

**RESULT OF THE WARE CUP 5-MILE CROSS COUNTRY RACE
10th DECEMBER 2011 - LOUGHTON**

1.	Ben Hall (Orion)	28:30
2.	Tom Heslop (VPH/TH)	28:49
3.	Ben Wickham (VPH/TH)	29:03
4.	Brian Jenkins (Orion)	29:23
5.	Neil Cook (VPH/TH)	29:30
6.	Gary Bagnall (VPH/TH) (V40)	29:40
7.	Tom McNeill (VPH/TH)	30:06
8.	Eric Paul (Orion) (V50)	30:08
9.	Tony Lashmar (VPH/TH)	30:11
10.	Colin Jacobs (VPH/TH) (V40)	30:59
11.	Simeon Bennett (VPH/TH)	31:02
12.	Alex Gounelas (Eton Manor)	31:03 W1
13.	Neil Swift (Orion) (V45)	31:11
14.	Duncan Steen (VPH/TH)	31:28
15.	Rodney - (VPH/TH)	31:33
16.	Danny Rose (Orion) (V40)	32:04
17.	Steve Watkins (Eton Manor) (V45)	32:20
18.	Kate Malcolm (Eton Manor) (V35)	32:36 W2
19.	Ian Lambert (Eton Manor) (V50)	33:01
20.	Bix Hall (Orion)	33:42
21.	Dave Daugirda (Eton Manor) (V45)	33:47
22.	Paul Stockings (Orion) (V50)	33:53
23.	Adrian Frost (Eton Manor) (V50)	33:57
24.	Terry Beackon (VPH/TH) (V40)	34:41
25.	Paul Brandon (Eton Manor) (V40)	34:47
26.	Steve Adams (Eton Manor) (V45)	35:17
27.	Taryne McPherson (Eton M) (V35)	35:22 W3
28.	Bill Bennett (Orion) (V50)	35:41
29.	Dave Tyson (Loughton)	35:47
30.	Stan Greenhalgh (VPH/TH) (V40)	35:53
31.	Graham Hall (Orion) (V50)	36:02
32.	Helen Real (Loughton)	36:10 W4
33.	Rob Sargent (Loughton)	36:30
34.	Roger Berry (Orion) (V60)	36:37
35.	Glen Gosling (Orion)	36:43
36.	Lorna Gaffney (Loughton) (V40)	36:54 W5
37.	Sharon Boustor (Eton Manor)	37:00 W6
38.	Joanne Plumb (Loughton) (V40)	37:07 W7
39.	Jim Whiffin (Loughton) (V55)	37:10
40.	Dave Shortridge (VPH/TH) (V40)	37:13
41.	Joe Feltham (VPH/TH)	37:18
42.	Ella Smith (Orion)	37:31 W8
43.	Dave Wilkie (VPH/TH) (V40)	37:51
44.	Clive Mills (Orion)	38:18
45.	Claire Wagh (Eton Manor)	38:21 W9
46.	Alison Taylor (Orion)	38:28 W10
47.	Laura Morgan (VPH/TH)	38:28 W11
48.	Alan Godbold (Orion) (V40)	38:30
49.	G Bartlett (Orion)	38:35
50.	Gay Shillaker (Loughton) (V50)	38:41 W12
51.	Steve Dunn (Eton Manor)	38:48
52.	Zoe Woodward (Eton Manor) (V45)	39:00 W13
53.	John Few (Eton Manor) (V65)	39:03

54. Jeff Fowler (VPH/TH) (V50)	39:13
55. Patrick Robinson (Eton Manor) (V50)	39:21
56. Mary Armitage (Orion) (V45)	39:30 W14
57. Louise Vacher (Eton Manor) (V45)	39:48 W15
58. George Georgiou (Loughton) (V50)	40:00
59. June Barrow-Green (VPH/TH) (V55)	40:13 W16
60. David Hobbs (Loughton) (V60)	40:18
61. A Gasbutowicz (VPH/TH) (V50)	40:56
62. Claire Fisher (Eton Manor)	41:45 W17
63. Terence Curran (VPH/TH) (V50)	42:21
64. Allison Goddard (Eton Manor) (V45)	42:25 W18
65. Francine Bennett (VPH/TH)	42:35 W19
66. Jean Hobbs (Loughton) (V60)	43:18 W20
67. Patricia Carden (VPH/TH) (V45)	43:41 W21
68. Anne De Asha (Orion) (V45)	43:48 W22
69. Ebolum Mordi (VPH/TH)	44:15
70. Jane McCallister (Eton Manor) (V50)	44:19 W23
71. Tom Everitt (Eton Manor) (V75)	44:23
72. Christina Adams (Eton Manor) (V50)	45:05 W24
73. Charlie Crump (Orion) (V75)	46:00
74. Irene Petersen (Loughton) (W45)	46:53 W25
75. Jackie Frewin (Guest - Dag 88)	47:04
76. Pete Deadman (Orion) (V60)	48:32
77. Martin Hockey (Eton Manor) (V40)	49:00 Missed start by about 11 minutes
78. Gwen Harwood (Loughton) (V50)	49:17 W26
79. Heather Espente (Orion) (V45)	51:15 W27
80. Robert Maggio (Eton Manor) (V65)	51:46
81. Teresa Persighetti (Eton Manor) (V55)	51:47 W28
82. Allison Wells (Eton Manor) (V35)	52:11 W29
83. Susan Leeke (VPH/TH) (V35)	54:36 W30
84. Caroline Wadley (Orion) (V45)	58:24 W31

Teams (Scoring six a side)

MEN

1. Victoria Park Harriers/Tower Hamlets (2,3,5,6,7,9)	32 points
2. Orion Harriers (1,4,8,13,16,20)	62 points
3. Eton Manor (17,19,21,23,25,26)	131 points
4. Loughton (29,33,39,58,60,85)	304 points

WOMEN

1. Eton Manor (1,2,3,6,9,13)	34 points
2. Loughton (4,5,7,12,20,25)	73 points
3. Orion Harriers (8,10,14,22,27,31)	112 points
4. Victoria Park Harriers/Tower H (11,16,19,21,30)	129 points