

Results – Alpha & Beta Trophies – Saturday 16th April, 2011

Alpha Senior Results :-

100m Sen Women - Alpha Time :14:04

Heat:1 Wind : -0.8

1	68	Michelle Watson	D	12.36
2	66	Tunrayo Nubi	B	12.47
3	72	Natasha Rooney	L	12.89
4	65	Pippa Mills	A	13.23
5	70	Amy Greenway	H	13.48
6	67	Zoe Young	C	13.81
7	71	Aimee Jones	J	14.52
	69	Alex Hill	E	DQ

100m Sen Women - Alpha Time :14:04

Heat:2 Wind : 0.2

1	88	Rachel Osei-Tutu	LL	12.88
2	86	Jemma Gregory	HH	13.12
3	82	Chloe Horne	BB	13.14
4	84	L St L Boyce	DD	13.32
5	87	Millie Phelan	JJ	13.54
6	85	Polly Woods	EE	13.64
7	81	Anna Jones	AA	14.10

200m Sen Women - Alpha Time :16:36

Heat:1 Wind : 1.2

1	194	Rachel Telfer	B	24.76
2	196	Michelle Watson	D	25.70
3	198	Tara Kafke	H	25.95
4	200	Natasha Rooney	L	26.34
5	197	Alex Hill	E	26.66
6	195	Chloe Van Wulven	C	27.06
7	193	Pippa Mills	A	27.84
8	199	Aimee Jones	J	30.46

200m Sen Women - Alpha Time :16:36

Heat:2 Wind : 2.0

1	210	Lia Tappin	BB	25.65
2	216	Rachel Osei-tutu	LL	25.99
3	214	Jemma Gregory	HH	26.30
4	211	Kate Cowley	CC	27.24
5	213	Polly Woods	EE	28.08
6	215	Claire Ward	JJ	29.63
7	212	Jade Fiffe	DD	32.67

400m Sen Women - Alpha Time :14:20

Heat:1

1	102	Tara Kafke	H	57.86
2	98	Michelle McNamara	B	58.30
3	101	Alex Hill	E	61.66
4	104	Rachael Kelleher	L	62.97
5	103	Jess Barber	J	68.30

400m Sen Women - Alpha Time :14:20

Heat:2

1	119	Sandra Reed	JJ	64.44
2	118	Kim Sutherland	HH	65.60
3	120	Jordanna Wettenhall	LL	66.19

800m Sen Women - Alpha Time :13:02

Heat:1

1	40	Pippa Woolvern	L	2:16.28
2	38	Gemma Bridge	H	2:36.76
3	33	Lucy Jones	A	2:40.75
4	39	Chris Feely	J	2:43.89

800m Sen Women - Alpha Time :13:02

Heat:2

1	56	Georgina Russell	LL	2:20.87
2	49	Louisa Haggerty	AA	2:56.54
3	55	Katherine Boddy	JJ	3:12.12

1500m Sen Women - Alpha Time :14:48

Heat:1

1	168	Pippa Woolven	L	4:48.18	1A
2	163	Ingrid Deane	C	5:03.93	2A
3	166	Gemma Bridge	H	5:11.03	3A
4	167	Caroline Willis	J	5:12.21	4A
5	179	Hayley Stibbs	CC	5:21.25	1B
6	183	Rebecca Harris	JJ	5:22.66	2B
7	164	Julia Wedmore	D	5:42.51	5A
8	161	Laura Merchant	A	6:26.63	6A
9	177	Louisa Haggarty	AA	6:27.58	3B

100m Hurdles Sen Women - Alpha Time :15:51

Heat:1 Wind : 1.8

1	131	Chloe Van Wulven	C	14.76
2	135	Anne Rees	J	15.93
3	132	Rebecca Zelic	D	16.20
4	134	Paula Owen	H	18.12

100m Hurdles Sen Women - Alpha Time :15:51

Heat:2 Wind : 2.7

1	147	Claire Brennan	CC	15.43
2	151	Claire Ward	JJ	16.51
3	150	Stacey Hazell	HH	16.94
4	148	Jade Fiffe	DD	19.98

400m Hurdles Sen Women - Alpha Time :12:40

Heat:1

1	3	Claire Brennan	C	67.12	1A
2	8	Rachael Kelleher	L	68.95	2A
3	2	Hannah O'Sullivan	B	70.23	3A
4	7	Sandra Reed	J	70.69	4A
5	23	Claire Ward	JJ	71.59	1B

