

EVAC 2011 CHELMSFORD (4 MAY)

Men's Teams			team no.	score				
Loughton			2	77				
Chelmsford			1	71				
Southend			3	64				
				0				
1004		100m M40			1	2	3	Waste
2	1	M.Bellham	Loughton	12.7			4	
3	2	C.Farrow	Southend	12.9			3	
1	3	G.Holmes	Chelmsford	17.1	2			
	4							1
1005		100m M50						
1	1	D.Barnett	Chelmsford	14.6	4			
3	2	P.Binns	Southend	15.7			3	
2	3	J.Ryan	Loughton	16.4		2		
	4							1
1006		100m M60						
2	1	D.Hobbs	Loughton	15.0			4	
1	2	P.Harris	Chelmsford	15.7	3			
3	3	J.Brock	Southend	16.9			2	
	4							1
4004		400m M40						
2	1	T.Holden	Loughton	58.4			4	
3	2	K.Palmer	Southend	59.1			3	
1	3	M.Gibbs	Chelmsford	69.3	2			
	4							1
4005		400m M50						
1	1	D.Barnett	Chelmsford	68.8	4			
2	2	S.Childs	Loughton	71.7		3		
3	3		0 Southend	75.8			2	
	4							1
4006		400m M60						
2	1	D.Hobbs	Loughton	81.4			4	
1	2	P.Harris	Chelmsford	83.2	3			
3	3	J.Brock	Southend	99.4			2	
	4							1
15004		1500m M40						
1	1	M.Gibbs	Chelmsford	5.09.7	4			
2	2	D.Rayney	Loughton	6.08.1		3		
	3							2
	4							1
15005		1500m M50						
1	1	M.Bridgeland	Chelmsford	4.38.2	4			
3	2	P.Binns	Southend	5.27.8			3	
2	3	R.Sargent	Loughton	5.59.1		2		
	4							1
15006		1500m M60						
2	1	J.Borgars	Loughton	6.57.0	4			
3	2	J.Brock	Southend	7.50.1			3	
	3							2
	4							1
110H4		110mH M40						
2	1	J.Harrison	Loughton	20.4	4			
3	2	P.Ffrench	Southend	22.2			3	
	3							2
	4							1

100H5		100mH M50					
1	1	D.Barnett	Chelmsford	24.4	4	4	
	2						3
	3						2
	4						1
2kw4		2km Walk M40					
2	1	D.Rayne	Loughton	16.35.4	4	4	
	2						3
	3						2
	4						1
2kw5		2km Walk M50					
3	1	P.Binns	Southend	13.38.4	4	4	
2	2	P.Cassidy	Loughton	14.01.5	3	3	
1	3	G.Kent	Chelmsford	16.24.7	2	2	
	4						1
2kw6		2km Walk M60					
3	1	J.Brock	Southend	13.02.0	4	4	
2	2	J.Borgars	Loughton	13.04.0	3	3	
	3						2
	4						1
HJ4		High Jump M40					
2	1	M.Bellham	Loughton	1.60	4	4	
3	2	P.Ffrench	Southend	1.45	3	3	
1	3	D.Barnett	Chelmsford	1.30	2	2	
	4						1
HJ5		High Jump M50					
1	1	G.Daniels	Chelmsford	1.35	4	4	
2	2	J.Ryan	Loughton	1.25	3	3	
	3						2
	4						1
LJ4		Long Jump M40					
2	1	M.Bellham	Loughton	5.30	4	4	
3	2	P.Ffrench	Southend	4.69	3	3	
1	3	M.Gibbs	Chelmsford	3.87	2	2	
	4						1
LJ5		Long Jump M50					
1	1	D.Barnett	Chelmsford	4.16	4	4	
2	2	J.Ryan	Loughton	3.71	3	3	
3	3	P.Binns	Southend	3.29	2	2	
	4						1
LJ6		Long Jump M60					
2	1	D.Hobbs	Loughton	4.21	4	4	
1	2	P.Harris	Chelmsford	4.08	3	3	
3	3	J.Brock	Southend	3.16	2	2	
	4						1
SP4		Shot M40					
3	1	P.Ffrench	Southend	9.20	4	4	
1	2	P.Avontour	Chelmsford	8.39	3	3	
2	3	J.Harrison	Loughton	8.17	2	2	
	4						1
SP5		Shot M50					
3	1	R.Earle	Southend	13.65	4	4	
1	2	M.Williams	Chelmsford	10.90	3	3	
2	3	M.Higgins	Loughton	7.38	2	2	
	4						1

SP6		Shot M60							
1	1	P.Harris	Chelmsford	7.35	4				
3	2	J.Brock	Southend	6.46	3				
2	3	T.Casey	Loughton	5.40	2				
	4				1				
HT4		Hammer M40							
1	1	D.Bauer	Chelmsford	31.03	4				
3	2	P.Ffrench	Southend	15.95	3				
2	3	J.Harrison	Loughton	14.37	2				
	4				1				
HT5		Hammer M50							
3	1	R.Earle	Southend	57.49	4				
1	2	M.Williams	Chelmsford	31.69	3				
2	3	M.Higgins	Loughton	13.11	2				
	4				1				
MedR4		2x200,1x400,1x800R.							
3	1		0 Southend	4.30.0	4				
1	2		0 Chelmsford	4.41.4	3				
2	3		0 Loughton	5.04.0	2				
	4				1				
MedR5		2x200,1x400,1x800R.							
1	1		0 Chelmsford	4.44.5	4				
2	2		0 Loughton	5.36.6	3				
	3				2				
	4				1				
						71	77	64	0 0
									48

