

Team	Score	
1 Serpentine	292	S
2 Loughton	200	L
3 Oxford City	300	X
4 Biggleswade	155	I
5 0	0	

Men's A 100m		Wind=			
1	Roberto Filannino	U20	Serpentine	12.0	5
2	John McCabe	SM	Loughton	12.4	4
3	Matthew Gain	U20	Oxford City	15.9	3
4					2
5					1

Men's B 100m		Wind=			
1	Adam Murphy	SM	Biggleswade	12.7	5
2	Roman Grigorjev	SM	Serpentine	12.9	4
3	Tony Palman-Brown	M45	Oxford City	13.1	3
4	Paul Beard	SM	Loughton	15.3	2
5					1

Men's A 200m		Wind=			
1	Ethan Metcalfe	U17	Biggleswade	22.4	5
2	Roberto Filannino	U20	Serpentine	24.7	4
3	Matthew Gain	U20	Oxford City	25.8	3
4	John McCabe	SM	Loughton	26.5	2
5					1

aw

Men's B 200m		Wind=			
1	Tom Boggon	U17	Biggleswade	23.0	5
2	Aidan Whiting	U17	Oxford City	24.9	4
3	Roman Grigorjev	SM	Serpentine	25.7	3
4	Paul Beard	SM	Loughton	31.1	2
5					1

aw

Men's A 400m					
1	Roberto Filannino	U20	Serpentine	54.3	5
2	Josh Watson	U20	Biggleswade	56.2	4
3	Ryan Meredith	U20	Oxford City	56.4	3
4	John McCabe	SM	Loughton	58.7	2
5					1

Men's B 400m					
1	Roman Grigorjev	SM	Serpentine	55.3	5
2	Cliff Warren	M50	Loughton	59.7	4
3	Nigel Whiting	M40	Oxford City	63.4	3
4	Chris Watson	M40	Biggleswade	66.3	2
5					1

aw

Men's A 800m					
1	Pau Herrero	SM	Serpentine	2:04.6	5
2	George Trotter	U17	Oxford City	2:08.8	4
3	Adam Murphy	U20	Biggleswade	2:14.1	3
4	Rioch O'Gorman	SM	Loughton	2:24.8	2
5					1

aw

Men's B 800m					
1	Roger Cole	SM	Serpentine	2:09.5	5
2	Stephen Winter	M40	Oxford City	2:17.3	4
3	Michael Blunt	SM	Biggleswade	2:19.5	3
4					2
5					1

Men's A 1500m					
1	Jonathan Poole	SM	Serpentine	4:09.3	5
2	David Lee	U20	Biggleswade	4:33.1	4
3	George Trotter	U17	Oxford City	4:47.9	3
4	Rioch O'Gorman	SM	Loughton	5:12.9	2
5					1

aw

Men's B 1500m					
1	Will Green	SM	Serpentine	4:18.0	5
2	Adam Murphy	U23	Biggleswade	4:55.3	4

aw

3	Asghar Ali	M50	Oxford City	5:37.2	3
4	Gavin Harper	SM	Loughton	6:25.7	2
5					1

**Men's A 3000m**

1	Jonathan Poole	SM	Serpentine	8:55.3	5
2	Stephen Winter	M40	Oxford City	10:21.1	4
3	Rioch O'Gorman	SM	Loughton	11:06.3	3
4					2
5					1

aw

**Men's B 3000m**

1	Dave Morgan	SM	Serpentine	8:57.8	5
2	Asghar Ali	M50	Oxford City	11:21.5	4
3	Gavin Harper	SM	Loughton	13:35.6	3
4					2
5					1

aw

**Men's A 110mH**

Wind=

1	Josh Watson	U20	Biggleswade	20.3	5
2	Tony Palman-Brown	M45	Oxford City	20.9	3.5
3	David Robinson	SM	Serpentine	20.9	3.5
4	Jim Harrison	M45	Loughton	21.3	2
5					1

