

Comondale Clart
N.Runner/NEHRA Winter Series 2009-10

28-Feb-10
Race 8

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	452	Julian Rank	Holmfirth H	38.24	M45/1/50/50
2	427	Richard Bewell	Wetherby Runners	38.44	M45/2/48/296
3	169	Giles Hawking	Knavesmire AC	39.17	MO/1/50/271
4	171	Jim Mann	Durham FR.	39.24	MO/2/48/250
5	218	Rob Jones	Chester Tri.	40.04	MO/3/46/80
6	548	Peter Wilkin.	Thirsk & Sowerby	40.20	M50/1/50/50
7	358	Noel Clough	Thirsk & Sowerby	40.42	M40/1/50/50
8	240	Simon Johnson	South Shields H	41.18	MO/4/45/45
9	242	Rob Pilling	Individual#	41.19	MO/5/44/44
10	235	Noel Hitchcock	Durham FR.	41.20	MO/6/43/43
11	320	Cameron Choules	Thirsk & Sowerby	41.29	M40/2/48/128
12	316	Paul Christon	North York Moors	41.56	M40/3/46/274
13	810	Brendan Anglim	North York Moors	42.02	MO/7/42/68
14	323	James Lee	NYP Tri.	42.07	M40/4/45/256
15	549	Stephan Tomaszewski	Thirsk & Sowerby	42.11	M50/2/48/48
16	423	Julian Barwick	North York Moors	42.15	M45/3/46/269
17	180	Mark Tobin	Wetherby Runners	42.43	MO/8/41/186
18	182	Robert Wilson	Individual#	43.00	MO/9/40/154
19	301	Brett Edgeworth	Thirsk & Sowerby	43.03	M40/5/44/86
20	739	Scott Lewis	South Shields H	43.17	MO/10/39/68
21	234	Ian Chapman	Individual#	43.18	MO/11/38/38
22	215	Darren Trotter	Individual#	43.23	MO/12/37/83
23	446	Mark Walker	Individual#	43.29	M45/4/45/88
24	730	Ian Milner	Thirsk & Sowerby	43.40	MO/13/36/41
25	236	Andy Gamble	Individual#	44.17	MO/14/35/35
26	613	David Kirk	H'Pool BR.	44.39	M55/1/50/284
27	357	Paul Atkinson	Thirsk & Sowerby	44.42	M40/6/43/43
28	336	Graeme Addison	Sedgefield AC	45.11	M40/7/42/189
29	16	Kath Aspin	New Marske H.	45.18	F40/1/50/298
30	343	Richard Woods	Bedale & Aiskew	45.24	M40/8/41/144
31	512	Ean Parsons	Sedgefield H	45.42	M50/3/46/262
32	5	Rhona Haslam	Scarborough AC	45.47	FO/1/50/145
33	550	Steven Woods	Pudsey & Bram	45.56	M50/4/45/45
34	195	Richard Lindsay	FRA#	46.10	MO/15/34/122
35	238	Chris Todd	Individual#	46.32	MO/16/33/33
36	24	Gail Bell	Sedgefield H	46.36	FO/2/48/282
37	654	Mike Hetherton	Acorn	47.05	M60/1/50/244
38	168	Matthew Jones	Sedgefield H	47.06	MO/17/32/173
39	445	Dave Bond	Individual#	47.21	M45/5/44/82
40	230	Graeme Shaw	Pocklington Run	47.28	MO/18/31/31
41	6	Hester Cox	Thirsk & Sowerby	47.58	FO/3/46/185
42	605	Bob Lillie	Esk Valley Fell	48.35	M55/2/48/230
43	526	Mark Edwards	Individual#	48.55	M50/5/44/156
44	403	Martin vickers	Acorn	49.07	M45/6/43/81
45	656	Doug Welsh	North York Moors	49.23	M60/2/48/284
46	71	Liz Gray	Individual#	49.28	FO/4/45/45
47	453	Andy Harvey	Pickering AC	49.52	M45/7/42/42

