

	Team	Score
1	Braintree AC	126
2	Eton Manor AC	93
3	Harlow AC	58
4	Huntingdon AC	81
5	Loughton AC	96
6	Colchester & Tendring AC	90
7	NEB	148
8	Team 8	0
9	Team 9	0
10	Team 10	0
11	Team 11	0
12	Team 12	0

B
C
D
E
G
H
M
H
I
J
K
L

100

Senior A 100m

Wind

1	PAULA WATSON	13.4	MM	12
2	MEREDITHY ASH	13.8	EE	11
3	KIRSTY REYNOLDS	13.8	B	10
4				9
5				8
6				7
7				6
8				5
9				4
10				3
11				2
12				1

100

Senior B 100m

Wind

1	KIRSTY SMITH	13.5	M	12
2	LUCY READMAN	14	E	11
3	LOUISE DEER	14.7	BB	10
4				9
5				8
6				7
7				6
8				5
9				4
10				3
11				2
12				1

200

Senior A 200m

Wind

1				12
2				11
3				10
4				9
5				8
6				7
7				6
8				5

9					4
10					3
11					2
12					1

200

Senior B 200m

Wind

1	HELEN BLOOMFIELD	60.8		H	12
2	ASHLEY WILLIAMS	61.2		M	11
3	LILY SEACH	61.9		E	10
4	AMIE HARRISON	69		G	9
5	RACHEL BALL	69.9		B	8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

400

Senior A 400m

1	JOLENNE CURLEY	63.3		MM	12
2	STACEY EYRES	67.1		HH	11
3	MARY KNAPMAN	70.9		GG	10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

400

Senior B 400m

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

800

Senior A 800m

1	ELLIE CUMNER	2.28.8		H	12
2	MARY KNAPMAN	2.35.3		G	11
3	RACHEL BALL	2.39.1		B	10
4	KATIE RAMSDEN	3.39.3		M	9
5					8
6					7

7					6
8					5
9					4
10					3
11					2
12					1

800

Senior B 800m

1	STACEY EYRES	2.29.9		HH	12
2	YVETTE MAYS	3.05.4		GG	11
3	VICKY BROOKBANK	3.40.8		BB	10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

1500

Senior A 1500m

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

1500

Senior B 1500m

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

3000

Senior A 3000m

1	BECKY ADAMS	11.40.1		H	12
2	FAYE MCCLELLAN	12.03.9		E	11
3	LORNA GAFFNEY	12.10.0		G	10
4					9

5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

3000

Senior B 300m

1	JEAN HOBBS	15.05.6		GG	12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

100HW

Senior A 100mH

Wind

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

100HW

Senior B 100mH

Wind

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

400HW

Senior A 400mH

1	AMIE HARRISON	82.8		G	12
2					11

3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

400HW **Senior B 400mH**

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

HJ **Senior A High Jump**

1	STEPHAINIE UGBO	1.5		M	12
2	CHLOE HINES	1.4		BB	11
3	LAUREL PHELAN	1.4		E	10
4	LARA BEGAN	1.2		G	9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

HJ **Senior B High Jump**

1	EMMA NWOFOR	1.5		MM	12
2	LANA GILLARD	1.3		B	11
3	BARBARA HIGGINS	1		GG	10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

PV **Senior A Pole Vault**

1	MELISSA STREVENS	2.7		M	12
2	LORNA GAFFNEY	1.9		G	11
3	SANDRA PEDLEY	1.8		E	10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

PV

Senior B Pole Vault

1	KELLY MONTGOMERY	2.6		MM	12
2	BARBARA HIGGINS	1.6		GG	11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

LJ

Senior A Long Jump

Wind

1	KIRSTY RONALD	4.8		B	12
2	HELEN BLOOMFIELD	4.65		HH	11
3	LILY SEACH	4.52		E	10
4	FATOU SAMATH	4.24		M	9
5	ISABEL MOSS	3.96		D	8
6	LORNA GAFFNEY	3.76		G	7
7					6
8					5
9					4
10					3
11					2
12					1

LJ

Senior B Long Jump

Wind

1	FRANCESCA KEITH	4.42		H	12
2	LOUISE DEER	4.33		BB	11
3	MARY KNAPMAN	3.7		GG	10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2

