

# CLUB 1500m Championships 2013

30<sup>th</sup> July 2013 - Loughton

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|--------------------------|--------|
| 1. Rioch O'Gorman (SM)   | 5:10.8 |
| 2. Cliff Warren (MV50)   | 5:42.9 |
| 3. Steve Luton (MV40)    | 5:49.5 |
| 4. Ben Joyce (SM)        | 5:56.8 |
| 5. Jack Clark (U/20M)    | 6:12.9 |
| 6. Simon Childs (MV50)   | 6:21.5 |
| 7. Heather Newman (WV40) | 7:21.0 |
| 8. Jean Hobbs (WV60)     | 7:35.4 |

Mens V70 4 x 100m relay: 89.6 NEW CLUB RECORD  
Terry Casey, George Richardson, Ted Martin, John Cash  
(Assisted by four other club teams).