Eastern Veterans League - Lee Valley - 25 April2012

	Mens's Teams	Score	
1	Chelmsford	82.5	1
2	Loughton	49.5	2
3	Southend	65	3
4	Thurrock	28	4
5		0	5
6		0	6
7		0	7

						Chelms 1	Lought 2	Southe 3	Thurro 4	5	6	7	Waste	
100A		**M40 100m**												100A
3	1	K. Palmer	Southend	13.6	4			4						
1	2	Kevin McAlinden	Chelmsford	14.1	3	3								
2	3	Cliff Warren	Loughton	14.4	2		2							
	4				1									
	5				0									
	6				0									
	7				0								1	
100B		**M50 100m**												100B
2	1	Ty Holden	Loughton	13.8	4		4							
4	2	John Metcalf	Thurrock	15.0	3				3					
1	3	David Barnett	Chelmsford	15.3	2	2								
3	4	Peter Binns	Southend	17.6	1			1						
	5				0									
	6				0									
	7				0								0	
100C		**M60 100m**												100C
1	1	Roger Cole	Chelmsford	16.7	4	4								
3	2	John Brock	Southend	19.0	3			3						
	3				2									
	4				1									
	5				0									
	6				0									
	7				0								3	
400A		**M40 400m**												400A
1	1	Kevin McAlinden	Chelmsford	60.1	4	4								
3	2	K. Palmer	Southend	62.8	3			3						
2	3	Cliff Warren	Loughton	64.0	2		2							
4	4	Andrew Robinson	Thurrock	70.0	1				1					
	5				0									
	6				0									
	7				0								0	
400B		**M50 400m**												400B
2	1	Ty Holden	Loughton	61.2	4		4							
1	2	Stuart Robertson	Chelmsford	65.1	3	3								
4	3	John Metcalf	Thurrock	69.7	2				2					
3	4	Peter Binns	Southend	78.4	1			1						
	5				0									
	6				0									
	7				0								0	
400C		**M60 400m**												400C
1	1	Roger Cole	Chelmsford	86.5	4	4								
3	2	John Brock	Southend	94.8	3			3						
2	3	John Borgars	Loughton	99.7	2		2							
	4				1									
	5				0									
	6				0									
	7				0								1	
1500A		**M40 1500m**												1500A
4	1	Dave Marchant	Thurrock	4:59.2	4				4					
1	2	Martin Gibbs	Chelmsford	5:18.5	3	3								
3	3	Chris Cattano	Southend	5:34.8	2			2						
2	4	Steve Luton	Loughton	5:41.4	1		1							
	5				0									
	6				0									
	7				0								0	

1500B		**M50 1500m**												1500B
4	1	John Metcalf	Thurrock	4:53.5	4				4					
1	2	Nick Bridgeland	Chelmsford	4:54.2	3	3								
3	3	Peter Binns	Southend	5:56.1	2			2						
2	4	Rob Sargent	Loughton	6:18.3	1		1							
	5				0									
	6				0									
	7				0								0	
1500C		**M60 1500m**												1500C
2	1	John Borgars	Loughton	7:01.6	4		4							
1	2	Roger Cole	Chelmsford	7:12.1	3	3								
3	3	John Brock	Southend	8:42.3	2			2						
	4				1									
	5				0									
	6				0									
	7				0								1	
110HA		**M40 110m Hurdles**												110HA
1	1	Steve Down	Chelmsford	21.4	4	4								
2	2	Jim Harrison	Loughton	22.0	3		3							
3	3	Paul Ffrench	Southend	28.0	2			2						
	4													
	5				0									
	6				0									
	7				0								1	
100HB		**M50 100m Hurdles**												100HB
1	1	David Barnett	Chelmsford	29.6	4	4								
	2				3									
	3				2									
	4				1									
	5				0									
	6				0									
	7				0								6	
2kWA		**M40 2km Walk**												2kWA
3	1	Chris Cattano	Southend	12:22.6	4			4						
1	2	Kevin McAlinden	Chelmsford	14:47.9	3	3								
2	3	Duncan Rayney	Loughton	16:23.5	2		2							
	4				1									
	5				0									
	6				0									
	7				0								1	
2kWB		**M50 2km Walk**												2kWB
4	1	Steve Kemp	Thurrock	12:29.1	4				4					
3	2	Peter Binns	Southend	12:59.3	3			3						
2	3	John Borgars	Loughton	13:01.6	2		2							
1	4	David Barnett	Chelmsford	14:46.9	1	1								
	5				0									
	6				0									
	7				0								0	
2kWC		**M60 2km Walk**												2kWC
3	1	John Brock	Southend	13:08.8	4			4						
2	2	Peter Cassidy	Loughton	14:20.0	3		3							
1	3	Phil Harris	Chelmsford	14:23.6	2	2								
	4				1									
	5				0									
	6				0									
	7				0								1	
LJA		**M40 Long Jump**												LJA
3	1	Paul Ffrench	Southend	4.85	4			4						
1	2	Steve Down	Chelmsford	4.74	3	3								
4	3	Andrew Robinson	Thurrock	4.49	2				2					
2	4	Cliff Warren	Loughton	4.45	1		1							
	5				0									
	6				0									
	7				0								0	
LJB		**M50 Long Jump**												LJB
1	1	David Barnett	Chelmsford	4.22	4	4								
2	2	Simon Childs	Loughton	3.86	3		3							
3	3	Peter Binns	Southend	2.82	2			2						
	4				1									