High Jump 'A'

1. Bethan Siddons (Hav)	1.55m
2. Janet Browne (SNH)	1.50m
3. Natasha Brunning (D&T)	1.50m
4. Sam Molyneux (E&H)	1.50m
5. Shekeenah Chobbah (Rad)	1.45m
6. Polly Woods (HPX)	1.35m

High Jump 'B'

1. Chloe Vanvulven (Hav)	1.50m
2. = Hannah O'Sullivan (E&H)	1.45m
2. = Ellie Harrison (D&T)	1.45m
4. Lucy Hooper (Rad)	1.40m
5. Shannon Rapacchi (SNH)	1.40m

Long Jump 'A'

1. Ann Rees (SNH)	5.05m (-1.3)
2. Dee Bakre (E&H)	5.03m (-1.8)
3. Natasha Brunning (D&T)	4.79m (-1.2)
4. Polly Woods (HPX)	4.59m (-1.5)
5. Rebecca Zebie (HHH)	4.54m (-0.9)
6. Zoe Young (Hav)	4.51m (-1.3)
7. Stacey Hazell (Rad)	4.41m (-1.3)
8. Georgina Russell (WPX)	3.86m (-1.2)

Long Jump 'B'

1. Sam Molyneux (E&H)	4.42m(-0.9)
2. Lucy Jones (D&T)	4.41m (-0.8)
3. Shekeenah Chabbah (Rad)	4.38m (-1.4)
4. Sandra Reed (SNH)	4.02m (-1.5)
5. Ellie Watson (Hav)	4.00m (-1.6)
6. Alex Hill (HPX)	3.95m (-1.2)
7. Jade Fyffe (HHH)	3.66m (-2.2)

Shot 'A'

1. Mel Harrison (E&H)	11.84m
2. Kate Cowley (Hav)	11.27m
3. Natasha Mighty (Rad)	10.62m
4. Briony Phillips (HHH)	10.12m
5. Millie Phelan (SNH)	9.38m
6. Sophie Matthews (WPX)	7.57m
7. Lydia Djan (D&T)	7.23m

Shot 'B'

1. Kike Oniwinde (Hav)	10.46m
2. Sharifa Brown (E&H)	10.11m
3. Aislinn Baird (Rad)	8.35m
4. Renee Hector (SNH)	7.69m
5. Ellie Harrison (D&T)	6.57m
6. Barbara Macanas (HHH)	5.96m

Discus 'A'

1.Mel Harrison (E&H)	40.44m
2. Briony Phillips (HHH)	36.80m
3. Renee Hector (SNH)	35.73m
4. Lauren Clark (Hav)	34.04m
5. Aislinn Baird (Rad)	26.20m
6. Vanessa Brooker (D&T)	21.03m
7. Aj Gibson (WPX)	17.60m

Discus 'B'

1.Sharifa Brown (E&H)	34.93m
2.Katherine Knight (Hav)	29.78m
3.Lydia Djan (D&T)	19.08m
4.Barbara Mcanas (HHH)	16.98m
5.Laura Feely (SNH)	15.81m
6.Paula Owen (Rad)	13.91m

Javelin 'A'

1.Kiki Oniwinde (Hav)	49.35m (NMR)
2.Briony Phillips (HHH)	30.96m
3.Natasha Mighty (Rad)	28.96m
4.Izzy Krassismenou (E&H)	28.60m
5.Aj Gibson (WPX)	28.02m
6.Fran Maydom (SNH)	26.11m
7.Polly Woods (HPX)	22.29m
8.Anna Jones (D&T)	19.72m

Javelin 'B'

1. Deborah Knight (Hav)	33.72m
2. Aislinn Baird (Rad)	28.72m
3. Katherine Boddy (SNH)	25.83m
4. Sharifa Brown (E&H)	22.03m
5. Barbara Mcanmas (HHH)	13.35m
6. Alex Hill (HPX)	13.19m

4 x 100m Relay - Sen Women - Alpha Time :16:56

Heat:1

1	390	Radley	H	51.22
2	387	Havering Mayesbrook	C	52.97
3	392	Wycombe Phoenix	L	53.49
4	388	Herne Hill H	D	53.53
5	386	Enfield & Haringey	B	53.70
6	385	Dacorum & Tring	A	54.56
7	391	Stevenage & NH	J	54.68