Women's Teams			team no	score
Chelmsford			8	90
Loughton			9	83
1003		100m F35		
6	1	A.McGowan	Chelmsford	15.1
7	2	L.Gaffney	Loughton	17.1
	3			
	4			
1004		100m F45		
6	1	Y.Holmes	Chelmsford	15.0
7	2	A.Rochester	Loughton	15.3
	3			
	4			
1005		100m F55		
7	1	B.Higgins	Loughton	17.2
6	2	S.Sargeant	Chelmsford	17.8
	3			
	4			
4003		400m F35		
6	1	W.King	Chelmsford	69.1
7	2	L.Gaffney	Loughton	71.5
	3			
	4			
4004		400m F45		
6	1	Y.Holmes	Chelmsford	71.1
7	2	A.Rochester	Loughton	74.9
	3			
	4			

6	7	8	9	waste
4		3		
	2			1
4		3		
	2			1
3		4		
	2			1
4		3		
	2			1
4		3		
	2			1

15003		1500m F35			
6	1	W.King	Chelmsford	5.17.9	4
7	2	H.Newman	Loughton	6.40.8	3
	3				2
	4				1
15004		1500m F45			
7	1	A.Heeks	Loughton	6.33.9	4
6	2	T.Minton	Chelmsford	7.39.4	3
	3				2
	4				1
15005		1500m F55			
6	1	M.Jarvis	Chelmsford	6.41.2	4
7	2	J.Hobbs	Loughton	7.08.0	3
	3				2
	4				1
100H3		100mH F35			
6	1	K.Alexander	Chelmsford	18.6	4
	2				3
	3				2
	4				1
80H4		80mH F45			
6	1	M.Jarvis	Chelmsford	20.1	4
7	2	B.Higgins	Loughton	24.6	3
	3				2
	4				1
2kw3		2km Walk F35			
7	1	G.Harwood	Loughton	16.24.7	4
	2				3
	3				2
	4				1
2kw4		2kmWalk F45			
6	1	E.Missen	Chelmsford	13.43.5	4
7	2	J.Clark	Loughton	14.27.7	3
	3				2
	4				1
2kw5		2km Walk F55			
7	1	F.Fernandez	Loughton	13.45.1	4
	2				3
	3				2
	4				1
HJ3		High Jump F35			
7	1	L.Gaffney	Loughton	1.10	4
6	2	S.Sewell	Chelmsford	1.05	3
	3				2
	4				1
HJ4		High Jump F45			
7	1	B.Higgins	Loughton	1.05	4
6	2	C.StJohn Coleman	Chelmsford	1.00	3
	3				2
	4				1
LJ3		Long Jump F35			
6	1	K.Alexander	Chelmsford	4.90	4
7	2	D.Songbird	Loughton	2.70	3
	3				2
	4				1

4					
	3				2
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	4				
3					2
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4					
	3				2
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4					
	3				2
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	4				
					2
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	4				
					2
					1

LJ4		Long Jump F45			
6	1	C.StJohn Coleman	Chelmsford	3.73	4
7	2	C.Saliary	Loughton	3.32	3
	3				2
	4				1
LJ5		Long Jump F55			
6	1	S.Sargeant	Chelmsford	2.89	4
7	2	J.Ryan	Loughton	2.63	3
	3				2
SP3		Shot F35			
6	1	S.Besford	Chelmsford	7.38	4
7	2	M.Hurley	Loughton	6.17	3
	3				2
	4				1
SP4		Shot F45			
6	1	T.Minton	Chelmsford	6.85	4
7	2	P,Acklandsnow	Loughton	6.10	3
	3				2
	4				1
SP5		Shot F55			
6	1	S.Quinn	Chelmsford	8.41	4
7	2	F.Fernandez	Loughton	5.86	3
	3				2
	4				1
HT3		Hammer F35			
6	1	S.Besford	Chelmsford	27.75	4
7	2	M.Hurley	Loughton	15.94	3
	3				2
	4				1
HT4		Hammer F45			
7	1	P,Acklandsnow	Loughton	20.75	4
6	2	T.Minton	Chelmsford	17.54	3
	3				2
	4				1
HT5		Hammer F55			
6	1	S.Quinn	Chelmsford	33.47	4
7	2	F.Fernandez	Loughton	12.00	3
	3				2
	4				1
MedR3		2x200,1x400,1x800R.			
6	1		0 Chelmsford	5.26.5	4
7	2		0 Loughton	5.33.9	3
	3				2
	4				1
MedR4		2x200,1x400,1x800R.			
7	1		0 Loughton	5.41.6	4
6	2		0 Chelmsford	5.45.4	3
	3				2
	4				1

4					
	3				2
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	3				2
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4					
	3				2
					1
4					
	3				2
					1
90	83	0	0	0	89