

# Essex Cross Country League (3)

Sponsored by Runners Edge

## Benfleet

19/11/2011

## Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time	<u>Individual Standings after 3 races(First 60 Only)</u>				
1	U17	Judd, Jessica	Chelmsford	23: 10	61	V55	Vine, Susan	Phoenix	42	1	Judd, Jessica	Chelmsford	U17	2
2	SW	Joel, Alexa	Havering M	27	62	V55	Hobbs, Jean	Loughton	52	2	Joel, Alexa	Havering M	SW	4
3	V35	Appleton, Debbie	Havering M	24: 50	63	SW	Whisken, Haley	Southend	56	3	Appleton, Debbie	Havering M	V35	7
4	SW	Whitfield, Anna	Basildon	25: 40	64	V35	Maslen, Nicola	Phoenix	37: 10	4	Rogers, Nicola	Basildon	SW	10
5	SW	Thurgood, Claire	Orion H	57	65	V45	MacQueen, Andrea	Orion H	27	5	Thurgood, Claire	Orion H	SW	12
6	SW	DeVilliers, Natalie	Chelmsford	26: 26	66	V45	Robinson, Catherine	Thrift Green T	40	6	Smith, Vicky	Havering M	SW	16
7	SW	Wheat, Stacey	Colchester H	28	67	SW	Knowles, Sarah	Springfield S	38: 00	7	Sutton, Carys	Chelmsford	SW	17
8	SW	Smith, Vicky	Havering M	33	68	U20	Timpson, Melissa	Orion H	17	8	DeVilliers, Natalie	Chelmsford	SW	18
9	SW	Jeffery, Sarah	Southend	38	69	U17	Williams, Apphia	SEEVIC	59	8	Jeffery, Sarah	Southend	SW	18
10	SW	Matson, Robyn	Havering M	43	70	V55	Flannigan, Teresa	Pitsea	39: 18	10	Morley, Denise	Colchester H	V35	22
11	SW	Sutton, Carys	Chelmsford	54	71	V45	Petersen, Irena	Loughton	34	11	Stunt, Catherine	Benfleet	V35	27
12	V35	Morley, Denise	Colchester H	27: 13	72	V45	Goldsmith, Maxine	Phoenix	40: 00	12	Mhlanga, Sally	Chelmsford	V35	28
13	V35	Mhlanga, Sally	Chelmsford	43	73	V45	Hawkins, Nicola	Phoenix	00	13	Lagden, Natasha	Southend	V35	29
14	SW	Nunn, Ruth	Billericay S	28: 08	74	V45	Goodwin, Sarah	Springfield S	10	14	Brown, Grace	Basildon	SW	32
15	V35	Lagden, Natasha	Southend	11	75	V45	Potter, Dawn	Springfield S	41: 33	14	Latham, Louisa	Benfleet	SW	32
16	V35	Stunt, Catherine	Benfleet	19	76	v45	Stanton, Sandra	Springfield S	34	16	Flannigan, Rachel	Pitsea	V35	36
17	V35	Flannigan, Rachel	Pitsea	34	77	V45	Davis, Michaela	Loughton	55	16	Real, Helen	Loughton	SW	36
18	SW	Cumner, Ellie	CATS	39	78	SW	Gordon, Nicky	Pitsea	43: 15	18	Cumner, Ellie	CATS	SW	39
19	SW	Real, Helen	Loughton	43	79	V45	Harwood, Gwen	Loughton	46: 25	19	Sullivan, Jo	Havering M	V35	40
20	SW	Latham, Louisa	Benfleet	53	80	V35	Wadley, Caroline	Orion H	49: 22	20	Thompson, Angela	Havering M	V35	41
21	V35	Thompson, Angela	Havering M	57						21	Gaffney, Lorna	Loughton	V35	45
22	V35	Watson, Jacqui	Benfleet	59						22	Edwards, Jade	Havering M	SW	50
23	SW	Edwards, Jade	Havering M	29: 09						22	Francis, Debra	Benfleet	SW	50
24	V35	Sullivan, Jo	Havering M	16						24	Pyle, Nicola	Springfield S	V45	53
25	V35	Prideaux, Emma	Billericay S	28						25	Slack, Debbie	Benfleet	SW	54
26	V45	Pyle, Nicola	Springfield S	30: 03						26	Prideaux, Emma	Billericay S	V35	55