**Men's B 110mH**

Wind=

1	Andrew Reeves	M40	Serpentine	22.2	5
2	Gareth Davies	M40	Oxford City	23.0	4
3	David Brown	M55	Biggleswade	23.6	3
4					2
5					1

**Men's A 400mH**

1	David Robinson	SM	Serpentine	64.0	5
2	Gareth Davies	M40	Oxford City	64.8	4
3	Jim Harrison	M45	Loughton	72.3	3
4	Daniel Steel	U23	Biggleswade	75.1	2
5					1

**Men's B 400mH**

1	Andrew Reeves	M40	Serpentine	68.8	5
2	David Brown	M55	Biggleswade	77.1	4
3	Nigel Whiting	M40	Oxford City	78.3	3
4					2
5					1

**Men's A 3000m Steeplechase**

1	Andrew Reeves	M40	Serpentine	10:30.2	5
2	Ryan Meredith	U20	Oxford City	11:31.6	4
3	Gavin Harper	SM	Loughton	14:55.6	3
4					2
5					1

aw

**Men's B 3000m Steeplechase**

1	Nicola Barberis Negra	SM	Serpentine	10:44.0	5
2	Richard Hart	M50	Oxford City	16:15.2	4
3	Scott Hurley	SM	Loughton	16:30.2	3
4					2
5					1

aw

**Men's A High Jump**

1	Josh Watson	U20	Biggleswade	1.65	5
2	Matthew Gain	U20	Oxford City	1.60	4
3	David Robinson	SM	Serpentine	1.50	3
4					2
5					1

**Men's B High Jump**

1	Aidan Whiting	U17	Oxford City	1.55	5
2	Daniel Steel	U20	Biggleswade	1.50	4
3	Nicola Barberis Negra	SM	Serpentine	1.45	3
4					2
5					1

**Men's A Pole Vault**

1	Jim Harrison	M45	Loughton	2.60	5
2	Tony Palman-Brown	M45	Oxford City	2.40	4
3	Daniel Steel	U20	Biggleswade	2.20	3
4	Tony McGahan	M60	Serpentine	2.20	2
5					1

**Men's B Pole Vault**

1	Nicola Barberis Negra	SM	Serpentine	2.0	5
2	Scott Hurley	SM	Loughton	1.0	3.5
3	David Brown	M55	Biggleswade	1.0	3.5
4	Richard Hart	M50	Oxford City	1.0	2
5					1

**Men's A Long Jump**

					Wind	
1	Daniel Steel	U20	Biggleswade	6.47	5	aw
2	Mark Warland	U20	Oxford City	6.17	4	aw
3	David Robinson	SM	Serpentine	5.00	3	
4	Cliff Warren	M50	Loughton	4.81	2	
5					1	

**Men's B Long Jump**

1	Aidan Whiting	U17	Oxford City	5.83	5
2	Tom Boggon	U17	Biggleswade	5.81	4
3	Richard Taylor	SM	Serpentine	4.72	3
4	Paul Beard	SM	Loughton	3.92	2
5					1

Wind

aw  
aw**Men's A Triple Jump**

1	Gareth Davies	M40	Oxford City	12.79	5
2	Daniel Steel	U20	Biggleswade	12.79	4
3	David Robinson	SM	Serpentine	10.50	3
4	Cliff Warren	M50	Loughton	9.51	2
5					1

Wind

aw  
aw**Men's B Triple Jump**

1	Mark Warland	U20	Oxford City	11.37	5
2	Richard Taylor	SM	Serpentine	10.43	4
3	Paul Beard	SM	Loughton	8.38	3
4	Alex Ingham	U20	Biggleswade	7.69	2
5					1

Wind

**Men's A Shot Putt**

1	Danny McIntosh	M50	Serpentine	10.46	5
2	David Brown	M55	Biggleswade	8.18	4
3	Jim Harrison	M45	Loughton	7.82	3
4	Tony Palman-Brown	M45	Oxford City	7.43	2
5					1

aw

**Men's B Shot Putt**

1	Roman Grigorjev	SM	Serpentine	9.27	5
2	Richard Hart	M50	Oxford City	7.43	4
3	Andy Lee	SM	Biggleswade	5.83	3
4					2
5					1

