

Sweatshop Southern Athletics League: Division 3 North - Round 2 - Woodford - 18 May 2013

Team		Score				
1	Ealing, Southall & Middlesex		271			E
2	Woodford Green with Essex Ladies		244			W
3	Loughton		211			L
4	Colchester & Tendring		144			T
5	0		-8			
<b>Men's A 100m</b>		<b>Wind= +0.0 M/S</b>				
1	Jason Greenidge	SM	Woodford Green with Essex Ladies	11.25	5	689 aw
2	Sean Buckeridge	SM	Ealing, Southall & Middlesex	11.66	4	571
3	James Grant	SM	Colchester & Tendring	11.68	3	565
4	John McCabe	SM	Loughton	12.47	2	375
<b>Men's B 100m</b>		<b>Wind= +0.0 M/S</b>				
1	Edward Yamah	U17	Woodford Green with Essex Ladies	11.57	5	596 aw
2	Alex McCluskey	U17	Ealing, Southall & Middlesex	11.86	4	518 aw
3	Ragnar Callan	U17	Colchester & Tendring	12.69	3	330
4	Gavin Harper	SM	Loughton	15.22	2	35
<b>Men's A 200m</b>		<b>Wind= -0.2 m/s</b>				
1	Paul Scanlon	U23	Woodford Green with Essex Ladies	22.49	5	747 aw
2	Jack Hurst	SM	Colchester & Tendring	23.29	4	629 aw
3	Josue Ngandu	U17	Ealing, Southall & Middlesex	23.83	3	556 aw
4	John McCabe	SM	Loughton	26.18	2	297
<b>Men's B 200m</b>		<b>Wind= -0.2 m/s</b>				
1	Alex McCluskey	U17	Ealing, Southall & Middlesex	24.12	5	519 aw
2	Ben Price	SM	Colchester & Tendring	24.88	4	429
3	Luke Speller	U17	Woodford Green with Essex Ladies	25.05	3	410
4	Gavin Harper	SM	Loughton	34.54	2	0
<b>Men's A 400m</b>						
1	Ben Waterman	U23	Ealing, Southall & Middlesex	49.06	5	821 aw
2	Paul Scanlon	U23	Woodford Green with Essex Ladies	50.27	4	747 aw
3	Jack Hurst	U20	Colchester & Tendring	53.17	3	585 aw
4	John McCabe	SM	Loughton	58.57	2	343
<b>Men's B 400m</b>						
1	Josue Ngandu	U17	Ealing, Southall & Middlesex	53.32	5	577 aw
2	Cliff Warren	SM	Loughton	1:00.93	4	7815 aw
3	Sam Malekout	SM	Woodford Green with Essex Ladies	1:02.17	3	7815 aw
<b>Men's A 800m</b>						
1	Nick Landeau	U20	Ealing, Southall & Middlesex	1:54.80	5	806 aw
2	Lloyd Heard	SM	Colchester & Tendring	2:02.09	4	618 aw
3	Alasdair Strange	SM	Woodford Green with Essex Ladies	2:05.85	3	532
4	Ben Joice	SM	Loughton	2:30.53	2	151
<b>Men's B 800m</b>						
1	Sam Bengé	U23	Woodford Green with Essex Ladies	2:04.14	5	572
2	Mark Cameron	U20	Ealing, Southall & Middlesex	2:16.68	4	330
3	Michael Porter	U20	Colchester & Tendring	2:20.34	3	275
4	Gavin Harper	SM	Loughton	2:51.66	2	21
<b>Men's A 1500m</b>						
1	Momamed Hashi	U23	Ealing, Southall & Middlesex	4:10.53	5	634 aw
2	Sam Bengé	SM	Woodford Green with Essex Ladies	4:23.18	4	509
3	Michael Porter	U20	Colchester & Tendring	4:24.92	3	493 aw
4	Ben Joice	SM	Loughton	5:32.88	2	89
<b>Men's B 1500m</b>						
1	Luke Nicholas	U23	Ealing, Southall & Middlesex	4:17.10	5	567 aw
2	Sam Clayton	SM	Colchester & Tendring	4:26.32	4	481
3	Adam Frith	SM	Woodford Green with Essex Ladies	4:28.36	3	462
4	Gavin Harper	SM	Loughton	6:11.44	2	12
<b>Men's A 3000m</b>						
1	Bertie Powell	SM	Woodford Green with Essex Ladies	8:53.55	5	693 aw
2	Sam Clayton	SM	Colchester & Tendring	9:25.86	4	541 aw
3	Angelo John	M40	Ealing, Southall & Middlesex	9:33.60	3	508
4	Gavin Harper	SM	Loughton	13:44.72	2	0
<b>Men's B 3000m</b>						
1	Tony Russell	SM	Woodford Green with Essex Ladies	9:42.90	5	469
2	Steve Elson	SM	Ealing, Southall & Middlesex	10:10.22	4	365