Alpha Senior Trophy Result

1.Stevenage & North Herts	152
2.Havering Mayesbrook	145
3.Radley	143
4.Enfield & Haringey	133.5
5.Wycombe Phoenix	106
6.Herne Hill Harriers	97
7.Dacorum & Tring	95.5
8.Herts Phoenix	43

Alpha – U15 Girls Results

100m U15 Girls - Alpha Time :13:51

Heat:1 Wind : -1.1

1	262	Lois Waknell	H	12.83
2	258	Tyla Beckles	B	12.86
3	261	Adunni Braithwaite	E	13.25
4	263	Sophie Keeble	J	13.38
5	259	Tomi Akingbade	C	13.86
6	257	Sofia Simeone	A	14.50
7	264	Emily Bowles	L	15.14

100m U15 Girls - Alpha Time :13:51

Heat:2 Wind : -1.6

1	277	Daizy Lee	EE	13.48
2	274	Kenisha Allen	BB	13.77
3	275	Michelle Hughes	CC	14.03
4	279	Rebecca Pickard	JJ	14.15
5	273	Olivia Richardson	AA	14.55
6	278	Zoe Chung	HH	14.57

200m U15 Girls - Alpha Time :16:11

Heat:1 Wind : 2.4

1	358	Lois Waknell	H	25.92
2	354	Ji Grant	B	26.48
3	359	Sophie Keeble	J	27.66
4	357	Daizy Lee	E	27.81
5	355	Tomi Akingbade	C	28.19
6	353	Antonia Croft	A	30.45

200m U15 Girls - Alpha Time :16:11

Heat:2 Wind : 2.6

1	374	Georgina Sunderland	HH	26.63
2	373	Adunni Braithwaite	EE	27.57
3	371	Chenice Constable	CC	28.99
4	375	Elana Cervi	JJ	29.09
5	370	Nicole Lewis	BB	29.22

800m U15 Girls - Alpha Time :13:27

Heat:1

1	232	Emma Delgado	L	2:31.32
2	231	Elana Cervi	J	2:32.87
3	229	Megan Breen	E	2:35.79
4	225	Tegan Terblanche	A	2:45.71
5	227	Robbie Nunn	C	2:51.29
6	226	Nicole Lewis	B	2:54.19
7	230	Ellen Chung	H	3:22.65

800m U15 Girls - Alpha Time :13:27

Heat:2

1	246	Freya Rowe	HH	2:39.97
2	248	Megan Styles	LL	2:40.72
3	241	Pia Davis	AA	2:44.18
4	247	Alessandra Stevens	JJ	2:45.50
5	245	Niamh Cloona	EE	2:47.59
6	243	Grace Rovira	CC	3:14.92
7	242	Katie Dover	BB	3:18.39

1500m U15 Girls - Alpha Time :15:32

Heat:1

1	325	Elizabth Parry	E	5:16.43	1A	
2	341	Floence Stansall-Seiler	EE	5:22.09		1B
3	327	Janie Latchford	J	5:24.08	2A	
4	343	Sarah Feely	JJ	5:33.75		2B
5	323	Louise Lear	C	5:46.08	3A	

75m Hurdles U15 Girls - Alpha Time :15:17

Heat:1 Wind : 2.7

1	290	Georgia Green	B	11.65
2	294	Georgina Sunderland	H	11.96
3	293	Millie Sandell	E	12.34
4	289	Sofia Simeone	A	13.88
5	295	Rebecca Pickard	J	13.93
6	296	Emma Delgado	L	14.47

75m Hurdles U15 Girls - Alpha Time :15:17

Heat:2 Wind : 1.0

1	309	Anna Young	EE	12.99
2	306	Nicole Lewis	BB	13.68
3	311	Melissa Doran	JJ	13.9

High Jump 'A'

1.	Georgia Green (E&H)	1.45m
2.	MichelleHughes (Hav)	1.45m
3.	Martha Huggins (SNH)	1.40m
4.	Millie Sandell (HPX)	1.35m
5.	Freya Rowe (Rad)	1.10m

High Jump 'B'

1.	Rebecca Pickard (SNH)	1.35m
2.	Chenice Constable (Hav)	1.35m
3.	Megan Breen (HPX)	1.20m
3.	Tyla Beckles (E&H)	1.20m
5.	Zoe Chung (Rad)	1.00m