	12					1
TJ	Senior A Triple Jump					Wind
	1	KIRSTY RONALD	10.16		B	12
	2	FRANCESCA KEITH	9.21		H	11
	3					10
	4					9
	5					8
	6					7
	7					6
	8					5
	9					4
	10					3
	11					2
	12					1
TJ	Senior B Triple Jump					Wind
	1	LOUISE DEER	9.95		BB	12
	2	ELLIE SIMMONS	8.88		HH	11
	3					10
	4					9
	5					8
	6					7
	7					6
	8					5
	9					4
	10					3
	11					2
	12					1
SPW	Senior A Shot Putt					
	1	ANDREA BUCANVERTURE	8.21		C	12
	2	PAULA WATSON	7.54		MM	11
	3	CHLOE COCKELL	6.83		B	10
	4	LARA REGAN	6.3		G	9
	5	STEPHANIE FULLER	5.75		D	8
	6	ELLIE COMNER	5.73		H	7
	7					6
	8					5
	9					4
	10					3
	11					2
	12					1
SPW	Senior B Shot Putt					
	1	KATIE RAMSDEN	6.6		M	12
	2	VICKY BROOKBANK	6.4		BB	11
	3	CHLOE COCKELL	5.79		GG	10
	4	PAM ACKLAND-SNOW	5.75		CC	9
	5	SIAN GIFFORD	4.85		HH	8
	6	JUDITH MOSS	4.37		DD	7
	7					6
	8					5
	9					4

10					3
11					2
12					1

DTW **Senior A Discus**

1	STEHNANIE FULLER	21.27		D	12
2	ELLIE SIMMONS	18.76		H	11
3	ANDREA BUCANVERTURE	18.58		C	10
4	RACHEL BALL	14.37		B	9
5	MARY KNAPMAN	13.95		G	8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

DTW **Senior B Discus**

1	PAM ACKLAD-SNOW	18.05		CC	12
2	SIAN GIFFORD	16.01		HH	11
3	VICKY BROOKBANK	14.16		BB	10
4	JUDITH MOSS	13.48		DD	9
5	LARA REGAN	11.92		GG	8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

HTW **Senior A Hammer**

1	STEPH FULLER	35.4		D	12
2	CHLOE COCKELL	29.82		B	11
3	PAM ACKLAD-SNOW	22.29		C	10
4	BARBARA HIGGIN	19.54		G	9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

HTW **Senior B Hammer**

1	ANDREA BUCANVERTURE	17.96		D	12
2	LARA BEGAN	16		B	11
3	VICKY BROOKBANK	15.73		C	10
4					9
5					8
6					7
7					6

	8				5
	9				4
	10				3
	11				2
	12				1

JTW **Senior A Javelin**

	1				12
	2				11
	3				10
	4				9
	5				8
	6				7
	7				6
	8				5
	9				4
	10				3
	11				2
	12				1

JTW **Senior B Javelin**

	1				12
	2				11
	3				10
	4				9
	5				8
	6				7
	7				6
	8				5
	9				4
	10				3
	11				2
	12				1

4x100 **Senior 4x100m**

	1				12
	2				11
	3				10
	4				9
	5				8
	6				7
	7				6
	8				5
	9				4
	10				3
	11				2
	12				1

4x400 **Senior 4x400m**

	1				12
	2				11
	3				10
	4				9
	5				8

6					7
7					6
8					5
9					4
10					3
11					2
12					1

80HU17W

U17 Women A 80mH

Wind

1	EMMA NWDFOR	12.8		M	12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

80HU17W

U17 Women B 80mH

Wind

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

300HW

U17 Women A 300mH

1	E PHELAN	55.4		E	12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

100

Under 15 Girls A 100m

Wind

1	AYSHA BENTICK	13.8		M	12
2	ANTHONIA ADEFOLAJU	14.3		H	11
3	SADE BROWN	14.7		C	10

4	ELOISE LOTT	14.8		D	9
5	GEMMA DUMA	15		E	8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

100

Under 15 Girls B 100m

Wind

1	KYE HARRISS	15.3		EE	12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

200

Under 15 Girls A 200m

Wind

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

200

Under 15 Girls B 200m

Wind

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

800

Under 15 Girls A 800m

1	LUCY LENNON	2.35.2		M	12
---	-------------	--------	--	---	----

2	ANNA CLARK	2.37.8		G	11
3	HANNAH BANKS	2.39.4		H	10
4	REBECCA PEDLEY	2.44.2		E	9
5	SADE AKINKINMI	2.48.9		D	8
6	JENNIFER BANDOCK	2.57.0		B	7
7	SEVIN CRAWFORD	3.28.4		C	6
8					5
9					4
10					3
11					2
12					1

