

# Essex County Championships 2012

Chelmsford

13/05/2012

## Results

### Event 3 Senior Men - 400M

#### Final (T31)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Markus Hunt	Chelmsford A C	48.13
2	Harry McQueen	Chelmsford A C	48.91
3	Akeem Akintokun	N & E B	49.18
4	Paul Adair	Havering Mayesbrook	50.75
5	Paul Owen	Chelmsford A C	50.97
6	Michael Holden	Kent A C	52.39
---	Daniel Awde	W G w E L	DNS

### Event 5 Senior Men - 1500M

#### Final (T43)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Adam Hickey	Southend A C	3:50.59
2	David Gibbon	Southend A C	4:00.54
3	Jack Stroud	Orion Harriers	4:04.85
4	Lee Pickering	Chelmsford A C	4:07.91
5	Daniel Yaxley	W G w E L	4:09.65
6	Grant Webb	Basildon A C	4:13.47
7	James Nunn	Billericay Striders	4:14.72
8	Scott Thrush	Unattached	4:43.95

### Event 13 Senior Men - 400M Hurdle

#### Final (T6)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Isaac Ogunlade	Havering Mayesbrook	52.77
2	Cameron Irwin	Colchester Harriers	54.97
3	Greg Godrem	Southend A C	57.24
4	James McLean	Southend A C	58.94
5	Michael Shortall	Thurrock Harriers	1:01.05
6	Luke Keteleers	Chelmsford A C	1:04.01

### Event 16 Senior Men - Long Jump

#### Final (F14)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
1	Mitchell Jarvis	W G w E L	6.86	+2.5
2	Daniel Awde	W G w E L	6.85	+2.1

3	George Kenyon	Unattached	6.58	+2.5
4	Kevin Brown	Southend A C	6.55	+1.5

**Event 17 Senior Men - Triple Jump**

**Final (F28)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
1	Kevin Brown	Southend A C	13.14	+0.4

**Event 19 Senior Men - Discus**

**Final (F24)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Devon Douglas	W G w E L	48.49	
2	Christopher Linque	W G w E L	44.81	
3	Daniel Awde	W G w E L	42.92	
4	Dave Bauer	Harlow A C	38.70	
5	Michael Holden	Kent A C	35.97	
###	Rob Page	Unattached	27.48	Disabled F37

**Event 34 U20 Men - 1500M**

**Final (T16)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Chris Youell	Chelmsford A C	3:56.90
2	James Stockings	W G w E L	4:02.97
3	Thomas Richardson	Thurrock Harriers	4:06.74
4	Alex Short	N & E B	4:08.47
5	Jack Fitsall	Basildon A C	4:10.60
6	Oliver Kyriakides	Southend A C	4:10.66
7	Alex Richards	Ilford A C	4:13.28
8	Alex Finch	Thurrock Harriers	4:16.58
9	Samuel Robinson	Chelmsford A C	4:21.74
10	Massi Dendani	Havering Mayesbrook	4:29.44
11	Dennis Cross	Thurrock Harriers	4:34.90

**Event 39 U20 Men - 400M Hurdles**

**Final (T5)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Emmanuel Nanang	Basildon A C	59.10
2	Jonathan Seekings	Havering Mayesbrook	1:07.30
---	Tommy Bower	N & E B	DQ

**Event 42 U20 Men - Long Jump**

**Final (F15)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
--	-------------	--------------------	-------------	-------------

1	Joshua Olawore	Havering Mayesbrook	7.02	+0.5
2	Richard Holland	Havering Mayesbrook	6.32	+3.6
3	Liam Yarwood	Chelmsford A C	6.03	+1.8
4	Lawrence Fanutza-Davis	Enfield & H A C	5.87	+3.1
5	Ridge Wa-Beya	Iford A C	5.38	+1.8

**Event 43 U20 - Triple Jump**

**Final (F29)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
1	Lawrence Fanutza-Davis	Enfield & H A C	13.41	+2.2

**Event 45 U20 Men - Discus**

**Final (F25)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Tariq Martin	Basildon A C	46.89
2	Youcef Zatat	W G w E L	46.06
3	Danny Wilson	Havering Mayesbrook	34.95