**Men's A Discus**

1	Mark Warland	U20	Oxford City	30.01	5
2	Chris Watson	M45	Biggleswade	22.25	4
3	Scott Hurley	SM	Loughton	19.14	3
4	Danny McIntosh	M50	Serpentine	18.83	2
5					1

aw

**Men's B Discus**

1	Richard Hart	M50	Oxford City	24.73	5
2	Tony McGahan	M60	Serpentine	16.74	4
3	Andy Lee	SM	Biggleswade	15.30	3
4	Jim Harrison	SM	Loughton	15.25	2
5					1

**Men's A Hammer**

1	Danny McIntosh	M50	Serpentine	23.76	5
2	Tony Palman-Brown	M45	Oxford City	21.57	4
3	Scott Hurley	SM	Loughton	20.95	3
4	Chris Watson	M45	Biggleswade	16.76	2
5					1

**Men's B Hammer**

1	Richard Hart	M50	Oxford City	18.91	5
2	Tony McGahan	M60	Serpentine	17.31	4
3	Jim Harrison	SM	Loughton	15.25	3
4	Andy Lee	SM	Biggleswade	12.81	2
5					1

**Men's A Javelin**

1	Alex Ingham	U20	Biggleswade	34.05	5
2	Mark Warland	U20	Oxford City	33.29	4
3	Jim Harrison	M45	Loughton	31.78	3
4	Tony McGahan	M60	Serpentine	29.92	2
5					1

**Men's B Javelin**

1	Danny McIntosh	M50	Serpentine	24.94	5
2	Richard Hart	M50	Oxford City	24.28	4
3	Scott Hurley	SM	Loughton	23.88	3
4	Ethan Metcalfe	U17	Biggleswade	17.16	2
5					1

aw

**Men's 4x100m**

1	Biggleswade	SM	Biggleswade	47.8	5
2	Oxford City	SM	Oxford City	49.5	4
3	Serpentine	SM	Serpentine	53.1	3
4	Loughton	SM	Loughton	54.5	2
5					1

**Men's 4x400m**

1	Serpentine	SM	Serpentine	3:52.9	5
2	Oxford City	SM	Oxford City	4:01.8	4
3	Biggleswade	SM	Biggleswade	4:04.4	3
4	Loughton	SM	Loughton	4:34.4	2
5					1

<b>Women's A 100m</b>			Wind=			
1	Joanne Ryan	SW	Loughton	12.8	5	aw
2	Amy Busby	U17	Oxford City	13.7	4	
3	Toli Hickes	W35	Serpentine	15.3	3	
4	Faye Young	U20	Biggleswade	16.1	2	
5					1	
<b>Women's B 100m</b>			Wind=			
1	Anna Smithson	SW	Oxford City	13.9	5	
2	Mary Knapman	SW	Loughton	15.2	4	
3	Lisa Pettit	W45	Serpentine	17.2	3	
4					2	
5					1	
<b>Women's A 200m</b>			Wind=			
1	Joanne Ryan	SW	Loughton	25.6	5	aw
2	Aliysa Codrington	SW	Oxford City	27.5	4	
3	Toli Hickes	W35	Serpentine	31.7	3	
4					2	
5					1	
<b>Women's B 200m</b>			Wind=			
1	Amy Busby	U17	Oxford City	28.1	5	
2	Amie Harrison	SW	Loughton	32.5	4	
3	Natasha Sheel	SW	Serpentine	34.8	3	
4					2	
5					1	
<b>Women's A 400m</b>						
1	Aliysa Codrington	SW	Oxford City	61.3	5	aw
2	Laura Carmichael	SW	Serpentine	65.2	4	
3	Amie Harrison	SW	Loughton	69.7	3	
4					2	
5					1	
<b>Women's B 400m</b>						
1	Anna Smithson	SW	Oxford City	65.5	5	
2	Catkin Shelley	W45	Serpentine	70.9	4	
3	Mary Knapman	SW	Loughton	80.1	3	
4					2	
5					1	
<b>Women's A 800m</b>						
1	Anna Clark	U17	Loughton	2:19.2	5	aw
2	Helen Palmer	SW	Serpentine	2:19.9	4	aw
3	Sarah Davies	W35	Oxford City	2:50.6	3	
4					2	
5					1	
<b>Women's B 800m</b>						
1	Mary Knapman	SW	Loughton	2:31.0	5	
2	Catkin Shelley	W45	Serpentine	2:45.3	4	
3	Gwyneth Hueter	W55	Oxford City	3:11.0	3	
4					2	
5					1	
<b>Women's A 1500m</b>						
1	Helen Palmer	SW	Serpentine	5:07.7	5	
2	Mary Knapman	SW	Loughton	5:17.4	4	
3	Jade Walker	U20	Oxford City	5:28.4	3	
4					2	
5					1	
<b>Women's B 1500m</b>						
1	Grace Kimble	SW	Serpentine	5:14.9	5	
2	Anna Smithson	SW	Oxford City	6:10.5	4	
3	Michelle Hurley	W35	Loughton	6:31.7	3	
4					2	
5					1	
<b>Women's A 3000m</b>						
1	Sarah Pemberton	SW	Serpentine	11:01.7	5	aw
2	Sarah Davies	W35	Oxford City	12:10.7	4	
3	Monika Mohler	SW	Biggleswade	13:12.3	3	
4	Michelle Hurley	W35	Loughton	14:07.8	2	
5					1	