	5				0									
	6				0									
	7				0								1	
LJC		**M60 Long Jump**												LJC
2	1	David Hobbs	Loughton	3.98	4		4							
1	2	Roger Cole	Chelmsford	3.52	3	3								
3	3	John Brock	Southend	2.05	2			2						
	4				1									
	5				0									
	6				0									
	7				0								1	
HJA		**M40 High Jump**												HJA
3	1	Paul Ffrench	Southend	1.45	4			4						
4	2	Andrew Robinson	Thurrock	1.40	3				3					
2	3=	Jim Harrison	Loughton	1.20	1.5		1.5							
1	3=	Mark Jenkins	Chelmsford	1.20	1.5	1.5								
	5				0									
	6				0									
	7				0								0	
HJB		**M50 High Jump**												HJB
1	1	Gerry Daniels	Chelmsford	1.20	4	4								
	2				3									
	3				2									
	4				1									
	5				0									
	6				0									
	7				0								6	
SPA		**M40 Shot**												SPA
3	1	Paul Ffrench	Southend	8.30	4			4						
2	2	Jim Harrison	Loughton	7.47	3		3							
1	3	Mark Jenkins	Chelmsford	5.57	2	2								
	4				1									
	5				0									
	6				0									
	7				0								1	
SPB		**M50 Shot**												SPB
3	1	R. Earle	Southend	13.44	4			4						
1	2	Mike Williams	Chelmsford	9.66	3	3								
4	3	0	Thurrock	6.21	2				2					
2	4	Mick Higgins	Loughton	5.54	1		1							
	5				0									
	6				0									
	7				0								0	
SPC		**M60 Shot**												SPC
1	1	Phil Harris	Chelmsford	6.78	4	4								
3	2	John Brock	Southend	6.35	3			3						
	3				2									
	4				1									
	5				0									
	6				0									
	7				0								3	
HTA		**M40 Hammer**												HTA
1	1	Mark Jenkins	Chelmsford	15.80	4	4								
2	2	Jim Harrison	Loughton	16.15	3		3							
3	3	Paul Ffrench	Southend	14.19	2			2						
	4				1									
	5				0									
	6				0									
	7				0								1	
HTB		**M50 Hammer**												HTB
3	1	R. Earle	Southend	57.03	4			4						
1	2	Mike Williams	Chelmsford	33.03	3	3								
2	3	Mick Higgins	Loughton	12.42	2		2							
	4				1									
	5				0									
	6				0									
	7				0								1	
RelayA		**M40 Medley Relay**												MedleyA
1	1	Chelmsford		4:27.6	4	4								

4	2	Thurrock		4:41.8	3				3					
3	3	Southend		4:57.6	2			2						
2	4	Loughton		5:08.0	1		1							
	5				0									
	6				0									
	7				0								0	
RelayB		**M50 Medley Relay**												MedleyB
1	1	Chelmsford		4:42.6	4	4								
	2				3									
	3				2									
	4				1									
	5				0									
	6				0									
	7				0								6	
						83	**50**	**65**	**28**	**0**	**0**	**0**	**35**	

	Womens's Teams	**Score**	
1	Chelmsford	31	8
2	Loughton	44	9
3	Southend	0	10
4	Thurrock	0	11
5		0	12
6		0	13
7		0	14