**Event 65 U17 Men - 3000M**

**Final (T25)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Jordan Rowe	Colchester & Tendring	9:06.56
2	Perry Rowan	W G w E L	9:10.40
3	Callum Charleston	Chelmsford A C	9:13.92
4	Joe Alexander	Colchester & Tendring	9:41.24
5	George Hoy	Orion Harriers	9:44.00
6	Samuel Kelly	St Edwards C/E Sch	10:34.81
---	Stephen Davies	Basildon A C	DNF
---	Rob Frith	Southend A C	DNF

**Event 69 U17 Men - 400M Hurdles**

**Final (T2)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	George Hadler	Havering Mayesbrook	57.61
2	Thomas Metcalf	Southend H S B	1:01.10

**Event 72 U17 Men - Long Jump**

**Final (F16)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
1	Alex Law	Havering Mayesbrook	6.75	+4.2
2	George Hamilton	W G w E L	6.68	+2.8
3	Terry Lucas	Chelmsford A C	6.54	+5.5
4	Alex O'Brien	Chelmsford A C	6.27	+3.0

5	Keiran Kelly	Basildon A C	5.64	+3.5
6	Chandler Durbridge	Southend H S B	5.59	+1.8
7	Jack Swann	Castle View School	5.50	+2.2
8	Mathew Jhureea	Cecil Jones College	5.30	+2.9

#### Event 73 U17 Men - Triple Jump

##### Final (F30)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
1	Jordan Akisanya	N & E B	12.96	+1.2
2	Joel Crosskey	Southend H S B	12.40	+3.5
3	David Abiona	King John School	12.33	+2.0
4	Hayden Harle	Fitzwimarc School	12.23	+2.8
5	Jamie Howlett	Fitzwimarc School	11.99	+2.0
6	Tommy Metcalfe	Southend H S B	11.68	+1.0
7	Jordan Gombas	Fitzwimarc School	11.14	+1.8
8	Keiran Kelly	Basildon A C	11.00	+1.5
9	Jack Swann	Castle View School	10.96	+1.9

#### Event 74 U17 Men - Shot Putt

##### Final (F11)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Hugh Williams	W G w E L	13.01
2	Archie Leeming	Castle View School	12.24
3	Kyle Smith	Southend H S B	11.23
4	Jordan Nottage	Castle View School	11.15
5	Dylan Callaghan	Southend H S B	11.12
6	Matthew Iley	Southend H S B	10.98
7	Aaron York	Basildon A C	10.28
8	Shaun Knights	Southend H S B	9.24
9	Harry Gibbons	Havering Mayesbrook	9.22

#### Event 75 U17 Men - Discus

##### Final (F26)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Thomas Guy	Chelmsford A C	42.50
2	James Mead	Chelmsford A C	39.97
3	Khai Riley-Laborde	Enfield & H A C	39.72
4	Daniel Francis	W G w E L	37.65
5	Josh Prentice	Fitzwimarc School	34.77
6	Archie Leeming	Castle View School	33.41
7	Gregory Ward	Southend H S B	31.44
8	David Peddle	W G w E L	30.42
9	Dylan Callaghan	Southend H S B	28.45
10	Hugh Williams	W G w E L	28.23

11 Harry Gibbons Havering Mayesbrook 26.30

**Event 92 U15 Boys - 300M**

**Final (T12)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Taylor Hartman	Southend H S B	38.42	CBP
2	Jack Keane	Colchester Harriers	39.67	
3	Thomas Pitkin	Havering Mayesbrook	40.34	
4	Jack Chilvers	Castle View School	41.41	
5	James Redman	Colchester & Tendring	43.36	
6	Thomas Wood	Chelmsford A C	48.19	