Long Jump 'A'

1.	Georgia Green (E&H)	5.21m (+1.7)
2.	Lois Waknell (Rad)	4.93m (+0.2)
3.	Chenice Constable (Hav)	4.72m (+1.5)
4.	Sophia Simeone (D&T)	4.57m (+1.1)
5.	Martha Huggins (SNH)	4.13m (-1.2)
6.	Tilly Anderson (HPX)	4.08m (+1.6)
7.	Emma Delgado (WPX)	3.94m (-0.1)

Long Jump 'B'

1.	Mary Martin (E&H)	4.62m (-0.5)
2.	Tomi Akinbade (Hav)	4.29m (+1.5)
3.	Daizy Lee (HPX)	4.06m (-0.9)
4.	Megan Styles (WPX)	3.77m (+0.2)
5.	Zoe Chung (Rad)	3.61m (+1.4)
6.	Tegan Terblanche (D&T)	3.52m (0.0)
7.	Phoebe Woolcott (SNH)	3.46m (+1.0)

Shot 'A'

1. Ruth Emiku (D&T)	9.15m
2. Georgia Taylor (Hav)	9.11m
3. Kathryn Woodcock (Rad)	8.17m
4. Millie Sandell (HPX)	7.82m
5. Jess Bruton (E&H)	7.07m
6. Sophie Keeble (SNH)	6.05m
7. Caitlin Neale (WPX)	5.31m

Discus 'A'

1. Georgie Taylor (Hav)	34.04m
2. Kathryn Woodcock (Rad)	30.90m
3. Ruth Emiku (D&T)	21.02m
4. Bess Bruton (E&H)	19.85m
5. Melissa Doran (SNH)	19.52m
6. Fran Bannon (HPX)	16.65m
7. Caitlin Neale (WPX)	14.73m

Javelin 'A'

1. Georgie Taylor (Hav)	22.47m
2. Ellen Chung (Rad)	19.98m
3. Katie Dover (E&H)	19.25m
4. Siobhan Rapacchi (SNH)	17.43m
5. Caitlin Neale (WPX)	11.37m
6. Tegan Terblanche (D&T)	8.83m
7. Fran Bannon (HPX)	8.42m

Shot 'B'

1. Gina Sunderland (Rad)	8.02m
2. Emily Kiernan (D&T)	7.92m
3. Ji Grant (E&H)	6.64m
4. Fran Bannon (HPX)	6.38m
5. Siobhan Rapaccki (SNH)	3.72m

Discus 'B'

1. Eler Chung (Rad)	16.76m
2. Emily Kiernan (D&T)	16.04m
3. Siobhan Rapacchi (SNH)	15.85m
4. Michelle Lughier (Hav)	15.72m
5. Mary Martin (E&H)	15.27m
6. Lizzy Parry (HPX)	13.11m

Javelin 'B'

1. Kathryn Woodcock (Rad)	18.14m
2. Melissa Doran (SNH)	11.87m
3. Jess Bruton (E&H)	9.27m
4. Emily Kiernan (D&T)	6.70m
5. Lizzie Parry (HPX)	5.23m

4 x 100m Relay - U15 Girls - Alpha Time :16:47**Heat:1**

1	386	Enfield & Haringey	B	51.59
2	389	Herts Phoenix	E	53.95
3	391	Stevenage & NH	J	54.07
4	390	Radley	H	54.34
5	387	Havering Mayesbrook	C	56.50
6	392	Wycombe Phoenix	L	58.48
7	385	Dacorum & Tring	A	58.63

Alpha U15 Girls Trophy Result

1. Herts Phoenix	136.5
2. Stevenage & North Herts	134
3. Enfield & Haringey	133.5
4. Radley	132
5. Havering Mayesbrook	112
6. Dacorum & Tring	90
7. Wycombe Phoenix	54

Combined Senior & U15 Alpha Result

1. Stevenage & North Herts	286
2. Radley	275
3. Enfield & Haringey	267
4. Havering Mayesbrook	257
5. Dacorum & Tring	185.5
6. Herts Phoenix	179.5
7. Wycombe Phoenix	160
8. Herne Hill Harriers	97

Wycombe Phoenix & Herne Hill relegated to the Beta Competition for the 2012 meeting