						Chelms 8	Lought 9	Southe 10	Thurro 11	12	13	14	Waste	
100A		**F35 100m**												100A
9	1	Sara Santon	Loughton	15.0	2		2							
8	2	Sally Mhlanga	Chelmsford	15.9	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
100B		**F45 100m**												100B
9	1	Amanda Rochester	Loughton	15.8	2		2							
8	2	Jill Kent	Chelmsford	17.0	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
100C		**F55 100m**												100C
9	1	Chris Salvary	Loughton	17.5	2		2							
8	2	Sylvia Sergeant	Chelmsford	17.8	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
400A		**F35 400m**												400A
8	1	Wendy King	Chelmsford	67.9	2	2								
9	2	Sara Santon	Loughton	76.1	1		1							
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
400B		**F45 400m**												400B
9	1	Amanda Rochester	Loughton	72.1	2		2							
8	2	Joanne Smith	Chelmsford	77.2	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
1500A		**F35 1500m**												1500A
8	1	Sally Mhlanga	Chelmsford	5:15.1	2	2								

9	2	Gwen Harwood	Loughton	8:04.0	1			1						
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									0
1500B		**F45 1500m**												1500B
8	1	Joanne Smith	Chelmsford	5:53.3	2		2							
9	2	Ann Heeks	Loughton	6:21.7	1			1						
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									0
1500C		**F55 1500m**												1500C
8	1	Mags Jarvis	Chelmsford	7:01.8	2		2							
9	2	Jean Hobbs	Loughton	7:42.0	1			1						
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									0
100HA		**F35 100m Hurdles**												100HA
9	1	Sara Santon	Loughton	18.9	2			2						
8	2	Wendy King	Chelmsford	25.9	1		1							
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									0
80HB		**F45 80m Hurdles**												80HB
9	1	Charmaine Johnson	Loughton	16.0	2			2						
8	2	Jill Kent	Chelmsford	19.6	1		1							
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									0
2kWA		**F35 2km Walk**												2kWA
9	1	Gwen Harwood	Loughton	17:30.2	2			2						
	2				1									
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									1
2kWB		**F45 2km Walk**												2kWB
9	1	Pam Ackland-Snow	Loughton	17:30.2	2			2						
	2				1									
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									1
2kWC		**F55 2km Walk**												2kWC
9	1	Francoise Fernandez	Loughton	13:51.5	2			2						
	2				1									
	3				0									
	4				0									
	5				0									
	6				0									
	7				0									1
LJA		**F35 Long Jump**												LJA
8	1	Wendy King	Chelmsford	3.70	2		2							
9	2	Michaela Davis	Loughton	3.00	1			1						
	3				0									
	4				0									
	5				0									
	6				0									

	7				0								0	
LJB		**F45 Long Jump**												LJB
9	1	Charmaine Johnson	Loughton	4.13	2		2							
8	2	Claire SJ Coleman	Chelmsford	3.84	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
LJC		**F55 Long Jump**												LJC
9	1	Chris Salvary	Loughton	3.25	2		2							
8	2	Mags Jarvis	Chelmsford	2.66	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
HJA		**F35 High Jump**												HJA
9	1	Michaela Davis	Loughton	1.15	2		2							
8	2	Carol Morris	Chelmsford	0.90	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
HJB		**F45 High Jump**												HJB
9	1	Barbara Higgins	Loughton	1.05	2		2							
8	2	Claire SJ Coleman	Chelmsford	1.00	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
SPA		**F35 Shot**												SPA
9	1	Kate Merritt	Loughton	6.63	2		2							
8	2	Carol Morris	Chelmsford	6.45	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
SPB		**F45 Shot**												SPB
8	1	Sarah Stark	Chelmsford	5.97	2	2								
9	2	Pam Ackland-Snow	Loughton	5.73	1		1							
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
SPC		**F55 Shot**												SPC
8	1	Sylvia Sergeant	Chelmsford	5.78	2	2								
9	2	Jean Hobbs	Loughton	3.73	1		1							
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
HTA		**F35 Hammer**												HTA
9	1	Kate Merritt	Loughton	18.98	2		2							
8	2	Carol Morris	Chelmsford	12.75	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
HTB		**F45 Hammer**												HTB
9	1	Pam Ackland-Snow	Loughton	17.82	2		2							
8	2	Sarah Stark	Chelmsford	17.08	1	1								
	3				0									

	4				0									
	5				0									
	6				0									
	7				0								0	
HTC		**F55 Hammer**												HTC
9	1	Barbara Higgins	Loughton	19.97	2		2							
8	2	Sylvia Sergeant	Chelmsford	13.83	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
Medley		**F35 Medley Relay**												MedleyA
8	1	Chelmsford		5:21.8	2	2								
9	2	Loughton		6:47.5	1		1							
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
RelayB		**F45 Medley Relay**												MedleyB
9	1	Loughton		5:30.6	2		2							
8	2	Chelmsford		5:36.0	1	1								
	3				0									
	4				0									
	5				0									
	6				0									
	7				0								0	
						31	**44**	**0**	**0**	**0**	**0**	**0**	**3**	