**Event 95 U15 Boys - 3000m**

**Final (T24)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	George Elliott	Eastwood School	9:26.95	
2	Daniel Ashley	Basildon A C	9:58.24	
3	Christian Gray	Basildon A C	10:22.82	
4	Benjamin Haynes	Basildon A C	10:25.47	
5	Gary Cahill	Thurrock Harriers	10:28.55	
6	James Redman	Colchester & Tendring	10:41.67	
7	Henry Blanks	Chelmsford A C	10:41.67	
8	George Day	Orion Harriers	10:48.33	

**Event 102 U15 Boys - Shot Putt**

**Final (F17)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	James Pearson	Thurrock Harriers	12.17	
2	William Leslie-Green	Southend H S B	10.89	
3	Billy Praitm-Singh	Southend A C	10.52	
4	Narck-Boolaiky Bhishanyouraj	Southend H S B	10.10	
5	David Horvath-Franco	Southend H S B	9.04	
6	Joseph Ellis	Chelmsford A C	8.76	

**Event 103 U15 Boys - Discus**

**Final (F12)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	James Pearson	Thurrock Harriers	37.42	
2	Jamie Thwaites	Fitzwimarc School	32.25	
3	Jack Chilvers	Castle View School	21.67	

**Event 107 U13 Boys - 100M**

**Prelims (T18)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1		Wind: -1.9 M/S	
1	Jordan Fester	Colchester Harriers	14.28 Q
2	Ethan Evison	Eastwood School	15.36 Q
3	Gabriel Annim	Fitzwimarc School	15.52 q
4	Alexander Hulne	Moulsham High Sch	15.59
5	Harrison Chapman	Basildon A C	15.81

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2		Wind: -1.7 M/S	
1	Karl Johnson	N & E B	13.45 Q
2	Rotimi Osunsami	N & E B	14.32 Q
3	Bodunrin Salau	Anglo-European Sch	14.43 q
4	Lewis Jeffery	Eastwood School	14.61 q
5	Finnlay Hartman	Eastwood School	15.18 q
6	Joe Wicks	Moulsham High Sch	15.61

Top 2 places + 4 next fastest times advance to next round

### Final (T33)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
		Wind: -2.0 M/S	
1	Karl Johnson	N & E B	13.38
2	Jordan Fester	Colchester Harriers	13.80
3	Rotimi Osunsami	N & E B	14.13
4	Bodunrin Salau	Anglo-European Sch	14.50
5	Lewis Jeffery	Eastwood School	14.54
6	Finnlay Hartman	Eastwood School	14.86
7	Ethan Evison	Eastwood School	15.02
8	Gabriel Annim	Fitzwimarc School	15.27

### Event 109 U13 Boys - 800M

#### Prelims (T7)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Jake Young	Colchester Harriers	2:27.37 Q
2	Gus Withers	Eastwood School	2:28.17 q
3	Max Williams	Colchester & Tendring	2:28.40 q
4	Rhys Gillings	Eastwood School	2:32.63 q
5	James Inch	Orion Harriers	2:35.75
6	Joss Foot	Orion Harriers	2:43.05

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Samuel Jones	Southend H S B	2:30.14 Q
2	Mitchel Cox	Basildon A C	2:30.68 q
3	Lewis Harknett	Harlow A C	2:31.96 q
4	Ryan Mogford	Moulsham High Sch	2:39.68
5	Alexander Hulne	Moulsham High Sch	2:41.66
6	Owen Harknett	Harlow A C	2:45.33
7	Conner Begg	Cecil Jones College	3:10.45

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Mason Webb	Basildon A C	2:31.65 Q
2	Andrew Hill	Chelmsford A C	2:34.91
3	Jack Shepherd	Colchester Harriers	2:36.95
4	Ethan Evison	Eastwood School	2:45.29
5	Harry Walker	Moulsham High Sch	2:46.68
6	Joe Wicks	Moulsham High Sch	2:48.64

Top 1 places + 5 next fastest times advance to next round

#### Final (T27)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Jake Young	Colchester Harriers	2:21.18
2	Mason Webb	Basildon A C	2:23.20
3	Max Williams	Colchester & Tendring	2:23.50
4	Gus Withers	Eastwood School	2:25.43
5	Mitchel Cox	Basildon A C	2:28.70
6	Samuel Jones	Southend H S B	2:29.30
7	Lewis Harknett	Harlow A C	2:30.71
8	Rhys Gillings	Eastwood School	2:59.79

