

## EVAC 2011 SOUTHEND (3AUGUST)

			team no.	score				
<b>Men's Teams</b>					1	2	3	Waste
	1	Chelmsford	1	60				
	2	Loughton	2	38				
	3	Southend	3	51				
2004		200m M40						
2	1	Ty Holden	Loughton	26.5	3			
3	2	Keith Palmer	Southend	26.5	2			
1	3	Andy Mason	Chelmsford	28.5	1			
	4							-1
2005		200m M50						
1	1	Dave Barnett	Chelmsford	29.4	3			
3	2	Peter Binns	Southend	31.6	2			
2	3	Simon Childs	Loughton	32.1	1			
								0
2006		200m M60						
1	1	Roger Cole	Chelmsford	31.3	3			
3	2	John Brock	Southend	36.7	2			
2	3	John Borgars	Loughton	43.4	1			
		Mike Frith(Guest)	SW Vets	31.2				0
8004		800m M40						
3	1	Mark Oldham	Southend	2,20.3	3			
1	2	Mick Bridgeland	Chelmsford	2,23.7	2			
2	3	Cliff Warren	Loughton	2,34.5	1			
		Mike Judd	Chelmsford	2.36.4				0
8005		800m M50						
1	1	Barry Thorpe	Chelmsford	2,31.6	3			
3	2	Peter Binns	Southend	2,43.8	2			
2	3	Rob Sargent	Loughton	2,55.2	1			
	4							0
8006		800m M60						
3	1	Chris Reed	Southend	2,53.6	3			
1	2	Phil Harris	Chelmsford	3,14.0	2			
2	3	John Borgars	Loughton	3,34.8	1			
		Mike Frith(Guest)	SW Vets	2.28.9				0
30004		3000m M40						
1	1	Mick Bridgeland	Chelmsford	9,58.6	3			
3	2	Tony Hyde	Southend	10,36.0	2			

	3				1		
	V5	E.Shelley(Guest)	Thurrock	10.27.1			1
30005		3000m M50					
1	1	Glen Kent	Chelmsford	10,56.7	3	3	
3	2	Peter Binns	Southend	11,38.9	2	2	
2	3	Rob Sargent	Loughton	12.30.4	1	1	
		Steve Tate(Guest)	LOSS	13.09.0			0
30006		3000m M60					
3	1	Chris Reed	Southend	12,46.1	3	3	
2	2	John Borgars	Loughton	15,05.7	2	2	
1	3	Mags Jarvis	chelmsford	14,32.1	1	1	
	4	Mike Judd	Chelmsford	11.57.1			0
400H4		400mH M40					
3	1	Mark Oldham	Southend	1,10.4	3	3	
2	2	Jim Harrison	Loughton	1,14.1	2	2	
	3						
	4						1

400H5		400mH M50					
1	1	Dave Barnett	Chelmsford	1,21.1	3	3	
	2				2		
	3				1		
	4						3
1mW4		1 mile Walk M40					
3	1	Keith Palmer	Southend	10,15.7	3	3	
1	2		Chelmsford	11,37.9	2	2	
2	3	Terry Casey	Loughton	11,39.7	1	1	
	4						0
1mW5		1 mile Walk M50					
2	1	John Borgars	Loughton	10,06.9	3	3	
3	2	Peter Binns	Southend	10,42.4	2	2	
1	3	Glen Kent	Chelmsford	13,42.8	1	1	
	4						0
1mW6		1 mile Walk M60					
3	1	John Brock	Southend	10,14.3	3	3	
1	2	Roger Cole	Chelmsford	11,00.8	2	2	
2	3	Peter Cassidy	Loughton	11,11.9	1	1	
	4						0
PV4		Pole Vault M40					
2	1	Jim Harrison	Loughton	2.90	3	3	