**Women's B 3000m**

1	TERESA Gaillard de Laubenque	W40	Serpentine	11:35.2	5
2	Jean Hobbs	W60	Loughton	15:02.9	4
3					3
4					2
5					1

aw

**Women's A 100mH****Wind=**

1	Aliysa Codrington	SW	Oxford City	19.8	5
2	Amie Harrison	SW	Loughton	20.3	4
3	Faye Young	U17	Biggleswade	20.4	3
4	Pam Rutherford	W40	Serpentine	29.3	2
5					1



**Women's B 100mH**

Wind=

1	Anna Smithson	SW	Oxford City	23.7	5
2					4
3					3
4					2
5					1

**Women's A 400mH**

1	Amie Harrison	SW	Loughton	75.1	5
2	Anna Smithson	SW	Oxford City	77.2	4
3	Faye Young	U17	Biggleswade	81.7	3
4	Toli Hickes	W50	Serpentine	90.5	2
5					1

**Women's B 400mH**

1	Gwyneth Hueter	W55	Oxford City	89.0	5
2	Pam Rutherford	W40	Serpentine	94.8	4
3					3
4					2
5					1

**Women's A 2000m Steeplechase**

1	Sarah Pemberton	SW	Serpentine	7:57.9	5
2	Jade Walker	U20	Oxford City	7:58.6	4
3	Mary Knapman	SW	Loughton	9:10.9	3
4					2
5					1

aw  
aw**Women's B 2000m Steeplechase**

1	Helen Palmer	SW	Serpentine	8:50.3	5
2	Gwyneth Hueter	W55	Oxford City	9:01.6	4
3	Michelle Hurley	W35	Loughton	10:50.9	3
4					2
5					1

aw

**Women's A High Jump**

1	Jackie Breslin	W40	Oxford City	1.00	3.5
2	Pam Rutherford	W40	Serpentine	1.00	3.5
3	Michaela Davis	W45	Loughton	1.00	3.5
4	Sandra Ingham	W55	Biggleswade	1.00	3.5
5					1

**Women's B High Jump**

1	Gwyneth Hueter	W55	Oxford City	1.00	4
2	Natasha Sheel	SW	Serpentine	1.00	4
3	Barbara Higgins	W55	Loughton	1.00	4
4					2
5					1