#### Event 128 Veteran Men - 100m

##### Final (T34)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Wind: -1.8 M/S			
1	David Sketchley	Harrow A C	12.44
2	Keith Palmer	Southend A C	13.12

#### Event 129 Veteran Men - 300M

##### Final (T14)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Mark Bishop	Havering Mayesbrook	39.27 CBP
2	Micahel Osunsami	N & E B	39.43
3	David Sketchley	Harrow A C	41.07
4	Keith Palmer	Southend A C	41.26

#### Event 201 Senior Women - 200M

##### Prelims ((T10)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
Wind: -1.6 M/S			
1	Nicola Hill	Enfield & H A C	25.41 Q
2	Joanne Ryan	Loughton A C	25.65 Q
3	Heather Shepherd	Colchester Harriers	26.01 q
4	Natalie LeBeau	Thurrock Harriers	28.30 q
5	Rachel Kerr	Havering Mayesbrook	29.96 q
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

## Heat 2

Wind: -0.1 M/S

1	Katie Skelding	W G w E L	25.78 Q
2	Temi Erinoso	Unattached	25.95 Q
3	Lauren Longhurst	Chelmsford A C	27.27 q
4	Karen Asante	N & E B	31.99
---	Amy McDonald	Southend A C	DQ

Top 2 places + 4 next fastest times advance to next round

## Final (T36)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1		Wind: -2.4 M/S	
1	Nicola Hill	Enfield & H A C	25.29
2	Joanne Ryan	Loughton A C	25.71
3	Katie Skelding	W G w E L	25.82
4	Temi Erinoso	Unattached	26.20
5	Heather Shepherd	Colchester Harriers	26.34
6	Lauren Longhurst	Chelmsford A C	27.14
7	Rachel Kerr	Havering Mayesbrook	29.88
---	Natalie LeBeau	Thurrock Harriers	DNS

## Event 203 Senior Women - 800M

## Final (T29)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Gemma Kersey	Basildon A C	2:09.32
2	Karen Whitmarsh	Basildon A C	2:17.02
3	Natalie Kipps	Orion Harriers	2:18.40
4	Denise Morley	Colchester Harriers	2:21.35
5	Sarah Driver	Thurrock Harriers	2:39.46

## Event 206 Senior Women - 5000M

## Final (T17)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Charlotte Peppiatt	Benfleet R C	18:09.98
2	Dominique Ballard	Benfleet R C	18:14.17

## Event 211 Senior Women - 400M Hurdles

## Final (T4)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Martine Bomb	Unattached	1:04.12
2	Claire Brennan	Havering Mayesbrook	1:06.64
3	Louise Douglass	Basildon A C	1:07.74
4	Felicity Clarke	Havering Mayesbrook	1:08.54
5	Heidi Nicholas	Basildon A C	1:09.73

## Event 212 Senior Women - High Jump

## Final (F22)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Natalie LeBeau	Thurrock Harriers	1.60
2	Sade Bailey	Basildon A C	1.60
3	Heidi Nicholas	Basildon A C	1.55

#### Event 213 Senior Women - Pole Vault

##### Final (F6)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Kate Cowley	Havering Mayesbrook	3.70	CBP

#### Event 218 Senior Women - Hammer

##### Final (F1)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Shirley Quinn	Chelmsford A C	29.96

#### Event 219 Senior Women - Javelin

##### Final (F19)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Kike Oniwinde	Enfield & H A C	40.88
2	Kim Box	Basildon A C	39.64

#### Event 231 U20 Women - 200M

##### Final (T22)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Wind: -1.3 M/S			
1	Hayley McLean	Chelmsford A C	25.71
2	Mubarakat Akinshipo	N & E B	26.33
3	Holly Pattie-Belleli	W G w E L	26.41
4	Rianne Ashitey-Dennis	N & E B	27.13
5	Georgia Green-Muid	Southend H S B	27.72
6	Gloria Alabi	N & E B	29.00

