis, Margaret	Chelmsford	V55	153
35	SW	Tonek-Bonnet, Hana	Chelmsford	59						35	Minton, Tracey	Chelmsford	V45	158
36	V35	Gifford, Sian	CATS	29: 01						36	Williams, Kirsty	Springfield S	V35	165
37	V35	Gordon, Claire	Witham	04						37	Fribbens, Dorinda	Braintree	V45	166
38	V45	Ling, Melanie	Southend	15						38	De Smedt, Beryl	Phoenix	V45	170
39	V45	Shillaker, Gaye	Loughton	18						39	Buckler, Roma	Phoenix	SW	174
40	V35	Rolerkite, Lindsey	Braintree	37						40	Hobbs, Jean	Loughton	V55	177
41	V45	Moore, Melanie	Colchester H	30: 10						41	Smith, Debbie	Phoenix	V45	182
42	V45	Webster, Fran	Benfleet	20						42	Knowles, Sarah	Springfield S	SW	186
43	V35	Stannard, Annette	Southend	36						43	Vine, Susan	Phoenix	V55	191
44	V35	Hallam, Jane	Havering M	51						44	Maslen, Nicola	Phoenix	V35	197
45	V35	Wetherall, Aleta	Orion H	31: 04						45	Timpson, Melissa	Orion H	U20	198
46	SW	Page, Jennie	Benfleet	17						46	Petersen, Irena	Loughton	V45	204
47	V35	Cook, Alison	Springfield S	40						47	Goodwin, Sarah	Springfield S	V45	206
48	V55	Jarvis, Margaret	Chelmsford	55						48	Stanton, Sandra	Springfield S	V45	208
49	V45	Minton, Tracey	Chelmsford	32: 52						49	Harwood, Gwen	Loughton	V45	217
50	V45	Gilham, Sally	Ilford	33: 08						50	Burston, Nicola	Phoenix	V45	220
										51	Davis, Michaela	Loughton	V45	220
										52	Hawkins, Nicola	Phoenix	V45	225
										53	Potter, Dawn	Springfield S	V45	229

Team Result

1	Chelmsford	27
2	Colchester H	72
3	Benfleet	76
4	Southend	103
5	Orion H	129
6	Springfield S	137
7	Loughton	178
8	Phoenix	252
9	Havering M	75 (3)
10	Basildon	15 (2)
11	Pitsea	77 (2)
12	Ilford	80 (2)
13	Billericay S	11 (1)
14	West Suffolk	15 (1)
15	Tiptree	22 (1)
16	Mid Essex Cas	29 (1)
17	CATS	36 (1)
18	Witham	37 (1)
19	Braintree	40 (1)