**Women's A Pole Vault**

1	Jackie Breslin	W40	Oxford City	2.00	5
2	Teresa Griffith	W50	Serpentine	1.60	4
3	Michaela Davis	W45	Loughton	1.00	3
4					2
5					1

aw  
aw**Women's B Pole Vault**

1	Natasha Sheel	SW	Serpentine	1.00	4
1	Margaret Coombe	W60	Oxford City	1.00	4
1	Barbara Higgins	W55	Loughton	1.00	4
4					2
5					1

**Women's A Long Jump**

1	Danielle Anderson	U23	Oxford City	4.66	5
2	Ilona Bagi	SW	Serpentine	3.90	4
3	Faye Young	U17	Biggleswade	3.75	3
4					2
5					1

Wind

**Women's B Long Jump**

1	Amy Busby	U17	Oxford City	4.34	5
2	Natasha Sheel	SW	Serpentine	2.43	4
3					3
4					2
5					1

Wind

**Women's A Triple Jump**

Wind

1	Faye Young	U20	Biggleswade	8.80	5
2	Jade Walker	U20	Oxford City	8.50	4
3	Natasha Sheel	SW	Serpentine	7.44	3
4	Michaela Davis	W45	Loughton	6.83	2
5					1

**Women's B Triple Jump**

Wind

1	Jackie Breslin	W40	Oxford City	7.83	5
2	Barbara Higgins	W55	Loughton	6.37	4
3					3
4					2
5					1

**Women's A Shot Putt**aw  
aw

1	Toli Hicks	W35	Serpentine	9.17	5
2	Danielle Anderson	U23	Oxford City	8.57	4
3	Sandra Ingham	W55	Biggleswade	6.28	3
4	Michaela Davis	W45	Loughton	5.56	2
5					1

**Women's B Shot Putt**

1	Aliysa Codrington	SW	Oxford City	7.97	5
2	Mary Davies	W35	Serpentine	6.79	4
3	Jean Hobbs	W60	Loughton	3.16	3
4					2
5					1

**Women's A Discus**

1	Danielle Anderson	U23	Oxford City	31.33	5
2	Linda Pomeroy	W35	Serpentine	22.32	4
3	Michaela Davis	W45	Loughton	16.51	3
4	Sandra Ingham	W55	Biggleswade	13.60	2
5					1

aw

**Women's B Discus**

1	Jacqui Cherry	W40	Oxford City	29.24	5
2	Mary Davies	W35	Serpentine	16.76	4
3	Barbara Higgins	W55	Loughton	15.61	3
4	Monika Mohler	SW	Biggleswade	8.17	2
5					1

aw

**Women's A Hammer**

1	Mary Davies	W35	Serpentine	24.33	5
2	Jacqui Cherry	W40	Oxford City	21.51	4
3	Barbara Higgins	W55	Loughton	17.76	3
4	Sandra Ingham	W55	Biggleswade	11.60	2
5					1

**Women's B Hammer**

1	Lauren Cherry	U20	Oxford City	21.36	5
2	Linda Pomeroy	W35	Serpentine	17.42	4
3	Michaela Davis	W45	Loughton	14.67	3
4	Monika Mohler	SW	Biggleswade	6.37	2
5					1

**Women's A Javelin**

1	Clare Lacey	W35	Oxford City	24.48	5
2	Toli Hickes	W35	Serpentine	22.50	4
3	Sandra Ingham	W55	Biggleswade	21.64	3
4	Michaela Davis	W45	Loughton	9.73	2
5					1

aw

**Women's B Javelin**

1	Lauren Cherry	U20	Oxford City	18.73	5
2	Mary Davies	W35	Serpentine	16.50	4
3	Barbara Higgins	W55	Loughton	8.44	3
4					2
5					1

**Women's 4x100m**

1	Oxford City	SW	Oxford City	55.3	5
2	Loughton	SW	Loughton	59.0	4
3	Serpentine	SW	Serpentine	64.0	3
4					2
5					1

**Women's 4x400m**

1	Oxford City	SW	Oxford City	4:37.2	5
2	Serpentine	SW	Serpentine	4:49.9	4
3	Loughton	SW	Loughton	4:55.7	3
4					2
5					1