Beta Senior Results :-

100m Sen Women - Beta Time :14:10

Heat:1 Wind : -0.7

1	73	Amy Godsell	M	12.52
2	77	Becky Hardy	S	13.06
3	78	Cleopatra Moulon	X	13.16
4	75	Claire Tompsett	P	13.75
5	79	Natalie Le Beau	Y	13.87
6	80	Jennifer Bukola	Z	14.24
7	76	Michaela Davis	R	16.03

100m Sen Women - Beta Time :14:10

Heat:2 Wind : 0.4

1	89	Grace Sheppard	MM	12.38
2	91	Heather Gibbons	PP	13.40
3	94	Saskia Fehler	XX	13.61
4	96	Rebecca Adediran	ZZ	15.44
5	92	Barbara Higgins	RR	17.51

200m Sen Women - Beta Time :16:41

Heat:1 Wind : 1.2

1	201	Frederica Foster	M	25.48
2	205	Becky Hardy	S	26.48
3	206	Cleopatra Moulon	X	27.07
4	207	Natalie Le Beau	Y	27.91
5	203	Claire Tompsett	P	27.91
6	204	Michaela Davis	R	33.78

200m Sen Women - Beta Time :16:41

Heat:2 Wind : 1.4

1	217	Amy Godsell	MM	25.83
2	219	Heather Gibbons	PP	27.22
3	221	Jess Balderston	SS	28.26
4	222	Saskia Fehler	XX	28.33
5	220	Yvette Mays	RR	32.21

400m Sen Women - Beta Time :14:30

Heat:1

1	105	Rachel Dickens	M	56.39
2	112	Melanie Houllier	Z	62.66
3	109	Gemma Childs	S	63.03
4	107	Eve Follows	P	66.63
5	111	Rebecca Barnard	Y	67.56
6	108	Amie Harrison	R	71.06

400m Sen Women - Beta Time :14:30

Heat:2

1	121	Katrina Cosby	MM	65.05
2	125	Alana Slater	SS	67.28
3	124	Mary Knapman	RR	71.33
	123	Lesley Conway	PP	DQ

800m Sen Women - Beta Time :13:11

Heat:1

1	45	Rebecca Goyder Smith	S	2:29.19
2	41	Maureen Miller	M	2:30.53
3	43	Carys Tetlaw	P	2:33.90
4	44	Mary Knapman	R	2:38.14

800m Sen Women - Beta Time :13:11

Heat:2

1	57	Holly Fletcher	MM	2:28.89
2	61	Alana Slater	SS	2:39.82
3	60	Yvette Mays	RR	3:02.02

1500m Sen Women - Beta Time :15:02

Heat:1

1	173	Elle Roche	S	4:58.69	1A	
2	189	Jade Leggett	SS	5:02.86		1B
3	185	Michelle Fewster	MM	5:09.09	2A	
4	188	Helen Real	RR	5:51.70	3A	
5	172	Michelle Hurley	R	6:12.88		2B

100m Hurdles Sen Women - Beta Time :15:56

Heat:1 Wind : 1.6

1	142	Rebekha Wiltshire	X	15.90	1A	
2	137	Katrina Cosby	M	15.95	2A	
3	141	Jess Balderstone	S	16.27	3A	
4	153	Leanne Critchley	MM	17.15		1B
5	143	Rebecca Barnard	Y	18.70	4A	

400m Hurdles Sen Women - Beta Time :12:46

Heat:1

1	9	Katrina Cosby	M	66.16	1A	
2	25	Rachel Robinson	MM	72.41		1B
3	15	Rebecca Barnard	Y	74.50	2A	
4	11	Clare Tompsett	P	77.41	3A	
5	27	Eve Follows	PP	78.50		2B
6	12	Amie Harrison	R	79.43	4A	

High Jump 'A'

1. Christine Lyston (B&B)	1.55m
2. Natalie Lebau (Thur)	1.50m
3. Lie Stephenson (TVH)	1.30m
4. Michaela Davis (Lought)	1.10m

Long Jump 'A'

1. Gerlinde Hahn (TVH)	5.37m (+2.3)
2. Lauren Stevens (B&B)	5.23m (+1.1)
3. Natalie Lebeu (Thur)	4.70m (+1.9)
4. Georgie Floyd (Hill)	4.11m (+2.4)
5. Jennifer Bukola (VPH&TH)	3.87m (+0.5)
6. Gemma Childs (MMK)	3.57m (+0.1)
7. Michaela Davis (Lought)	3.34m (+0.5)