3	Scott Hurley	SM	Loughton	14:39.17	3	0
<b>Men's A 110mH</b>		<b>Wind=</b>				
1	Szymon Swingon	U20	Ealing, Southall & Middlesex	19.01	5	437
2	Lee Wright	SM	Loughton	24.22	4	112
<b>Men's B 110mH</b>		<b>Wind=</b>				
1	Matthew Clampin	U23	Ealing, Southall & Middlesex	20.47	5	325
2	Jim Harrison	M45	Loughton	24.29	4	109
<b>Men's A 400mH</b>						
1	Sam Malekout	SM	Woodford Green with Essex Ladies	58.80	5	680 aw
2	Michael Porter	U20	Colchester & Tendring	1:07.01	4	3643 aw
3	Szymon Swingon	U20	Ealing, Southall & Middlesex	1:08.96	3	3643 aw
4	Jim Harrison	M45	Loughton	1:12.65	2	3643 aw
<b>Men's B 400mH</b>						
1	Kevin Murphy	SM	Woodford Green with Essex Ladies	1:11.36	5	3643 aw
2	Luke Nicholas	U23	Ealing, Southall & Middlesex	1:39.72	4	3643 aw
<b>Men's A 3000m Steeplechase</b>						
1	Harold Wyber	SM	Woodford Green with Essex Ladies	10:26.77	5	616 aw
2	Tom Yates	SM	Ealing, Southall & Middlesex	11:44.74	4	393
3	Gavin Harper	SM	Loughton	15:01.27	3	61
<b>Men's B 3000m Steeplechase</b>						
1	Rob Brown	M55	Ealing, Southall & Middlesex	11:40.90	5	402 aw
2	Scott Hurley	SM	Loughton	16:57.95	4	2
<b>Men's A High Jump</b>						
1	Robert Wolski	SM	Woodford Green with Essex Ladies	1.90	5	761 aw
2	Lloyd Heard	SM	Colchester & Tendring	1.75	4	636 aw
3	Martin Densley	SM	Ealing, Southall & Middlesex	1.70	3	595
<b>Men's B High Jump</b>						
1	Matthew Clampin	U23	Ealing, Southall & Middlesex	1.60	5	511
2	Ed Messer	SM	Woodford Green with Essex Ladies	1.00	4	0
<b>Men's A Pole Vault</b>						
1	Martin Densley	SM	Ealing, Southall & Middlesex	4.20	5	740 aw
2	Jim Harrison	M45	Loughton	2.60	4	393
3	Sam Malekout	SM	Woodford Green with Essex Ladies	2.20	3	303
<b>Men's B Pole Vault</b>						
1	Kevin Murphy	SM	Woodford Green with Essex Ladies	2.00	5	256
2	Luke Nicholas	U23	Ealing, Southall & Middlesex	2.00	4	256
<b>Men's A Long Jump</b>				Wind		
1	George Hamilton	U20	Woodford Green with Essex Ladies	6.37	5	728 aw
2	James Grant	SM	Colchester & Tendring	6.12	4	678 aw
3	Matthew Clampin	U23	Ealing, Southall & Middlesex	5.45	3	546
4	Cliff Warren	M50	Loughton	4.44	2	351
<b>Men's B Long Jump</b>				Wind		
1	Sam Malekout	SM	Woodford Green with Essex Ladies	5.80	5	615 aw
2	Nigel Bourne	M40	Ealing, Southall & Middlesex	4.89	4	437
3	Ben Price	U17	Colchester & Tendring	4.57	3	376
4	Gavin Harper	SM	Loughton	4.01	2	269
<b>Men's A Triple Jump</b>				Wind		
1	Keith Newton	M40	Woodford Green with Essex Ladies	12.61	5	685 aw
2	Matthew Clampin	U23	Ealing, Southall & Middlesex	11.12	4	537
3	Sam Clayton	SM	Colchester & Tendring	10.00	3	419
4	Cliff Warren	M50	Loughton	9.38	2	349
<b>Men's B Triple Jump</b>				Wind		
1	Alasdair Strange	SM	Woodford Green with Essex Ladies	12.06	5	632 aw
2	Lloyd Heard	SM	Colchester & Tendring	9.96	4	414
3	Nigel Bourne	M40	Ealing, Southall & Middlesex	9.86	3	403
4	Jim Harrison	M45	Loughton	8.82	2	282
<b>Men's A Shot Putt</b>						
1	Chris Linque	SM	Woodford Green with Essex Ladies	12.24	5	740 aw
2	Rafal Morawski	U17	Ealing, Southall & Middlesex	8.89	4	493 aw
3	Scott Hurley	SM	Loughton	7.58	3	377
4	James Grant	SM	Colchester & Tendring	6.81	2	299
<b>Men's B Shot Putt</b>						
1	Hugh Williams	U20	Woodford Green with Essex Ladies	10.41	5	612 aw
2	Martin Densley	SM	Ealing, Southall & Middlesex	8.85	4	490
3	Lee Wright	SM	Loughton	7.05	3	324

