

JTA	M40 Javelin				
1	1	Steve Down	Chelmsford	34.37	4
4	2	Mark Jenkins	Thurrock	30.50	3
2	3	Jim Harrison	Loughton	29.98	2
3	4	Paul Ffrench	Southend	29.75	1
	5				0
	6				0
	7				0

JTB	M50 Javelin				
3	1	Rob Earle	Southend	36.50	4
1	2	Mike Williams	Chelmsford	31.74	3
2	3	Mike Higgins	Loughton	15.06	2
	4				1
	5				0
	6				0
	7				0

4x400A	M40 4x400m Relay			TIME	
1	1	Chelmsford		4,03.5	4
2	2	Loughton		4,23.0	3
3	3	Southend		4,24.9	2
	4				1
	5				0
	6				0
	7				0

4x400B	M50 4x400m Relay			TIME	
1	1	Chelmsford		4,35.3	4
	2				3
	3				2
	4				1
	5				0
	6				0
	7				0

JTA								JTA
	4							
			3					
	2							
		1						
								0
JTB								JTB
			4					
	3							
		2						
								1
4x400A								4x400A
	4							
		3						
			2					
								1
4x400B								4x400B
	4							
								6
	80	60	66	22	0	0	0	32

JTB		F45 Javelin			
8	1	Tracy Minton	Chelmsford	12.78	2
9	2	Ann Heeks	Loughton	7.66	1
	3				0
	4				0
	5				0
	6				0
	7				0

JTC		F55 Javelin			
8	1	Shirley Quinn	Chelmsford	18.28	2
9	2	Pam Ackland-Snow	Loughton	14.46	1
	3				0
	4				0
	5				0
	6				0
	7				0

4x400A		F35 4x400m Relay		TIME	
8	1	Chelmsford		4.55.1	2
9	2	Loughton		6.13.3	1
	3				0
	4				0
	5				0
	6				0
	7				0

4x400B		F45 4x400m Relay		TIME	
9	1	Loughton		5.45.2	2
8	2	Chelmsford		6.41.8	1
	3				0
	4				0
	5				0
	6				0
	7				0

							JTB
2							
	1						
							0

							JTC
2							
	1						
							0

							4x400A
2							
	1						
							0

							4x400B
	2						
	1						
							0
38	33	0	0	0	0	0	7