Shot 'A'

1. Shanaugh Brown (B&B)	14.66m
2. Abigail Moronkeji (TVH)	11.55m
3. Sue Lawrence (Thur)	10.43m
4. Claire Tompsett (Hill)	8.88m
5. Rebecca Hardy (MMK)	8.31m
6. Tracey Quartey (VPH&TH)	7.86m
7. Michelle Hurley (Lought)	6.09m

Discus 'A'

1. Shaunagh Brown (B&B)	46.29m
2. Sue Lawrence (Thur)	32.52m
3. Tracey Quartey (VPH&TH)	31.67m
4. Lucy Knott (TVH)	24.59m
5. Julie Martin (Hill)	23.07m
6. Rebecca Hardy (MMK)	20.48m
7. Barbara Higgins (Lought)	14.90m

Javelin 'A'

1. Sarah McQuire (B&B)	34.42m
2. Sue Lawrence (Thur)	31.24m
3. Georgie Floyd (Hill)	31.24m
4. Abigail Moronkeji (TVH)	24.85m
5. Helen Real (Lought)	19.44m
6. Rebecca Goyder-Smith (MMK)	13.39m

High Jump 'B'

1. Lucy Howes (Thur)	1.50m
2. Ashleigh Stephenson (TVH)	1.30m
3. Holly Fletcher (B&B)	1.20m
4. Barbara Higgins (Lought)	1.05m

Long Jump 'B'

1. Rebekah Wiltshire (TVH)	5.10m (+0.6)
2. Hayley Nouch (B&B)	4.88m (+1.2)
3. Heather Gibbons (Hill)	3.95m (+0.4)
4. Lucy Hows (Thur)	3.70m (+1.5)

Shot 'B'

1. Sam Milner (B&B)	9.72m
2. Lucy Howes (Thur)	8.76m
3. Julie Martin (Hill)	7.43m
4. Ashleigh Stephenson (TVH)	6.82m
5. Rebecca Goydes-Smith (MMK)	6.66m
6. Helen Real (Lought)	5.42m

Discus 'B'

1. Sam Milner (B&B)	35.62m
2. Abigail Moronkeji (TVH)	20.08m
3. Georgie Floyd (Hill)	18.37m
4. Helen Rheel (Lought)	12.54m
5. Jade Leggett (MMK)	8.46m

Javelin 'B'

1. Lucy Knott (TVH)	24.52m
2. Sam Milner (B&B)	23.79m
3. Julie Martin (Hill)	19.71m

4 x 100m Relay - Sen Women - Beta Time :16:59

Heat:1

1	393	Blackheath & B	M	47.49
2	398	Thames Valley H	X	52.51
3	397	M Milton Keynes	S	54.07
4	395	Hillingdon	P	54.93
5	396	Loughton	R	1:02.38

Beta Senior Trophy Result :-

1. Blackheath & Bromley	210
2. Thames Valley Harriers	122
3. Marshall Milton Keynes	119
4. Hillingdon	116
5. Loughton	107
6. Thurrock	98
7. Victoria Park & Tower Hamlets	38

Beta U15 Girls Results

100m U15 Girls - Beta Time :13:57

Heat:1 Wind : -1.5

1	270	Rue-Ann Paisley	X	13.16
2	265	Vivien Olatunji	M	13.24
3	272	Precious Ejims	Z	13.50
4	271	Lucy Jewell	Y	14.34
5	269	Laura Zialor	S	15.05

100m U15 Girls - Beta Time :13:57

Heat:2 Wind : -2.1

1	281	Sharai Williams	MM	13.44
2	288	Yasmin Hanson	ZZ	13.82
3	302	Hannah Wiltshire	XX	14.05
4	285	Lucy Hacking	SS	14.67
5	287	Nicole Massey	YY	14.71

200m U15 Girls - Beta Time :16:14

Heat:1 Wind : 1.7

1	366	Rue-Ann Paisley	X	26.94
2	361	Vivien Olatunji	M	27.23
3	368	Sharlia Odi	Z	28.19
4	364	Anna Clark	R	29.35
5	367	Shannon Jameson	Y	30.22