4	Ragnar Callan	U17	Colchester & Tendring	5.44	2	118 aw
<b>Men's A Discus</b>						
1	Chris Linque	SM	Woodford Green with Essex Ladies	50.02	5	907 aw
2	Martin Densley	SM	Ealing, Southall & Middlesex	19.61	4	369
3	Lee Wright	SM	Loughton	18.48	3	339
4	Paul Hicks	M40	Colchester & Tendring	12.43	2	127
<b>Men's B Discus</b>						
1	Hugh Williams	U20	Woodford Green with Essex Ladies	28.88	5	570 aw
2	Bob Densley	M60	Ealing, Southall & Middlesex	15.69	4	257
3	James Grant	SM	Colchester & Tendring	9.10	3	0
<b>Men's A Hammer</b>						
1	Peter Clarke	U23	Woodford Green with Essex Ladies	54.80	5	878 aw
2	Rafal Morawski	U20	Ealing, Southall & Middlesex	51.67	4	845 aw
3	Scott Hurley	SM	Loughton	19.15	3	402
<b>Men's B Hammer</b>						
1	Fergus Harford	M45	Woodford Green with Essex Ladies	34.93	5	648 aw
2	Bob Densley	M60	Ealing, Southall & Middlesex	21.30	4	442
3	Lee Wright	SM	Loughton	17.16	3	362
<b>Men's A Javelin</b>						
1	Sam Malekout	SM	Woodford Green with Essex Ladies	39.86	5	613 aw
2	Martin Densley	SM	Ealing, Southall & Middlesex	35.40	4	547
3	Jim Harrison	M45	Loughton	31.55	3	487
4	Jack Hurst	U20	Colchester & Tendring	24.79	2	373
<b>Men's B Javelin</b>						
1	David Peddle	U17	Woodford Green with Essex Ladies	36.88	5	569 aw
2	Cliff Warren	SM	Loughton	21.39	4	310
3	Mohammed Hassi	U20	Ealing, Southall & Middlesex	20.65	3	296
4	Paul Hicks	M40	Colchester & Tendring	15.33	2	181
<b>Men's 4x100m</b>						
1	Woodford Green with Essex Ladies	SM	Woodford Green with Essex Ladies	45.63	5	441
2	Colchester & Tendring	SM	Colchester & Tendring	46.37	4	385
3	Ealing, Southall & Middlesex	SM	Ealing, Southall & Middlesex	47.07	3	336
4	-	SM	Loughton	51.90	2	93
<b>Men's 4x400m</b>						
1	Woodford Green with Essex Ladies	SM	Woodford Green with Essex Ladies	3:34.54	5	474
2	Ealing, Southall & Middlesex	SM	Ealing, Southall & Middlesex	3:36.40	4	446
3	Colchester & Tendring	SM	Colchester & Tendring	3:37.38	3	432
4	Loughton	SM	Loughton	4:14.54	2	72
<b>Women's A 100m</b> Wind= -2.5 M/S						
1	Katie Skelding	SW	Woodford Green with Essex Ladies	12.57	5	737 aw
2	Eldika Edwards	U17	Ealing, Southall & Middlesex	13.15	4	614 aw
3	Angele Joseph	U20	Colchester & Tendring	13.18	3	608 aw
4	Jo Richardson	SW	Loughton	14.29	2	410
<b>Women's B 100m</b> Wind= -2.5 M/S						
1	Bethany Ibbotson	U17	Colchester & Tendring	13.66	5	517
2	Angelique Avery	U17	Ealing, Southall & Middlesex	13.88	4	478
3	Sade Brown	U17	Woodford Green with Essex Ladies	14.08	3	444
4	Michaela Davis	W45	Loughton	16.04	2	186
<b>Women's A 200m</b> Wind= +0.9 M/S						
1	Katie Skelding	SW	Woodford Green with Essex Ladies	24.99	5	813 aw
2	Joanne Ryan	SW	Loughton	25.59	4	747 aw
3	Angele Joseph	U20	Colchester & Tendring	26.75	3	631 aw
4	Eldika Edwards	U17	Ealing, Southall & Middlesex	27.30	2	580 aw
<b>Women's B 200m</b> Wind= +0.9 M/S						
1	Nusrat Ceesay	SW	Woodford Green with Essex Ladies	25.84	5	721 aw
2	Bethany Ibbotson	U17	Colchester & Tendring	26.83	4	623 aw
3	Anna Clark	U17	Loughton	27.71	3	544
4	Angelique Avery	U17	Ealing, Southall & Middlesex	28.47	2	481
<b>Women's A 400m</b>						
1	Joanne Ryan	SW	Loughton	59.63	5	695 aw
2	Katherine Mertens	SW	Ealing, Southall & Middlesex	1:01.11	4	5250 aw
3	Georgia Ibbotson	U17	Colchester & Tendring	1:01.58	3	5250 aw
4	Claire Leckie	SW	Woodford Green with Essex Ladies	1:06.84	2	5250 aw
<b>Women's B 400m</b>						
1	Amie Harrison	SW	Loughton	1:05.69	5	5250 aw