800

Under 15 Girls B 800m

1	TRINITY ST LEWIS	3.11.2		MM	12
2	ZOE TOUDJI	3.33.2		CC	11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

1500

Under 15 Girls A 1500m

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

1500

Under 15 Girls B 1500m

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

75HU15W

Under 15 Girls A 75mH

Wind

1	SADE BROWN	15.4	C	12
2	KYE HARRISS	15.6	E	11
3				10
4				9
5				8
6				7
7				6
8				5
9				4
10				3
11				2
12				1

75HU15W

Under 15 Girls B 75mH

Wind

1				12
2				11
3				10
4				9
5				8
6				7
7				6
8				5
9				4
10				3
11				2
12				1

HJ

Under 15 Girls A High Jump

1	GEMMA DUMA	1.35	E	12
2	LUCY LENNON	1.35	M	11
3	ALLIAH AUGEST	1.2	C	10
4				9
5				8
6				7
7				6
8				5
9				4
10				3
11				2
12				1

HJ

Under 15 Girls B High Jump

1	JOY ADEBANJO	1.3	MM	12
2	FREYA PREEDY	1.1	CC	11
3				10
4				9
5				8
6				7
7				6
8				5
9				4
10				3

11					2
12					1

LJ **Under 15 Girls A Long Jump** Wind

1	E. LOTT	4.03		D	12
2	J. BALLDOCK	4		B	11
3	C. ST. LEWIS	3.86		MM	10
4	K. HARRIS	3.84		E	9
5	A. CLARK	3.73		G	8
6	F. PREEDY	3.65		CC	7
7					6
8					5
9					4
10					3
11					2
12					1

LJ **Under 15 Girls B Long Jump** Wind

1	N LING	3.62		M	12
2	A. AUGESTE	3.56		C	11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

SPU15W **Under 15 Girls A Shot Putt**

1	MELANIE DEER	8.91		B	12
2	CELINE REYNOLDS	7.38		C	11
3	LOIS ZAC-WILLIAMS	6.87		M	10
4	ELEANOR MOSS	6.29		D	9
5	REBECCA PEDLEY	5.78		E	8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

SPU15W **Under 15 Girls B Shot Putt**

1	ELLE COCKELL	7.32		BB	12
2	MAY MALCOLM	6.69		CC	11
3					10
4					9
5					8
6					7
7					6
8					5

	9				4
	10				3
	11				2
	12				1

DTW **Under 15 Girls A Discus**

	1				12
	2				11
	3				10
	4				9
	5				8
	6				7
	7				6
	8				5
	9				4
	10				3
	11				2
	12				1

DTW **Under 15 Girls B Discus**

	1				12
	2				11
	3				10
	4				9
	5				8
	6				7
	7				6
	8				5
	9				4
	10				3
	11				2
	12				1

JTW **Under 15 Girls A Javelin**

	1	ELENOR MOSS	22.97	D	12
	2	ELEANOR LING	22.06	M	11
	3	CELINE REYNOLDS	21.46	C	10
	4	ELLE COCKELL	19.16	B	9
	5	HANNAH DAVIS	16.73	G	8
	6	JESS ALDEN	13.18	E	7
	7				6
	8				5
	9				4
	10				3
	11				2
	12				1

JTW **Under 15 Girls B Javelin**

	1	LASHAUN GREENAWAY	18.16	MM	12
	2	MELANIE DEER	15.27	BB	11
	3	MAY MALCOLM	12.47	CC	10
	4				9
	5				8
	6				7

7					6
8					5
9					4
10					3
11					2
12					1

4x100

Under 15 Girls 4x100m

1					12
2					11
3					10
4					9
5					8
6					7
7					6
8					5
9					4
10					3
11					2
12					1