#### Event 233 U20 Women - 800M

##### Final (T30)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Kimberly Johansen	Chelmsford A C	2:15.64
2	Emily Ballard	Basildon A C	2:28.76
3	Lisa Crowhurst	Colchester & Tendring	2:33.90
4	Jessica Jellicoe	Chelmsford A C	2:42.09

#### Event 239 U20 Women - 400M Hurdles

##### Final (T3)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
--	-------------	--------------------	-------------

1	Georgia Green-Muid	Southend H S B	1:10.44
---	--------------------	----------------	---------

#### Event 240 U20 Women - High Jump

##### Final (F23)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Stephanie Ugbo	N & E B	1.65	CBP=

#### Event 241 U20 Women - Pole Vault

##### Final (F7)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Nancy Epsley	Chelmsford A C	3.5

#### Event 246 U20 Women - Hammer

##### Final (F2)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Chelsea Coker	Chelmsford A C	45.49
2	Victoria Onyeka	W G w E L	35.08

#### Event 247 U20 Women - Javelin

##### Final (T20)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Deborah Knight	Havering Mayesbrook	37.78
2	Kathrine Ellis	Seevic College	22.82

#### Event 261 U17 Women - 200M

##### Final (T23)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Wind: -2.4 M/S			
1	Nicole McKechnie	Chelmsford A C	26.65
2	Madelaine Akpabio	Chelmsford A C	27.17
3	Finette Agyapong	St Angela's School	27.68
4	Kirielle Mbone	N & E B	28.30
5	Moesha Hedman	N & E B	28.90
6	Marlene Avontuur	Chelmsford A C	28.92
7	Annabel Matthews-Smith	Southend A C	29.05

#### Event 262 U17 Women - 300M

##### Final (T13)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Nicole McKechnie	Chelmsford A C	41.20
2	Christy Dailly	Chelmsford A C	42.96
3	Bethany Ibbotson	Colchester & Tendring	43.44
4	Marlene Avontuur	Chelmsford A C	44.24

5	Kerry McCrory	Southend A C	44.30
6	Hayley Lamkin	Southend A C	46.21
7	Jessica Swain	Chelmsford A C	48.57

#### Event 264 U17 Women - 1500M

##### Final (T26)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Georgia Tuckfield	Orion Harriers	4:38.78
2	Gemma Holloway	Thurrock Harriers	4:42.90
3	Lydia Hallam	Havering Mayesbrook	4:44.18
4	Sophie Crofts	Chelmsford A C	4:47.65
5	Amelia Barrett	W G w E L	4:53.10
6	Emma Jarvis	Southend A C	5:02.35
7	Jessica Burgess	W G w E L	5:02.39
8	Emily Bullis	Basildon A C	5:03.38
9	Rebecca Wade	Chelmsford A C	5:06.05
10	Maisie Jones	Basildon A C	5:06.10
11	Anna Clark	Loughton A C	5:08.42
12	Natasha Fisher	Chelmsford A C	5:14.39

#### Event 269 U17 Women - 300M Hurdles

##### Final (T1)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Amy Richards	Orion Harriers	50.52
2	Georgia Sleep	Basildon A C	53.47

#### Event 271 U17 Women - Pole Vault

##### Final (F8)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Amy Clarke	Chelmsford A C	2.60
2	Becky Pasmore	Chelmsford A C	2.30
3	Shannon Connolly	Castle View School	2.20

#### Event 272 U17 Women - Long Jump

##### Final (F21)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
1	Clarice Parrott	Braintree & District	5.31	+2.8
2	Georgia Green	Enfield & H A C	5.27	+3.4
3	Kirsty Ronald	Braintree & District	5.26	+3.2
4	Jade Harding	Chelmsford A C	5.13	+2.8
5	Ebony Bobb-Semple	W G w E L	4.88	+1.5
6	Kerry McCrory	Southend A C	4.75	+2.4
7	Frankie Rickwood	Fitzwimarc School	4.43	+2.3