2	Sian Gifford	SW	Colchester & Tendring	1:07.91	4	5250 aw
3	Shim Amin	SW	Ealing, Southall & Middlesex	1:11.06	3	5250 aw
4	Sade Brown	U17	Woodford Green with Essex Ladies	1:26.55	2	5250 aw
<b>Women's A 800m</b>						
1	Katherine Mertens	SW	Ealing, Southall & Middlesex	2:19.24	5	705 aw
2	Anna Clark	U17	Loughton	2:20.11	4	690 aw
3	Ami Fosker	SW	Colchester & Tendring	2:30.85	3	529
4	Andrea Possee	W35	Woodford Green with Essex Ladies	3:09.78	2	129
<b>Women's B 800m</b>						
1	Mary Knapman	SW	Loughton	2:35.69	5	464
2	Phillipa Baxter	U17	Colchester & Tendring	2:45.17	4	349
<b>Women's A 1500m</b>						
1	Mary Knapman	SW	Loughton	5:16.54	5	488
2	Grazina Narveliene	W35	Ealing, Southall & Middlesex	5:32.25	4	394
3	Alex Wardle	W45	Woodford Green with Essex Ladies	6:00.34	3	251
<b>Women's B 1500m</b>						
1	Jenny Thomas	W45	Woodford Green with Essex Ladies	6:06.49	5	224
2	Michelle Hurley	W35	Loughton	6:27.33	4	144
<b>Women's A 3000m</b>						
1	Gabrielle Brooks	W35	Loughton	11:22.54	5	495 aw
2	Katherine Mertens	SW	Ealing, Southall & Middlesex	11:42.88	4	435
3	Alex Wardle	W45	Woodford Green with Essex Ladies	12:02.21	3	383 aw
<b>Women's B 3000m</b>						
1	Jenny Thomas	W45	Woodford Green with Essex Ladies	12:45.72	5	276
2	Michelle Hurley	W35	Loughton	13:52.14	4	145
<b>Women's A 100mH</b> Wind= +0.2 M/S						
1	Nusrat Ceesay	SW	Woodford Green with Essex Ladies	15.41	5	731 aw
2	Jo Richardson	SW	Loughton	17.58	4	534 aw
3	Georgia Ibbotson	U17	Colchester & Tendring	18.41	3	467
4	Shim Amin	SW	Ealing, Southall & Middlesex	20.91	2	288
<b>Women's B 100mH</b> Wind= +0.2 M/S						
1	Helen Leadbetter	SW	Ealing, Southall & Middlesex	19.53	5	382
2	Amie Harrison	SW	Loughton	21.81	4	233
<b>Women's A 400mH</b>						
1	Jo Richardson	SW	Loughton	1:10.53	5	3229 aw
2	Shim Amin	SW	Ealing, Southall & Middlesex	1:18.82	4	3229 aw
3	Sian Gifford	W45	Colchester & Tendring	1:22.81	3	3229 aw
<b>Women's B 400mH</b>						
1	Amie Harrison	SW	Loughton	1:14.44	5	3229 aw
<b>Women's A 2000m Steeplechase</b>						
1	Mary Knapman	SW	Loughton	9:07.09	5	322
<b>Women's B 2000m Steeplechase</b>						
<b>Women's A High Jump</b>						
1	Ayamba Akim	W40	Woodford Green with Essex Ladies	1.69	5	859 aw
2	Eldika Edwards	U17	Ealing, Southall & Middlesex	1.35	4	488
3	Michaela Davis	W45	Loughton	1.00	3	108
<b>Women's B High Jump</b>						
1	Angelique Avery	SW	Ealing, Southall & Middlesex	1.30	5	433
2	Claire Leckie	U20	Woodford Green with Essex Ladies	1.20	4	324
3	Barbara Higgins	W55	Loughton	1.00	3	108
<b>Women's A Pole Vault</b>						
1	Helen Leadbetter	SW	Ealing, Southall & Middlesex	2.60	5	529 aw
2	Stephanie Smith	U20	Woodford Green with Essex Ladies	2.10	4	398
3	Michaela Davis	W45	Loughton	1.10	3	110
<b>Women's B Pole Vault</b>						
1	Monica Griffiths	U17	Woodford Green with Essex Ladies	2.00	5	371
2	Barbara Higgins	W55	Loughton	1.10	4	110
<b>Women's A Long Jump</b> Wind						
1	Emma Gayler	SW	Ealing, Southall & Middlesex	4.83	5	622 aw
2	Nusrat Ceesay	SW	Woodford Green with Essex Ladies	4.80	4	615 aw
3	Angele Joseph	U20	Colchester & Tendring	4.13	3	464
<b>Women's B Long Jump</b> Wind						
1	Helen Leadbetter	SW	Ealing, Southall & Middlesex	4.29	5	500
2	Bethany Ibbotson	U17	Colchester & Tendring	3.96	4	427
3	Claire Leckie	U20	Woodford Green with Essex Ladies	3.23	3	268