27	SW	Francis, Debra	Benfleet	05						26	Gifford, Sian	CATS	V35	55
28	V35	Gaffney, Lorna	Loughton	11						28	Tanner, Lynn	Springfield S	V55	62
29	SW	Slack, Debbie	Benfleet	17						29	Davis-Ward, Teresa	Basildon	SW	64
30	SW	Davis-Ward, Teresa	Basildon	19						30	Pinner, Jayne	Thrift Green T	V35	68
31	V55	Tanner, Lynn	Springfield S	22						31	Shillaker, Gaye	Loughton	V45	69
32	V35	Perrin, Julie	Southend	31						32	Crisp, Dianne	Ilford	V45	70
33	V35	Mathers, Vanessa	Southend	36						33	Mathers, Vanessa	Southend	V35	72
34	V45	Crisp, Dianne	Ilford	54						34	Pegg, Hayley	Chelmsford	SW	73
35	V45	Shillaker, Gaye	Loughton	31: 10						34	Perrin, Julie	Southend	V35	73
36	SW	Tonek-Bonnet, Hana	Chelmsford	14						34	Driver, Sarah	Thurrock H	V35	73
37	V45	Sheffield, Josie	Braintree	24						37	Moore, Melanie	Colchester H	V45	77
38	SW	Sheehan, Jenny	Ilford	33						38	Heeks, Anne	Loughton	V45	80
39	V45	Heeks, Anne	Loughton	40						39	Sheffield, Josie	Braintree	V45	83
40	V45	Moore, Melanie	Colchester H	44			1 Havering M		23	40	Timbrell, Jodie	Thrift Green T	SW	86
41	V45	Holmes, Beverley	Colchester H	50			2 Chelmsford		31	40	Tonek-Bonnet, Hana	Chelmsford	SW	86
42	SW	Buck, Lauren	Springfield S	55			3 Benfleet		85	42	Panting, Mel	Southend	V55	89
43	SW	Timbrell, Jodie	Thrift Green T	56			4 Southend		89	43	Rolerkite, Lindsey	Braintree	V35	91
44	V35	Gifford, Sian	CATS	32: 05			5 Loughton		121	44	Ward, Juliett	Havering M	SW	98
45	V55	Panting, Mel	Southend	06			6 Springfield S		151	45	Hallam, Jane	Havering M	V35	99
46	V35	Rolerkite, Lindsey	Braintree	23			7 Ilford		180	46	Jarvis, Margaret	Chelmsford	V55	105
47	V35	Stannard, Annette	Southend	48			8 Orion H		218	46	Williams, Kirsty	Springfield S	V35	105
48	V45	Sheridan, Eileen	Ilford	33: 00			9 Phoenix		230	48	Minton, Tracey	Chelmsford	V45	109
49	V35	Hallam, Jane	Havering M	05			10 Colchester H		59 (3)	49	Fribbens, Dorinda	Braintree	V45	110
50	SW	Ward, Juliett	Havering M	36			11 Braintree		138 (3)	50	Buckler, Roma	Phoenix	SW	112
51	V55	Jarvis, Margaret	Chelmsford	34: 29			12 Thrift Green T		150 (3)	51	Roberts, Ruth	Phoenix	V35	114
52	V35	Williams, Kirsty	Springfield S	35: 06			13 Pitsea		165 (3)	52	De Smedt, Beryl	Phoenix	V45	117
53	SW	Buckler, Roma	Phoenix	14			14 Basildon		34 (2)	52	Crompton, Sue	Southend	V45	117
54	V35	Golan, Jenny	Havering M	28			15 Billericay S		39 (2)	52	Smith, Debbie	Phoenix	V45	117
55	V45	Fribbens, Dorinda	Braintree	39			16 CATS		62 (2)	55	Golan, Jenny	Havering M	V35	121
56	SW	Page, Jennie	Benfleet	46						56	Vine, Susan	Phoenix	V55	122
57	V35	Roberts, Ruth	Phoenix	36: 02						57	Hobbs, Jean	Loughton	V55	125
58	V45	Minton, Tracey	Chelmsford	04						58	Maslen, Nicola	Phoenix	V35	126
59	V45	Smith, Debbie	Phoenix	07						59	Knowles, Sarah	Springfield S	SW	131
60	V65	Jones, Pam	Ilford	30						60	Westwood, Bobby	Havering M	SW	139

Team Result