

**EVAC 2011 LEA VALLEY(1 June)**

Men's Teams			team no.	score				
1	Loughton		2	47				
2	Chelmsford		1	51				
3	Southend		3	41				
2004	200m M40				<b>1</b>	<b>2</b>	<b>3</b>	<b>Waste</b>
3	1	K. Palmer	Southend	25.8			3	
2	2	Ty Holden	Loughton	26.7		2		
1	3	Dave Barnett	Chelmsford	32.4	1			
	4							0
2005	200m M50							
1	1	Gerry Daniels	Chelmsford	29.1	3			
3	2	P. Binns	Southend	34.6			2	
2	3	Mick Higgins	Loughton	47.0		1		
	NS	David Newman	Garden City	33.1				0
2006	200m M60							
2	1	David Hobbs	Loughton	30.6			3	
1	2	Ian Pearce	Chelmsford	32.7	2			
3	3	J. Brock	Southend	40.4			1	
	4							0
8004	800m M40							
1	1	Dave Tullett	Chelmsford	2:18.9	3			
3	2	M. Waine	Southend	2:26.0			2	
2	3	Cliff Warren	Loughton	2:31.1		1		
	N/S	Steve Lott	Chelmsford	2:40.4				0
8005	800m M50							
1	1	Barry Thorpe	Chelmsford	2:30.8	3			
3	2	P. Binns	Southend	2:45.5			2	
2	3	Rob Sargent	Loughton	3:26.7		1		
	4							0
8006	800m M60							
1	1	Ian Pearce	Chelmsford	3:04.4	3			
2	2	John Borgars	Loughton	3:17.5		2		
3	3	J. Brock	Southend	3:54.0			1	
	4							0
30004	3000m M40							
1	1	Mick Bridgeland	Chelmsford	9:36.0	3			
3	2	A. Kyriades	Southend	10:17.2			2	
	3							1
	NS	Mark Wathne	Springfield	10.32.8				
30005	3000m M50							
1	1	Glen Kent	Chelmsford	10.57.7	3			
3	2	P. Binns	Southend	11.27.3			2	
2	3	Rob Sargent	Loughton	15.04.9		1		
	NS	Martin Gibbs	Chelmsford	11.10.2				0
30006	3000m M60							
2	1	John Borgars	Loughton	14.30.9		3		
	2							2
	3							1
	4							3
400H4	400mH M40							
1	1	Martin Gibbs	Chelmsford	73.7	3			
3	2	C. Farrow	Southend	74.9			2	
2	3	Jim Harrison	Loughton	74.9		1		
	4							0

400H5		400mH M50									
1	1	Gerry Daniels	Chelmsford	84.0	3					3	
	2				2						
	3				1						
	4										3
1mW4		1 mile Walk M40									
2	1	Terry Casey	Loughton	13:16.1	3			3			
3	2	M. Waine	Southend	14:00.5	2			2			
1	3	Glen Kent	Chelmsford	14:15.8	1			1			
	4										0
1mW5		1 mile Walk M50									
2	1	John Borgars	Loughton	10:14.0	3			3			
3	2	P. Binns	Southend	10:47.2	2			2			
1	3	Dave Barnett	Chelmsford	12:15.9	1			1			
	4										0
1mW6		1 mile Walk M60									
3	1	J. Brock	Southend	10:12.9	3					3	
2	2	Peter Cassidy	Loughton	10:53.8	2			2			
	3				1						
	4										1
PV4		Pole Vault M40									
2	1	Jim Harrison	Loughton	2.70	3			3			
1	2	Martin Gibbs	Chelmsford	1.00	2			2			
	3				1						
	4										1
PV5		Pole Vault M50									
1	1	Dave Barnett	Chelmsford	1.60	3			3			
	2				2						
	3				1						
	4										3
TJ4		Triple Jump M40									
2	1	Mitch Belham	Loughton	11.03	3			3			
3	2	P. Ffrench	Southend	10.58	2			2			
1	3	Martin Gibbs	Chelmsford	7.70	1			1			
	4										0
TJ5		TripleJump M50									
1	1	Dave Barnett	Chelmsford	9.06	3			3			
3	2	P. Binns	Southend	6.68	2			2			
2	3	Mick Higgins	Loughton	4.98	1			1			
	4										0
TJ6		Triple Jump M60									
2	1	David Hobbs	Loughton	8.34	3			3			
3	2	J. Brock	Southend	6.12	2			2			
	3				1						
	4										1
DT4		Discus M40									
1	1	Dave Bauer	Chelmsford	37.86	3			3			
3	2	P. Ffrench	Southend	28.06	2			2			
2	3	Mitch Belham	Loughton	24.91	1			1			
	4										0
DT5		Discus M50									
1	1	Mike Williams	Chelmsford	33.53	3			3			
3	2	P. Binns	Southend	18.21	2			2			
2	3	Mick Higgins	Loughton	16.76	1			1			
	4										0
DT6		Discus M60									
2	1	David Hobbs	Loughton	23.86	3			3			
3	2	J. Brock	Southend	20.02	2			2			





8	1	Claire SJ Coleman	Chelmsford	8.34	2
9	2	Doris De Souza Brad	Loughton	5.68	1
	3				
	4				
DT3		Discus F35			
9	1	Kate Merrit	Loughton	20.07	2
8	2	Carol Morris	Chelmsford	19.98	1
	3				
	4				
DT4		Discus F45			
9	1	Pam Ackland-Snow	Loughton	20.02	2
8	2	Claire SJ Coleman	Chelmsford	9.59	1
	3				
	4				
DT5		Discus F55			
8	1	Shirley Quinn	Chelmsford	33.77	2
9	2	Francoise Fernandez	Loughton	14.55	1
	3				
	4				
JT3		Javelin F35			
9	1	Kate Merrit	Loughton	17.88	2
8	2	Carol Morris	Chelmsford	13.59	1
	3				
	4				
JT4		Javelin F45			
9	1	Pam Ackland-Snow	Loughton	15.16	2
8	2	Yvonne Holmes	Chelmsford	10.11	1
	3				
	4				
JT5		Javelin F55			
8	1	Shirley Quinn	Chelmsford	16.20	2
9	2	Francoise Fernandez	Loughton	10.47	1
	3				
	4				
Relay3		4 x 100m Relay			
9	1	Loughton	Loughton	68.2	2
	2				1
	3				
	4				
Relay4		4 x 100m Relay			
8	1	Chelmsford	Chelmsford	62.0	2
9	2	Loughton	Loughton	66.4	1
	3				
	4				

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