**Women's A Triple Jump**

						Wind		
1	Emma Gayler	SW	Ealing, Southall & Middlesex	10.18	5	736 aw		
2	Georgia Ibbotson	U17	Colchester & Tendring	9.43	4		549 aw	
3	Michaela Davis	W45	Loughton	6.63	3		229	

**Women's B Triple Jump**

						Wind	
1	Helen Leadbetter	SW	Ealing, Southall & Middlesex	9.47	5	554	
2	Ami Fosker	U17	Colchester & Tendring	8.34	4	429	

**Women's A Shot Putt**

1	Hollie Redman	SW	Woodford Green with Essex Ladies	10.19	5	736 aw	
2	Debbie McCaw	SW	Ealing, Southall & Middlesex	9.67	4	700 aw	
3	Kate Merritt	W35	Loughton	6.65	3	456	
4	Sian Hicks	U17	Colchester & Tendring	5.55	2	345	

**Women's B Shot Putt**

1	Grazina Narveliene	SW	Ealing, Southall & Middlesex	8.03	5	575	
2	Nusrat Ceesay	SW	Woodford Green with Essex Ladies	7.83	4	559	
3	Michaela Davis	W55	Loughton	5.85	3	378	
4	Phillipa Baxter	U17	Colchester & Tendring	3.09	2	0	

**Women's A Discus**

1	Hollie Redman	SW	Woodford Green with Essex Ladies	43.25	5	917 aw	
2	Debbie McCaw	SW	Ealing, Southall & Middlesex	28.58	4	706 aw	
3	Kate Merritt	W35	Loughton	18.69	3	514	
4	Sian Hicks	U17	Colchester & Tendring	14.49	2	403	

**Women's B Discus**

1	Tracey Gould	SW	Ealing, Southall & Middlesex	21.67	5	579	
2	Sian Gifford	W45	Colchester & Tendring	13.40	4	369	
3	Barbara Higgins	W55	Loughton	12.61	3	342	