48	523	Paul Lyons	North York Moors	50.00	M50/6/43/194
49	186	Jonathan Guest	Individual#	50.15	MO/19/30/88
50	547	Neil Hunter	North York Moors	50.25	M50/7/42/42
51	607	Nigel Heppell	Elvet Striders	50.32	M55/3/46/187
52	237	Jamiel El-Sharif	Individual#	50.47	MO/20/29/29
53	159	Nick O'Grady	New Marske H.	50.50	MO/21/28/172
54	527	Stewart Vernon	Newton Ayc.	51.10	M50/8/41/182
55	451	Kenny Rae	Thirsk & Sowerby	51.12	M45/8/41/41
56	17	Jane Hamp	Scarborough AC	51.13	F50/1/50/238
57	307	Trevor Wakenshaw	N'land Fell R.	51.37	M40/9/40/224
58	610	Ian Harmer	Pickering AC	51.58	M55/4/45/259
59	188	Andrew Lambe	Quakers AC	52.03	MO/22/27/108
60	535	Dave Johnson	N'land Fell R.	52.05	M50/9/40/186
61	601	Dave Parke	Scarborough AC	53.25	M55/5/44/258
62	55	Carol Morrison	Easingwold AC	53.26	F45/1/50/185
63	162	David Gibson	Individual#	53.47	MO/23/26/108
64	1	Barbara Young	Wednesday AC	53.56	F50/2/48/235
65	410	Ian robinson	Esk Valley Fell	54.11	M45/9/40/218
66	609	Peter Pozman	Wetherby Runners	54.16	M55/6/43/176
67	681	Ernie huck	Thirsk & Sowerby	54.20	M65/1/50/290
68	664	John Hart	Loughton AC	54.23	M60/3/46/46
69	619	Hywel Smith	Thirsk & Sowerby	54.26	M55/7/42/42
70	400	Sid Bollands	Esk Valley Fell	54.49	M45/10/39/176
71	334	Paul Haydon	FRA#	54.54	M40/10/39/130
72	537	Steve Harrison	Thirsk & Sowerby	55.00	M50/10/39/71
73	551	Tony Maycraft	Loughton AC	55.04	M50/11/38/38
74	732	Jill Knight	Thirsk & Sowerby	55.33	FO/5/44/83
75	329	Anthony Corbett	Quakers AC	55.44	M40/11/38/74
76	685	Danny Gordon	Quakers AC	56.23	M65/2/48/184
77	606	Paul Marks	Pickering AC	56.27	M55/8/41/252
78	67	Nicola Booth	Thirsk & Sowerby	56.57	F45/2/48/48
79	620	Paul Garrity	Scarborough AC	57.21	M55/9/40/40
80	500	Chris Jamieson	Esk Valley Fell	57.35	M50/12/37/188
81	450	Steven Booth	Thirsk & Sowerby	57.59	M45/11/38/38
82	687	Alan Wikeley	Thirsk & Sowerby	58.52	M65/3/46/46
83	52	Judith Bewell	Wetherby Runners	58.54	F45/3/46/268
84	68	Pat Kirby	Thirsk & Sowerby	59.35	F60/1/50/50
85	659	Colin Scollay	New Marske H.	62.22	M60/4/45/175
86	20	Viv Murphy	North York Moors	65.49	FO/6/43/165
87	686	Ian Codling	Thirsk & Sowerby	66.12	M65/4/45/45
88	231	Phillip Craig	Thirsk & Sowerby	73.45	MO/24/25/25
89	70	Pam Sherlock	Thirsk & Sowerby	92.37	F60/2/48/48
90	69	Marian Codling	Thirsk & Sowerby	92.37	F60/3/46/46

(End)

Teams:	Club	pts	overall posns
male:	1 Thirsk & Sowerby 'A'	39	6,7,11,15
	2 North York Moors 'A'	82	12,13,16,45
	3 Thirsk & Sowerby 'B'	120	19,24,27,55

4	Esk Valley Fell 'A'	227	42,65,70,80
5	Thirsk & Sowerby 'C'	255	67,69,72,81

female: 1	Thirsk & Sowerby 'A'	23	41,74,78
2	Thirsk & Sowerby 'B'	41	84,89,90

Comments:

The weather gave us a little respite with the temp. at 2 degrees and a cold breeze on top of a week of heavy rain/snow meant the course was very heavy going. However it was a record turnout despite English Champs at Noonstone and The National X/C the day before.

It was a good tussle at the front of the men's field with Richard Bewell and Julian Rank contesting it all the way with Julian eventually managing to open a gap of 20 seconds. In the women's event it was Kath Aspin who had completed a careful recce the day before who put her knowledge to good use for her second win of the season.

Thirsk & Sowerby were out in strength at this event and deservedly won both men's and women's team events Perhaps the outstanding vet. performance of the day was Peter Wilkin who won the over 50's in 6th place overall.

Hope to see you all at the rearranged Clay Bank East on 14th March 2010.

Best wishesDave Parry Tel 01287 660309.

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Next Race : Clay Bank East 14-Mar-10