**Event 274 U17 Women - Shot Putt****Final (F31)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Rachel Forder	Havering Mayesbrook	10.39
2	Georgie Taylor	Havering Mayesbrook	9.70
3	Melanie Deer	Chelmsford A C	9.04
4	Marleen Avontuur	Chelmsford A C	6.99

**Event 276 U17 Women - Hammer****Final (F3)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Chloe Cockell	Braintree & District	37.94
2	Elle Cockell	Braintree & District	34.29
3	Georgie Taylor	Havering Mayesbrook	21.93

**Event 291 U15 Girls - 200M****Prelims (T9)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
		Wind: -0.1 M/S	
1	Serena Espeute	Orion Harriers	28.78 Q
2	Katie Dawson	Havering Mayesbrook	29.52 Q
3	Phillippa Davenall	Colchester Harriers	29.73 q
4	Francesca Roast	Basildon A C	29.80
5	Annie Maquire	Havering Mayesbrook	30.90
6	Abby Cronin	Southend A C	31.42
7	Kate Spencer	Moulsham High Sch	32.26

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
		Wind: -0.1 M/S	
1	Michelle Hughes	Havering Mayesbrook	27.25 Q
2	Shannon McNeil	Chelmsford A C	27.38 Q
3	Oluwaseun Alao	Colchester Harriers	29.18 q
4	Monica Griffith	W G w E L	29.53 q
5	Jasmine Ruscoe	Southend H S G	29.78
6	Abbie Campbell	Harlow A C	31.08
7	Jemima Sofowora	Southend H S G	31.64

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
		Wind: -0.6 M/S	
1	Modupe Shokunbi	Havering Mayesbrook	27.23 Q
2	Susan Omope	Orion Harriers	28.57 Q
3	Zoe Benton	Herts Phoenix A C	29.68 q
4	Ella Nicholson	Orion Harriers	29.97
5	Shannon Sims	Basildon A C	30.91
6	Joanna Sofowora	Southend H S G	31.60
7	Courtney Bland	Colchester & Tendring	32.12

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
--	-------------	--------------------	-------------

## Heat 4

Wind: -1.6 M/S

1	Lucy Shaw	Southend A C	27.33 Q
2	Erin Minton-Branfoot	Chelmsford A C	28.27 Q
3	Josephine Akoro	Chelmsford A C	28.42 q
4	Shereen Raouf	Southend A C	28.76 q
5	Sophie Rickner	Southend A C	28.90 q
6	Michelle Manyewe	Cecil Jones College	29.07 q
7	Gabriella Pearson	Southend A C	29.82
8	Isabel Sawyer	Colchester Harriers	30.41

Top 2 places + 8 next fastest times advance to next round

**Semis (T21)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
-------------	--------------------	-------------

## Heat 1

Wind: +1.1 M/S

1	Modupe Shokunbi	Havering Mayesbrook	27.09 Q
2	Josephine Akoro	Chelmsford A C	27.72 Q
3	Shannon McNeil	Chelmsford A C	27.74 Q
4	Serena Espeute	Orion Harriers	28.60 Q
5	Oluwaseun Alao	Colchester Harriers	29.40
6	Michelle Manyewe	Cecil Jones College	29.41
7	Katie Dawson	Havering Mayesbrook	30.00
---	Phillippa Davenall	Colchester Harriers	DNS

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
-------------	--------------------	-------------

## Heat 2

Wind: -1.8 M/S

1	Lucy Shaw	Southend A C	28.05 Q
2	Susan Omope	Orion Harriers	28.22 Q
3	Michelle Hughes	Havering Mayesbrook	28.30 Q
4	Erin Minton-Branfoot	Chelmsford A C	28.40 Q
5	Shereen Raouf	Southend A C	28.77
6	Sophie Rickner	Southend A C	28.96
7	Monica Griffith	W G w E L	29.71
---	Zoe Benton	Herts Phoenix A C	DNS