200m U15 Girls - Beta Time :16:14

Heat:2 Wind : 1.5

1	377	Oshuwa Ogbeta	MM	28.12
2	384	Joanna Kalena	ZZ	28.83
3	382	Descuanelle Ajiboluwa	XX	29.68
4	383	Nicole Massey	YY	30.18

800m U15 Girls - Beta Time :13:30

Heat:1

1	233	Leah Everson	M	2:32.57
2	236	Anna Clark	R	2:41.28
3	237	Maya Jennings	S	2:44.92
4	239	Brittany Abott-Trangmar	Y	2:59.92

1500m U15 Girls - Beta Time :15:42

Heat:1

1	333	Amy Botham	S	5:03.74	1A	
2	349	Lucy Hacking	SS	5:39.38		1B
3	334	Chiara Kafero-Roberts	X	5:42.87	2A	
4	123	Lesley Conway	PP	6:09.26		N/S
5	171	Jen Platt	P	6:23.52		N/S

75m Hurdles U15 Girls - Beta Time :15:16

Heat:1 Wind : 1.6

1	304	Precious Ejims	Z	12.77	1A	
2	303	Shannon Jameson	Y	13.37	2A	
3	302	Hannah Wiltshire	X	13.68	3A	
4	318	Deschanelle Ajibolua	XX	13.91		1B
5	301	Nicole Witchurch	S	14.11	4A	

High Jump 'A'

1. Shannon Cordell (B&B)	1.45m
2. Nicole Whitchurch (MMK)	1.40m
3. Deschannell Ajiboluwa (TVH)	1.30m
4. Joanna Kalema (VPH&TH)	1.30m
5. Lucy Jewell (Thur)	1.20m

High Jump 'B'

1. Laura Zialor (MMK)	1.25m
2. Ina Ko (TVH)	1.20m
3. Beth James (Thur)	1.10m

Long Jump 'A'

1. Precious Ejims (VPH&TH)	4.73m (-0.9)
2. Shannon Corder (B&B)	4.48m (-1.5)
3. Hannah Wiltshire (TVH)	4.15m (+0.1)
4. Holly Thorpe (MMK)	4.09m (-2.2)
5. Beth James (Thur)	3.88m (-1.0)
6. Anna Clark (Lought)	3.35m (-1.5)

Long Jump 'B'

1. Ina Ko (TVH)	4.01m (-1.6)
2. Laura Zialor (MMK)	3.86m (-1.3)
3. Shannon Jameson (Thur)	3.63m (-1.9)

Shot 'A'

1. Nermeen Hilton (VPH&TH)	8.41m
2. Brooke Hollett (B&B)	8.04m
3. Ina Ko (TVH)	6.47m
4. Nicole Massey (Thur)	6.24m
5. Lucy Hacking (MMK)	5.90m

Shot 'B'

1. Alice Martin (Thur)	5.78m
2. Holly Thorpe (MMK)	5.54m

Discus 'A'

1. Nermeen Hilton (VPH&TH)	23.76m
2. Brooke Hollett (B&B)	16.60m
3. Beth James (Thur)	15.64m

Discus 'B'

1. Alice Martin (Thur)	15.59m
2. Shannon Corder (B&B)	12.52m

Javelin 'A'

1. Nicole Whitchurch (MMK)	22.14m
2. Lucy Jewell (Thur)	15.04m
3. Brooke Hollett (B&B)	8.25m

Javelin 'B'

1. Alice Martin (Thur)	13.18m
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4 x 100m Relay - U15 Girls - Beta Time :16:49

Heat:1

1	393	Blackheath & B	M	52.78
2	400	Victoria Park & TH	Z	53.84
3	398	Thames Valley H	X	53.89
4	399	Thurrock H	Y	56.95
5	397	M Milton Keynes	S	58.42

Beta U15 Girls Trophy Result

1.Thurrock	117
2.Blackheath & Bromley	106
3.Marshall Milton Keynes	104
4.Thames Valley Harriers	104
5.Victoria Park & Tower Hamlets	86
6.Loughton	21

Combined Beta Senior & U15 Girls Beta Result

1.Blackheath & Bromley	316
2.Thames Valley Harriers	226
3.Marshall Milton Keynes	223
4.Thurrock	215
5.Loughton	128
6.Victoria Park & Tower Hamlets	124
7.Hillingdon	116

Blackheath & Bromley and Thames Valley Harriers promoted to the Alpha competition for the 2012 meeting