**Women's A Hammer**

1	Debbie McCaw	SW	Ealing, Southall & Middlesex	43.60	5	783 aw	
2	Kate Merritt	W35	Loughton	21.31	4	475	

**Women's B Hammer**

1	Tara Morawska	SW	Ealing, Southall & Middlesex	41.91	5	763 aw	
2	Barbara Higgins	W55	Loughton	16.83	4	394	

**Women's A Javelin**

1	Katherine Mertens	SW	Ealing, Southall & Middlesex	30.45	5	737 aw	
2	Hannah Davis	U17	Loughton	20.60	4	563	
3	Ami Fosker	U17	Colchester & Tendring	19.15	3	532	

**Women's B Javelin**

1	Debbie McCaw	SW	Ealing, Southall & Middlesex	25.49	5	655 aw	
2	Kate Merritt	W35	Loughton	14.67	4	426	
3	Sian Hicks	U17	Colchester & Tendring	10.97	3	315	

**Women's 4x100m**

1	Colchester & Tendring	SW	Colchester & Tendring	51.84	5	555 aw	
2	Ealing, Southall & Middlesex	SW	Ealing, Southall & Middlesex	52.29	4	532	
3	Loughton	SW	Loughton	54.22	3	439	
4	Woodford Green with Essex Ladies	SW	Woodford Green with Essex Ladies	56.71	2	330	

**Women's 4x400m**

1	Loughton	SW	Loughton	4:21.24	5	494	
2	Colchester & Tendring	SW	Colchester & Tendring	4:28.46	4	433	
3	Ealing, Southall & Middlesex	SW	Ealing, Southall & Middlesex	4:53.40	3	252	

Men		Non-scoring events						
Event	Pos	Name	Cat	Club	Perf.	Wind	AW	No.
HT		Harry Clarke	U20	Woodford Green with Essex Ladies	52.11		aw	117
3000		Peter Caton	SM	Woodford Green with Essex Ladies	10:28.21			118
800		Mukhtar Farah	U20	Ealing, Southall & Middlesex	2:08.99			120
400		D'yon Christopher	U17	Ealing, Southall & Middlesex	55.58			121
200		D'yon Christopher	U17	Ealing, Southall & Middlesex	24.19	-0.5 m/s	aw	121
100		D'yon Christopher	U17	Ealing, Southall & Middlesex	12.19	+1.3 m/s		121
100		Reuben Fleary	U17	Ealing, Southall & Middlesex	12.40	+1.3 m/s		127
200		Ragnar Callan	U17	Colchester & Tendring	25.53	-0.5 m/s		32
100		Ben Price	U17	Colchester & Tendring	12.45	+1.3 m/s		66
100		Luke Speller	U17	Woodford Green with Essex Ladies	12.40	+1.3 m/s		128
1500		CJ Shepherd	U23	Woodford Green with Essex Ladies	4:22.90			129
1500		Mukhtar Farah	U20	Ealing, Southall & Middlesex	4:24.20			120
Women		Non-scoring events			0			

Event	Pos	Name	Cat	Club	Perf.	Wind	AW	No.
HTW		Beccy Knapp	U23	Woodford Green with Essex Ladies	00.00			<a href="#">119</a>
100		Adwoa Amankona	U17	Ealing, Southall & Middlesex	13.68	-1.6 m/s		<a href="#">122</a>
200		Adwoa Amankona	U17	Ealing, Southall & Middlesex	28.31	+0.7 m/s		<a href="#">122</a>
100		Kamile Bykvaite	U17	Ealing, Southall & Middlesex	14.10	-1.6 m/s		<a href="#">123</a>
200		Kamile Bykvaite	U17	Ealing, Southall & Middlesex	28.73			<a href="#">123</a>
LJ		Besirut Testu	U17	Ealing, Southall & Middlesex	00.00			<a href="#">124</a>
HTW		Tracey Gould	W35	Ealing, Southall & Middlesex	30.01		aw	<a href="#">125</a>
DTW		Grazina Narveliene	W35	Ealing, Southall & Middlesex	00.00			<a href="#">126</a>
200		Besirut Testu	U17	Ealing, Southall & Middlesex	31.00			<a href="#">124</a>
HJ		Besirut Testu	U17	Ealing, Southall & Middlesex	00.00			<a href="#">124</a>
SPW		Tracey Gould	W35	Ealing, Southall & Middlesex	7.32			<a href="#">125</a>