Top 4 places + 0 next fastest times advance to next round

**Final (T39)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
-------------	--------------------	-------------

Wind: -1.0 M/S

1	Lucy Shaw	Southend A C	26.63
2	Modupe Shokunbi	Havering Mayesbrook	27.04
3	Shannon McNeil	Chelmsford A C	27.29
4	Josephine Akoro	Chelmsford A C	27.71
5	Michelle Hughes	Havering Mayesbrook	27.97
6	Erin Minton-Branfoot	Chelmsford A C	28.54
7	Serena Espeute	Orion Harriers	28.70
8	Susan Omope	Orion Harriers	28.81

**Event 294 U15 Girls - 1500M****Final (T11)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
-------------	--------------------	-------------

1	Jodie Judd	Castle View School	4:50.25
2	Millie Smith	Chelmsford A C	5:00.71
3	Katherine-Jayne Watts	Colchester Harriers	5:02.17
4	Lucy Kidwell	Southend A C	5:05.04
5	Alicia McArdell	W G w E L	5:06.74
6	Amy Baggs	Havering Mayesbrook	5:15.62
7	Lucy Storrar	Chelmsford A C	5:16.73
8	Cameron Venton	Chelmsford A C	5:17.82
9	Gemma Archer-Haley	Havering Mayesbrook	5:21.85
10	Natasha May	Southend H S G	5:24.07
11	Emma Perks	Moulsham High Sch	5:28.97
12	Georgina Sturgeon	Colchester & Tendring	5:31.81
13	Megan Williams	Chelmsford A C	5:33.13
14	Tilly Aitmarri	Basildon A C	5:48.02
15	Eleanor Hay	Chelmsford A C	6:24.79

### Event 302 U15 Girls - High Jump

#### Final (F18)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Laura Amorgie	Herts Phoenix A C	1.45
2	Michelle Hughes	Havering Mayesbrook	1.45
3	Chenice Constable	Havering Mayesbrook	1.45
4	Michelle Manyewe	Cecil Jones College	1.45
5	Gabriella Pearson	Southend A C	1.40
6	Jasmin Hedman	N & E B	1.40
7	Holly Coughland	Eastwood School	1.40
8	Adele Edmondson	Fitzwimarc School	1.35
9	Katie Dawson	Havering Mayesbrook	1.35
10	Jasmine Ruscoe	Southend H S G	1.35
11	Tiffany Weaving	Castle View School	1.30
12	Tiffany Carter	Castle View School	1.25
13	Annie White	Southend H S G	1.20
13	Modupe Shokunbi	Havering Mayesbrook	1.20

### Event 303 U15 Girls - Pole Vault

#### Final (F9)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Caitlin Potts	King John School	2.10
2	Georgia Butterworth	King John School	2.10
3	Ellie Powell	King John School	2.00

### Event 304 U15 Girls - Long Jump

#### Final (F10)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>
--	-------------	--------------------	-------------	-------------

1	Ellie Savva	Braintree & District	4.89	-0.6
2	Chenice Constable	Havering Mayesbrook	4.86	+2.2
3	Ella Nicholson	Orion Harriers	4.53	-0.8
4	Shereen Raouf	Southend A C	4.49	+0.6
5	Annie Maquire	Havering Mayesbrook	4.43	+0.0
6	Jasmin Hedman	N & E B	4.36	-1.4
7	Zoe Benton	Herts Phoenix A C	4.11	+0.0
8	Holly Coughland	Eastwood School	4.10	0.2
9	Beth James	Thurrock Harriers	4.00	+0.0
10	Robyn Stafford	Great Baddow Sch	3.88	-1.2
11	Annie White	Southend H S G	3.79	-1.8
12	Sophie Wright	Basildon A C	3.72	+0.0
13	Phillippa Davenall	Colchester Harriers	3.72	0
14	Georgina Sturgeon	Colchester & Tendring	3.69	-1.5
15	Amber Mason	Southend H S G	3.67	+0.0
16	Abigail Pocock	Southend H S G	3.63	-0.2
17	Courtney Bland	Colchester & Tendring	3.61	-1.6
18	Anna Campbell	Southend H S G	3.44	-0.3