											78	
												200B
					7							
						6						
			5									
				4								
		3										
											53	
												400A
						7						
					6							
				5								
											60	
												400B
											78	
												800A
						7						
					6							
		5										
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			5																	
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																				PVB
						7														
				6																
																				65
																				LJA
7																				
					6															
			5																	
						4														
		3																		
			2																	
																				51
																				LJB
					7															
6																				
				5																

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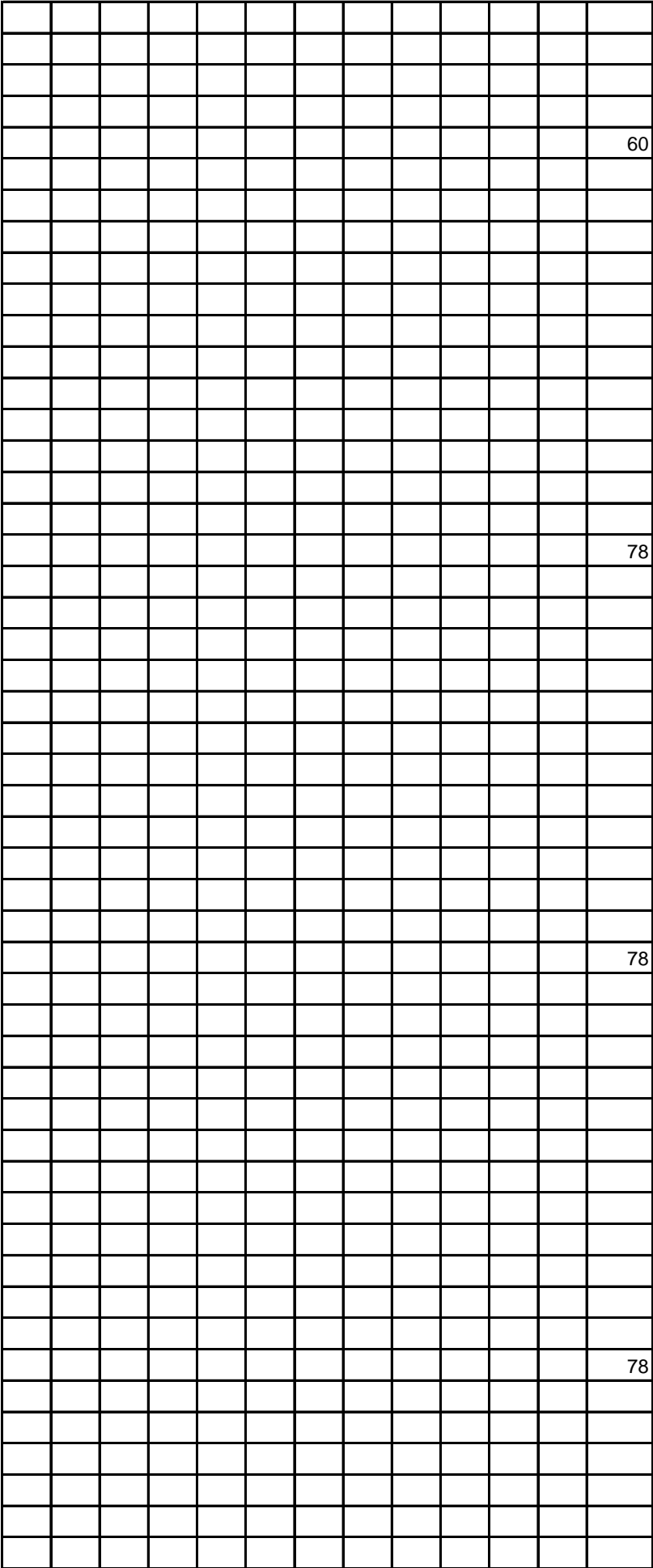
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			3								
										53	
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		7									
				6							
5											
		4									
			3								
										53	
											HTA
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6											
	5										
			4								
										56	
											HTB
		7									
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60

JTA

78

JTB

78

4x100

78

4x400