1	2	Martin Branfoot	Chelmsford	1.80	2
3	3	Keith Palmer	Southend	1.00	1
	4				
PV5		Pole Vault M50			
1	1	Dave Barnett	Chelmsford	1.50	3
2	2	Simon Childs	Loughton	1.30	2
	3				1
	4				
TJ4		Triple Jump M40			
3	1	Paul Ffrench	Southend	11.63	3
2	2	Mitchell Bellham	Loughton	11.15	2
1	3	Andy Mason	Chelmsford	7.83	1
	4				
TJ5		Triple Jump M50			
1	1	Dave Barnett	Chelmsford	9.68	3
2	2	Simon Childs	Loughton	6.52	2
	3				1
	4				
DT4		Discus M40			
1	1	David Bauer	Chelmsford	37.56	3
2	2	Mitchell Bellham	Loughton	26.18	2
3	3	Paul Ffrench	Southend	24.26	1
DT5		Discus M50			
1	1	Mike Williams	Chelmsford	31.89	3
3	2	Peter Binns	Southend	13.28	2
2	3	Simon Childs	Loughton	17.10	1
	4				
DT6		Discus M60			
1	1	Phil Harris	Chelmsford	23.60	3
3	2	John Brock	Southend	17.82	2
2	3	Terry Casey	Loughton	12.63	1
		P.Avontuur(G)	Chelmsford	19.02	
J14		Javelin M40			
1	1	Martin Branfoot	Chelmsford	32.89	3
2	2	Jim Harrison	Loughton	29.69	2
3	3	Paul Ffrench	Southend	29.33	1
	4				
JT5		Javelin M50			
1	1	Mike Williams	Chelmsford	31.16	3

2					0
	1				
3					
	2				1
		3			
	2				
1					0
3					
	2				1
3					
	2				0
		1			
3					
	2				0
		1			
3					
	2				0
		1			
3					
3					



8	1	Sally Mhlanga	Chelmsford	2,37.5	2	2	1	0
9	2	Lorna Gaffney	Loughton	3,02.2	1			
	3							
	4							
8004		800m F45				1	2	0
9	1	Ann Heeks	Loughton	3,02.8	2			
8	2	Denise Ford	Chelmsford	3,07.9	1			
	3							
	4							

8005		800m F55				2	1	0
8	1	Mags Jarvis	Chelmsford	3,15.3	2			
9	2	Doris de Souza B	Loughton	4,08.9	1			
	3							
	4							
30003		3000m F35				2	1	0
8	1	#N/A	Chelmsford	11,15.8	2			
9	2	#N/A	Loughton	12,34.	1			
	3							
	G	Rachel Flannigan	Pitsea	12.49.6				
30004		3000m F45				1	2	0
9	1	#N/A	Loughton	13,20.8	2			
8	2	#N/A	Chelmsford	13,26.6	1			
	3							
	4							
30005		3000m F55				2		1
8	1	Mags Jarvis	Chelmsford	14,32.1	2			
	2				1			
	3							
	4							
400H3		400mH F35				2	1	0
8	1	Wendy King	Chelmsford	1,25.1	2			
9	2	Tania Blundy	Loughton	1,53.3	1			
	3							
	4							
400H4		400mH F45				2	1	
8	1	Mags Jarvis	Chelmsford	1,44.4	2			
9	2	Barbara Higgins	Loughton	2,04.7	1			
	3							

	4				
1mW3		1mile Walk F35			
8	1	Jo Smith	Chelmsford	12,31.6	2
9	2	Tania Blundy	Loughton	13,41.4	1
	3				
	4				
1mW4		1mile Walk F45			
8	1	0	Chelmsford	13,40.4	2
9	2	Pam Ackland-Sno	Loughton	13,41.0	1
	3				
	4				
1mW5		1mile Walk F55			
9	1	Francoise Fernan	Loughton	11,05.4	2
8	2	Shirley Quinn	Chelmsford	12,24.0	1
	3				
	4				
PV3		Pole Vault F35			
9	1	Michaela Davis	Loughton	1.40	2
	2				1
	3				
	4				
PV4		Pole Vault F45			
9	1	Barbara Higgins	Loughton	1.60	2
	2				1
	3				
	4				
TJ3		Triple Jump F35			
9	1	Michaela Davis	Loughton	6.90	2
8	2	Carol Morris	Chelmsford	6.44	1
	3				
	4				
TJ4		Triple Jump F45			
9	1	Chris Salvary	Loughton	6.71	2
8	2	Jill Kent	Chelmsford	6.66	1
	3				
TJ5		Triple Jump F55			
8	1	Mags Jarvis	Chelmsford	6.03	2
9	2	Doris de Souza B	Loughton	5.71	1
	3				

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	2	1			
					0
	2	1			
					0
	1	2			
					0
		2			1
		2			1
	1	2			
					0
		2			
	1				
					0
	2	1			