#### Event 307 U15 Girls - Discus

##### Final (F13)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Olivia Bullis	Basildon A C	28.01
2	Tiffany Ren	Southend H S G	25.76
3	Philippa Davenall	Colchester Harriers	20.82
4	Beth James	Thurrock Harriers	20.29
5	Iris Maxfield	Orion Harriers	20.24
6	Stephanie Howe	W G w E L	19.34
---	Abby Cronin	Southend A C	NM

#### Event 308 U15 Girls - Hammer

##### Final (F4)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Olivia Bullis	Basildon A C	28.57
2	Iris Maxfield	Orion Harriers	25.93
3	Abby Cronin	Southend A C	21.57
---	Stephanie Howe	W G w E L	NM

#### Event 335 U13 Girls - 75M

##### Final (T19)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Wind: -0.2 M/S			
1	Amber Hornbuckle	Enfield & H A C	10.17
2	Sian Richefond	Orion Harriers	10.55
3	Caitlin O'Reilly	Colchester & Tendring	10.65

4	Rebecca Jeggo	Colchester Harriers	10.84
5	Lestine Manduakila	N & E B	10.90
6	Emily Sharpe	Orion Harriers	11.01
7	Alisha Hayes	Southend H S G	11.18
8	Marilu Manduakila	N & E B	11.92

### Event 337 U13 Girls - 800M

#### Prelims (T8)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Isabella Hoy	Orion Harriers	2:44.77 Q
2	Megan Paxman	Chelmsford A C	2:48.48
3	Rebecca Hurford	Southend H S G	2:49.95
4	Eloise Lewis	Southend A C	2:53.88
5	Alice Ronn	Moulsham High Sch	2:56.55
6	Lily Woollett	Chelmsford A C	2:57.74
7	Maisie Underwood	Chelmsford A C	3:02.54

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Rebecca Brown	Havering Mayesbrook	2:39.78 Q
2	Rachel Broome	Chelmsford A C	2:40.74 q
3	Niamh Smith	Basildon A C	2:40.76
4	Megan Richardson	Southend H S G	2:41.22
5	Phoebe Jeffery	Eastwood School	2:44.07
6	Ella Healey	Southend H S G	2:50.10
7	Natasha Walter	Southend A C	2:55.73
8	Iona Doyle	Southend H S G	2:58.86

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Emily Sharpe	Orion Harriers	2:37.18 Q
2	Olivia Hounsome	W G w E L	2:38.81 q
3	Kate Etheridge	Moulsham High Sch	2:39.04 q
4	Nancy Callagher	Orion Harriers	2:39.52 q
5	Katie Faint	Southend H S G	2:39.55 q
6	Hannah Badger	Southend H S G	2:42.46
7	Emily Marshall	Havering Mayesbrook	2:43.40

Top 1 places + 5 next fastest times advance to next round

#### Final (T28)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Isabella Hoy	Orion Harriers	2:29.76
2	Rebecca Brown	Havering Mayesbrook	2:35.59
3	Emily Sharpe	Orion Harriers	2:36.12
4	Rachel Broome	Chelmsford A C	2:39.68
5	Olivia Hounsome	W G w E L	2:40.36
6	Katie Faint	Southend H S G	2:44.73
7	Nancy Callagher	Orion Harriers	2:49.47

--- Kate Etheridge

Moulsham High Sch

DNS

**Event 343 U13 Girls - Shot Putt**

**Final (F31)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Katie Head	William Edwards Sch	8.35	
2	Hannah Badger	Southend H S G	6.41	
3	Sophie Taylor	Havering Mayesbrook	6.09	
4	Alexandra Jellicoe	Southend H S G	5.70	
5	Megan Richardson	Southend H S G	5.47	

**Event 346 U13 Girls - Hammer**

**Final (F5)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Katie Head	William Edwards Sch	34.25	CBP

**Event 350 Veteran Women - 100m**

**Final (T35)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
		Wind: -1.8 M/S		
1	Lynn Talbert	Thurrock Harriers	15.38	

**Event 351 Veteran Women - 300M**

**Final (T15)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Denise Morley	Colchester Harriers	45.02	CBP
2	Lynn Talbert	Thurrock Harriers	48.77	























































